

Leisure Guide

FALL 2015-WINTER 2016

Bradford
west
Gwillimbury



Online Registration begins
Tuesday, August 18, 2015
at 8:30am

Fitness pg. 24
Leisure Programs pg. 49
Aquatics pg. 69



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Alternate versions of this document available by request contact Joe Lotto, Leisure Events and Marketing Programmer at 905-775-7529 ext 8501



PHOTOGRAPHS/Video

NOTE:

Unless the participants, parent or guardian so indicate in writing, the Department of Leisure Services will assume that permission is given for pictures taken during any Department program or activity, to be used to promote recreation.

Bradford west Gwillimbury



PEANUT AWARENESS

NOTE:

Due to the number of groups and general public that use the Community Centres & Facilities, the Department of Leisure Services **CANNOT** ensure a completely peanut free surrounding. Individuals with food allergy concerns are to be aware of this issue, when considering participating in any Town of Bradford West Gwillimbury Leisure Programs.

Bradford west Gwillimbury

LEISURE SERVICES
120 Simcoe Rd.
Bradford, ON L3Z 2A8
(905) 775-5359

IMPORTANT MESSAGE

Leisure Services reserves the right to withdraw, amend, change, postpone or combine any programs, classes and/or courses that are listed in this Guide. The Department of Leisure Services regrets any inconvenience that this may cause. Please provide us with your email address on the registration page so we may continue to communicate important information directly to you.

FOR MORE INFORMATION ON LEISURE PROGRAMS AND CLASSES VISIT:
www.bwgleisurecentre.ca



Bradford west Gwillimbury

Greetings from the Mayor



Message from the Mayor:

On behalf of the Council of the Town of Bradford West Gwillimbury, I am pleased and proud to introduce the Fall 2015 / Winter 2016

Leisure Guide.

BWG is quickly becoming an exceptional place to spend recreational time for residents and visitors alike. Our world-class Leisure Centre features an extensive roster of programs for people of all ages, as well as opportunities to drop in for a swim, a skate or take advantage of the fitness centre with indoor track.

As the weather cools, my fellow Council members and I are looking forward to taking part in another season of fantastic events including:

- The Annual Santa Claus Parade – November 21
- Family First Night – December 31
- Hockey Day in BWG – February 13

Information on our programs and events is always at your fingertips by visiting www.townofbwg.com and by following the Town on Facebook and Twitter. We always appreciate your feedback and look forward to connecting with you online and in person.

Sincerely,
Rob Keffer
Mayor



Mayor & Members of Council

Members of Council 2014-2018



Mayor Rob Keffer

rkeffer@townofbwg.com



Deputy Mayor James Leduc

jleduc@townofbwg.com



Ward 1 Councillor Raj Sandhu

rsandhu@townofbwg.com



Ward 2 Councillor Gary Baynes

gbaynes@townofbwg.com



Ward 3 Councillor Gary Lamb

glamb@townofbwg.com



Ward 4 Councillor Ron Orr

rorr@townofbwg.com



Ward 5 Councillor Peter Ferragine

pferragine@townofbwg.com



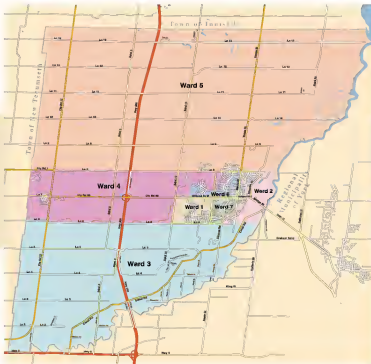
Ward 6 Councillor Mark Contois

mcontois@townofbwg.com



Ward 7 Councillor Peter Dykie

pdykie@townofbwg.com



The Mayor is responsible for attending ceremonial activities and functions on behalf of the Town.

- Proclamations
- Flag Raisings
- Congratulatory Certificates
- Scheduling of appointments

Contact : The Office of the Mayor

(905) 775-5366 ext. 1200

kail@townofbwg.com

Correspondence, invitations and messages for the Mayor, Deputy Mayor and members of Council may be directed to:

Town of Bradford West Gwillimbury
Office of the Mayor
100 Dissette Street Unit 7 PO Box 100
Bradford ON L3Z 2A7
(905) 775-5366 ext. 1200

Leisure Services Team

Department Office
125 Simcoe Road
Tel: 905-775-5359
Fax: 905-778-2012

Director of Community Services - Terry Foran

Ext. 5301; tforan@townofbwg.com

Administrative Coordinator - Ext. 5300

Manager of Parks & Property - Mike O'Hare

Ext. 5201; mohare@townofbwg.com

Parks & Property Supervisor - Bob Johnson

Ext. 5203; bjohnson@townofbwg.com

Leisure Events & Marketing Programmer - Joe Lotto

Ext. 5102; jlotto@townofbwg.com

Bookings Clerk - Teresa Fairbairn

Ext. 5202; tfairbairn@townofbwg.com

Administration Clerk - Judith Rigg

Ext. 5200; jrigg@townofbwg.com

Operations - Mike Kanyo, Julie Randall,
Rob Reid, and Dave Bone

BWG Leisure Centre,
471 West Park Ave.
Tel: 905-775-7529
Fax: 905-778-4358

Manager of Recreation & Client Services
- Nick Warman

Ext. 8501; nwarman@townofbwg.com

Manager of Leisure Facilities

Ext. 8701

Aquatics Supervisor - Teresa Taylor

Ext. 8401; ttaylor@townofbwg.com

Fitness Supervisor - Stephanie Uren

Ext. 8601; suren@townofbwg.com

Recreation Coordinator - Nancy Shortill-Thatcher

Ext. 8301; nthatcher@townofbwg.com

Aquatics Programmer - Bethany Kuboniwa

Ext. 8402; bkuboniwa@townofbwg.com

Fitness Programmer - Enrico Mazzone

Ext. 8601; emazzone@townofbwg.com

Programs Clerk - Heather Polsinello

Ext. 8302; hpolsinello@townofbwg.com

Customer Service Representative - Kristina Maksic

Ext. 0; kmaksic@townofbwg.com

Customer Service Representative - Terri Price

Ext. 0; tprice@townofbwg.com

Operations - Andrew Kuntze, Gary Purcell, Derek
Timms, Elyse Pearson, Samantha Lawrence, Joanne
Crewe, and David Davenport



CHILDREN'S FITNESS TAX CREDIT

GET YOUR GAME ON

The Federal Tax Credit applies to children under the age of 16 and applies to ongoing and supervised programs in which largely all the activities include a significant amount of physical activity. Programs should last at least 8 weeks of one session per week, or in the case of summer camps, programs should last at least five consecutive days and be more than 50% devoted to physical activity.

To help offset the cost of children's participation in sport and physical activities, the Federal Government introduced a non-refundable tax credit in which up to \$500 is eligible for programs of physical activity.

For more information, visit www.budget.gc.ca/2011/docs/summaries/childrens_fitness_tax_credit/childrens_fitness_tax_credit_e.html

Registration Information

Registration Information



LEISURE, FITNESS AND AQUATIC PROGRAMS REGISTRATION



BWG LEISURE CENTRE OPERATION EXCLUSION DATES.

LABOUR DAY:

September 7, 2015 - Facility Closed

THANKSGIVING DAY:

October 12, 2015 - Facility Closed

CHRISTMAS EVE:

December 24, 2015 - 6am - 11:30am

CHRISTMAS:

December 25, 2015 - Facility Closed

BOXING DAY:

December 28, 2015 - 6am - 4pm

NEW YEAR'S EVE:

December 31, 2015 - 6am - 1pm & 6 - 9pm

NEW YEAR'S DAY:

January 1, 2016 - Facility Closed

FAMILY DAY:

February 15, 2016 - 8am - 4pm

GOOD FRIDAY:

March 25, 2016 - Facility Closed

EASTER MONDAY:

March 28, 2016 - Normal Hours

Regular Business Hours

(as of September 8, 2015):

Monday to Friday 6 am - 10 pm

Saturday/Sunday 7:30 am - 5pm

REGISTRATION METHOD

**Online Registration
(RESIDENTS ONLY)**
www.townofbwg.com
Recommended Method

Drop Off or Fax (RESIDENTS ONLY)

In Person (RESIDENTS ONLY)

NON-RESIDENTS Online and In Person

HOW TO REGISTER

BEGINS at 8:30am on Tuesday **August 18, 2015**. Logging in prior to 8:30am will not allow you to "check out". Follow the menu choices once you have logged in. Have your client barcode number, family account PIN, and credit card information ready to enter. Print your own confirmation receipt.

Forms must be received by 7:00pm on **August 17th** at the BWG Leisure Centre. Forms received after 7:00pm are considered late and are entered randomly after all the forms that have been received on time. Staff begins processing forms at 8:30am at the same time that online registration begins for residents. This may take a number of hours to complete.

BEGINS at 8:30am on Friday **August 21, 2015**. This method reduces your chances of getting into the program of your choice as programs fill quickly.

BEGINS at 8:30am on Tuesday **August 25, 2015**. Non-residents are provided with an opportunity to register for BWG Department of Leisure Services programs one week after residents have had the opportunity.

BENEFITS

- Fast, easy, secure
- Available 24/7
- Immediate confirmation
- Register for multiple programs
- Coordinate family schedule
- Explore new course options.
- Register multiple participants for multiple programs.

BWG Department of Leisure Services registers for you.

Registration is completed on the spot if space permits

REGISTRATION FINE PRINT

CODE OF BEHAVIOUR:

The Town of Bradford West Gwillimbury endeavours to provide the highest level of safety and enjoyment to all participants and staff members for the duration of its programs and activities. These guidelines have been developed to ensure that all involved are aware of acceptable behaviour. Coarse language, physical and aggressive behaviour, inappropriate or uncooperative behaviour will be reported and may result in removal from the program or activity.

WEATHER CONDITIONS/CANCELLED CLASSES:

Participants are encouraged to dress appropriately and be prepared for diverse weather conditions during the selected program. Due to unforeseen circumstances, leisure programs, aquatics lessons, leisure swim and fitness classes may be cancelled. Please contact the Customer Service Desk at 905-775-PLAY (7529) before attending your program or activity.

FOR EVERYONE'S HEALTH:

If a participant has a communicable disease (e.g. Lice, Chicken Pox, etc.) or a current public health concern, we would ask that the participant not attend leisure programs, swimming lessons, leisure swimming or other scheduled activities. Participants are welcome to return to the leisure program/activity when they are healthy and have a medical note of permission. Any medication which a participant is required to take during his/her program must be given to the program instructor with a medication information form completed and signed.

CHILDREN'S AID SOCIETY:

Parents should be aware that the Child and Family Services Act requires that any suspicion of child abuse be reported immediately to the Children's Aid Society.

PROGRAM REQUIREMENTS:

All children attending programs without parent participation **MUST** be toilet trained. Our goal is to focus on fun with regular restroom visits. Diapers and pull-ups are not permitted. It is asked that you send an additional change of clothes in the event that an accident does occur so the child can change themselves into dry clothing. It is asked that the parent or guardian to come pick up their child if additional clothes/assistance is required. All programs are for participants only. No parent, children or siblings are permitted to be in the area where the class is taking place unless otherwise specified.

LOST & FOUND

It is recommended that your child does not bring expensive or valuable items to the program or activity area. Please be sure that your child understands that he/she is responsible for his/her articles. Money is not to be brought to programs unless specified. The Town of Bradford West Gwillimbury is not responsible for lost or stolen articles.

STAFF TRAINING:

All staff receives training including sessions on programming, child and group management, first aid, team sports, child behaviour, policies and procedures, and leadership.

Registration Information

Registration Information



ADVISING AN INSTRUCTOR OR NON-ATTENDANCE AT CLASSES IS NOT CONSIDERED NOTICE OF PROGRAM CANCELLATION

REFUND INFORMATION

IF I NEED TO CANCEL OUT OF A PROGRAM, DO I GET A REFUND?

Program cancelled by Department of Leisure Services	Full refund or transfer
If you cancel at least 7 days prior to the program start date	Written request. \$15 administration fee withheld from your refund.
Less than 7 days prior to the program start date	Written request. \$25 administration fee withheld from your refund
If program has commenced	Written request. \$25 administration fee and prorated class charges withheld from your refund.
25 % of program or more of program has been completed	No refund or transfers
Program completed	No refund or transfers
Non-attendance	No refund or transfers
Minimum numbers	Refund will not be issued if cancellation affects minimum numbers
Medical reasons	Medical note provided. A \$10 administrative fee

CELL PHONES & PERSONAL DIGITAL ASSISTANTS:

The use of Electronic Devices, cell phones and Personal Digital Assistants (Blackberry, I-Phone etc.) are not permitted in Town of Bradford West Gwillimbury Leisure facilities change rooms dressing rooms and washrooms. The Town of Bradford West Gwillimbury is committed to providing a comfortable, safe environment with privacy honoured for each patron using municipal leisure facilities.

PHOTOGRAPHY:

Due to the sensitive nature involved with photographing or videotaping children, the use of cameras and video recorders must be arranged in advance with Leisure Services Management. Unless a participant or guardian so indicates, the Department of Leisure Services will assume permission is given for any pictures taken during any Department program or activity that would be used to promote Leisure Services.

CHANGES: The Department of Leisure Services reserves the right to withdraw, postpone, cancel, combine or

alter any programs in this guide without notice, if required, due to lack of registration, change of policy or availability of facilities or instructors.

TRANSFERS: Transfers from one program to another are permitted, provided there is space and the approval of the Department of Leisure Services is obtained. All requests for transfers must be made in writing (in person, by fax or email). An administration fee of \$10 may be charged.

NSF CHEQUES: If a cheque is returned NSF, for any reason, the client is withdrawn immediately from the program and notified of this action. The client is to make payment for the program and NSF charge fee of \$25 by cash, certified cheque, money order, and debit, VISA or MasterCard in order to participate in the desired program. If a cheque is returned on a second occasion, the NSF fee to be paid is \$50. **HST:** All adult programs are taxable. HST does not apply to programs for children 14 years of age and under.

ACCIDENT INSURANCE: The participant is responsible for his/her own hospital/medical coverage. The Town of Bradford West Gwillimbury provides all safeguards for the health and welfare of the participants, but shall be released from all actions, damages, claims and demands, whatsoever arising from participation in programs.

AGE OF PARTICIPANT: Most children's activities are age specific and these age groups are determined with careful consideration. Programs are designed to challenge each specific age group. These guidelines are developed to serve the best interest of all participants, so they can enjoy a fulfilling experience in the programs.

CLASS POSTPONEMENT: Should it be necessary to cancel a class, every attempt will be made to re-schedule it. However, if the class cannot be re-scheduled, no reduction in registration fee will be issued.

ACCESSIBILITY: See pages 11 & 12 for more information

Regular Business Hours:

Monday to Friday 8 am - 10 pm
Saturday/Sunday 7:30 am - 5pm

BWG LEISURE CENTRE OPERATION EXCLUSION DATES.

LABOUR DAY:

September 7, 2015 - Facility Closed

THANKSGIVING DAY:

October 12, 2015 - Facility Closed

CHRISTMAS EVE:

December 24, 2015 - 6am - 11:30am

CHRISTMAS:

December 25, 2015 - Facility Closed

BOXING DAY:

December 26, 2015 - 6am - 4pm

NEW YEAR'S EVE:

December 31, 2015 - 6am - 1pm & 6 - 9pm

NEW YEAR'S DAY:

January 1, 2016 - Facility Closed

FAMILY DAY:

February 15, 2016 - 8am - 4pm

GOOD FRIDAY:

March 25, 2016 - Facility Closed

EASTER MONDAY:

March 28, 2016 - Normal Hours

WWW.BWGLEISURECENTRE.CA

Bradford
west
Gwillimbury

Account Creation Form



CUSTOMER ACCOUNT CREATION INFORMATION

****Please note that proof of residency and proof of date of birth is required for all new accounts****

Please print clearly

Last Name	First Name	Date of Birth	M/F

Family Information: Address: _____

Town: _____

Postal Code: _____

Phone: (home) _____

Phone: (work) _____

Phone: (cell) _____

E-Mail Address: _____

Document used for proof of residency: _____

Release: In consideration of the creation of this account and the permission to participate in a program sponsored by the Department of Leisure Services, Town of Bradford West Gwillimbury, I hereby forever discharge the Corporation of the Town of Bradford West Gwillimbury, its employees, agents, officers, from all claims, damages, costs, and expenses in respect to injury or damage to my person or property, however caused, which may be sustained as a result of participation in the program. I acknowledge and agree that the Town may use photographs of Leisure Services Programs and the participants therein for promotional purposes.

All personal information on this form is collected pursuant to the *Municipal Freedom of Information and Protection of Privacy Act* and *Municipal Act, 2001* and will be used for the purposes of customer account creation. Questions regarding this collection may be directed to the Manager of Recreation & Client Services, Leisure Services, 471 West Park Avenue, Bradford, ON, L3Z 0J3, 905-775-7529.

Client signature _____

Date _____

5100-008 (04/2013) revised

ACCESSIBILITY, INCLUSION SERVICES & ADAPTED PROGRAMS



The Department of Leisure Services is committed to providing its entire community with high quality, accessible leisure opportunities for residents of all ages. This will be achieved through the provision of:

1. Accessible Equipment/Facilities
2. Inclusion Services
3. Adapted Programs
4. Fee Assistance Program

DEPARTMENT CONTACTS:

Aquatics
Teresa Taylor,
Aquatics Supervisor,
905-775-7529 ext.8401
ttaylor@townofbwg.com

Fitness
Stephanie Uren,
Fitness Supervisor,
905-775-7529 ext.8601
suren@townofbwg.com

Leisure Programs
Nancy Shortill-Thatcher,
Recreation Coordinator,
905-775-7529 ext.8301
nthatcher@townofbwg.com

1. ACCESSIBLE EQUIPMENT/FACILITIES

The Town of Bradford West Gwillimbury through its Department of Leisure Services recently opened a new Leisure Centre that meets all of the requirements required by the Ontario Building Code (OBC) and the Accessibility for Ontarians with Disabilities Act (AODA). The centre includes a number of pieces of equipment to improve accessibility including: automatic doors, wide hallways, grab bars, elevator and 360 degree turning radius to accommodate wheelchairs in restroom areas.

AQUATIC CENTRE

The Bradford Lions Aquatic Centre includes three swimming tanks; an 8-lane, 25 metre lap pool, a leisure pool and a warm water relaxation pool. The leisure pool is heated to approximately 86F and the relaxation pool to approximately 90F, which can accommodate those with muscular, circulatory or neurological impairment requiring warmer temperatures. For persons with disabilities, swimming is an opportunity to feel freedom through weightlessness. The aquatic centre also includes ramp entry into the leisure pool and chair lift entry to both the lap pool and the relaxation pool. A water wheelchair is available for clients to use between the change room and the pool itself. The family change room also includes a Hoyer lift and an adult change table to assist persons requiring transfer. For additional information please contact the Aquatic Supervisor.

FITNESS CENTRE

The Fitness Centre includes a walking track, cardio theatre area, strength training room and a fitness studio. Certain pieces of equipment are modifiable to be appropriately aligned for clients who use a wheelchair, or who have a support worker providing assistance. For additional information please contact the Fitness Supervisor.

2. INCLUSION SERVICES

The Town of Bradford West Gwillimbury promotes and encourages people with disabilities (physical, emotional, behavioural, developmental/intellectual, and medical) to participate in a wide variety of activities offered by the Department of Leisure Services. The objective is to facilitate meaningful participation of people of varying abilities in the community activities of his/her choice. Inclusion services are offered so that participants with disabilities may choose to join general programs for the mutual benefit of experiencing recreational interests together with other participants.

ASSESSING A PARTICIPANT'S NEED FOR SUPPORT

A participant requires extra support if any of the following apply:

- a) extra support is required at school in the classroom.
- b) a physical, medical, developmental and/or learning disability exists that affects the safety of the participant or that of other participants.
- c) extra support is needed at home for basic care such as dressing and toileting.
- d) participant is currently associated with a support agency or program.

Accessibility

ONE TO ONE INCLUSION SUPPORT

The Department of Leisure Services employs staff for the summer period to work specifically as one-to-one inclusion support staff with children who have a special need and/or a disability. The determination of the need for one-to-one support is typically through a consultation process via an agency such as Simcoe Community Services, Catulpa Community Support Services or Respite Services. To utilize this service via an agency, families can make contact via the websites listed below:

www.simcoecommunityservices.ca; www.catulpa.on.ca; www.respiteservices.com/simcoe

MEDICAL NEEDS/MEDICATIONS

Town of Bradford West Gwillimbury staff do not provide any ongoing medical interventions, support therapies (i.e. injections, g-tube feeding, administering medication etc.). Strategies and accommodation as applicable and appropriate to the program environment will be supported.

AGE EXEMPTIONS

Participants must fall within the age guidelines provided. Consideration will be given for individuals with defined needs who are closely within the advertised age to participate in the program where developmentally appropriate. Please contact the specific supervisor identified on the previous page to discuss an exemption prior to registration.

SUPPORT WORKER/MEDIATOR CARDS

Individuals in need of support to participate in a drop in program (i.e. Leisure/lane swim, fitness centre, track, weight room, gymnasium activities) attend with a mediator/support worker to assist him/her. If the mediator's sole purpose for attending is to support and integrate an individual with special needs, access for the mediator is free. For regular customers attending with a mediator, a mediator card can be obtained free of charge. Just present the card upon arrival and the mediator will enter at no charge. Please contact the specific supervisor to discuss eligibility for a mediator card (the submission of a completed profile form is required; forms available at the customer service desk). The mediator must be within arm's reach and only 1 mediator pass per person unless a special request is made and approved by the supervisor.

REGISTRATION FOR DEPARTMENT PROGRAMS - WITH INCLUSION SUPPORT

Once families have made the connection with one of the agencies, the agency will make contact with the specific supervisor (Aquatics Supervisor for aquatics camps, or the Recreation Coordinator for day camps) to coordinate registration and specific needs requirements. A participant profile form will need to be completed for all clients accessing this service (this information will be shared with instructional staff only). The one-to-one support staff service is a limited resource, and is available on a first come first served basis and is available for a maximum of one week per child at the designated camp (families may provide their own one-to-one support person, however, please contact the specific supervisor for further details on this option, as certification requirements including lifeguard certificate, first aid and CPR certification and a recently completed vulnerable sector clearance would be required). Please be advised that registration spots cannot be held over the telephone. The above process needs to be followed in all cases. Families not disclosing the needs of a participant prior to registration may be required to withdraw from the program. Town of Bradford West Gwillimbury refund policy will apply.

3. ADAPTED PROGRAMS

Specialized instructional programs are available in Aquatics that promote the dignity, independence and potential of persons with disabilities. The special needs swim lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form prior to his/her first lesson. The form can be accessed through the customer service desk at the Leisure Centre or online at www.bwgleisurecentre.ca. For additional information please contact the Aquatics Supervisor.

4. FEE ASSISTANCE PROGRAM

The Town of Bradford West Gwillimbury supports that municipal leisure opportunities should be available to all residents. Bradford West Gwillimbury residents experiencing financial difficulty due to low income may request fee assistance for membership to the BWG Leisure Centre. An application for assistance must be submitted. Criteria for eligibility includes; annual income based upon Statistics Canada Low Income Cut Off (LICO) table; households that meet the criteria would be eligible for a reduction of the fitness membership fee at the BWG Leisure Centre. A 50% subsidy is available (plus HST) for annual or monthly memberships (maximum of 12 months), or an annual or 10 Pass Aquatic Pass (maximum 12 months). Application forms are available at the Customer Service Desk at the BWG Leisure Centre.

471 West Park Ave., Bradford, ON L3Z 0J3

905.775.7529 phone | 905.778.4358 fax

WWW.BWGLEISURECENTRE.CA



GREAT ADVERTISING OPPORTUNITIES!!

...AT BWG LEISURE CENTRE AND
BOB FALLIS SPORTS CENTRE



**BRANDING
DEVELOPMENT
ADVERTISING
MARKETING**

FOR MORE INFORMATION, PLEASE CONTACT:

Neil Rombough, Sales Representative

Tel: 905-775-3832

Email: onboard@sympatico.ca

Showcase your business to thousands of residents daily through advertising opportunities. Choose the level of involvement that suits your business - facility and digital display advertising opportunities. **Your message could be seen by more than 66,000 residents and visitors monthly.**

***Advertise with us!
Get involved - big or small.
Let us help you reach your market.***

**Bradford
west
Gwillimbury**

A Growing Tradition

Facility Bookings

BRADFORD
WEST
GWILLIMBURY
LEISURE
SERVICES

FACILITY RENTALS & BOOKINGS



For more information on BWG facilities, to book an event or ice time, please call: 905.775.5359 Ext.5202, or email tfairbarn@townofbwg.com



NO SMOKING in all Municipal Buildings & Facilities.

Facility	Capacity	Air Cond.	Kitchen	LLBO	AES	ADA	Special Events/Uses
BWG Leisure Centre 471 West Park Ave., Bradford, ON L3Z 0J3							
• Arenas					•	•	Ice Rental
Blue Rink	180				•	•	Ice Rental
Green Rink	180				•	•	Ice Rental
• Multi-Purpose Rooms	140	•	•		•	•	Parties, Celebrations
East Multi-Purpose Room	70	•	•		•	•	Parties, Celebrations
West Multi-Purpose Room	70	•	•		•	•	Parties, Celebrations
Bob Falis Sports Centre (Rink Only) 2961 Side Road 10, Bradford, ON L3Z 2A8					•	•	Ice Rental
Bradford Lions Building 226 Carborne St., Bradford, ON L3Z 2A8	40				•		Meetings
BWG Finance Building 61 Holland St. E., Bradford, ON L3Z 2A8	60	•					Meetings
For other rental inquiries regarding the Leisure Centre's Activity Room, Gymnasium, Pool please contact the Customer Service Desk at 905.775.7529, or email leisureservices@townofbwg.com .							

Bond Head Community Memorial Centre 2092 County Road 27, Bradford, ON L3Z 2A8	135		•	•			Parties, Celebrations, Banquets
Bradford & District Memorial Community Centre 125 Simcoe Rd., Bradford, ON L3Z 2A8							
• Don Harrison Auditorium	150	•	•	•	•	•	Parties, Celebrations, Banquets
• Arena Floor	1000			•	•	•	Parties, Celebrations, Banquets, Indoor sports

All alcohol-licensed functions must adhere to the Town of Bradford West Gwillimbury Municipal Alcohol Policy. Please contact the Bookings Clerk at 905.775.5359 Ext.5202, or email tfairbarn@townofbwg.com



THANKS TO OUR 2015 SPONSORS



Canadian
Heritage

Patrimoine
canadien



John Eak & Son Ltd.
PAVILIONS • EXHIBITIONS • AUDIUMS • SHOW PERSONNEL

BWG is very fortunate to have incredible sponsors of Carrot Fest. Their generous support provides Carrot Fest with the revenue needed to cover the substantial costs of organizing such a massive event. In turn, the Town is able to give everyone an amazing experience without an admission fee. As well, we are able to keep vendor fees reasonable and those savings are passed along to you as a consumer. The next time you are out shopping, please think of our sponsors first - their community spirit deserves to be recognized.

THE WORLD'S GREATEST CARROT FESTIVAL THANKS ITS 2015 SPONSORS / PARTNERS



PRESENTING



SUPPORTING



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Family Day

OUTDOOR MOVIES

60+
YEARS OLD

BWG's Community Clean-up Day

HOCKEY DAY
IN B.W.G.

celebrate BWG

engaging our growing community

Canada Day

Santa Claus PARADE

THE WORLD'S GREATEST CARROT FESTIVAL

FAMILY FIRST NIGHT

BWG Trails



HOW DO YOU STAY IN TOUCH WITH LEISURE SERVICES?

As one of Ontario's
fastest growing communities,
BWG always has
something happening.
Stay up-to-date with the
latest from Leisure Services.

Follow us on:



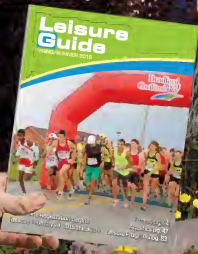
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[@bwgleisure](#)



[bwg_leisure_services](#)



[bwgleisurecentre.ca](#)

Bradford West Gwillimbury Leisure Centre



Address:

471 West Park Ave.,
Bradford, ON
L3Z 0J3

Contact Information:

905-775-PLAY (7529)
leisure@service.townofbwg.com
www.bwgleisurecentre.ca

BWG LEISURE CENTRE OPERATION
EXCLUSION DATES.

LABOUR DAY:

September 7, 2015 - Facility Closed

THANKSGIVING DAY:

October 12, 2015 - Facility Closed

CHRISTMAS EVE:

December 24, 2015 - 6am - 11:30am

CHRISTMAS:

December 25, 2015 - Facility Closed

BOXING DAY:

December 26, 2015 - 8am - 4pm

NEW YEAR'S EVE:

December 31, 2015 - 6am - 1pm & 6 - 9pm

NEW YEAR'S DAY:

January 1, 2016 - Facility Closed

FAMILY DAY:

February 15, 2016 - 8am - 4pm

GOOD FRIDAY:

March 25, 2016 - Facility Closed

EASTER MONDAY:

March 28, 2016 - Normal Hours

A close-up photograph of a person's legs and feet running on a treadmill. The person is wearing blue athletic shoes and dark shorts. The treadmill belt is dark and has white lines. The background is slightly blurred, showing a gym environment.

HEALTH

WELLNESS

COMMUNITY

Many Ways to
Play.

Bradford
west
Gwillimbury
A Growing Tradition

Bradford West Gwillimbury Leisure Centre

BWG Leisure Centre

471 WEST PARK AVE., BRADFORD, ON, L3Z 0J3

Regular Hours:

Monday to Friday 6:00am - 10:00pm • Saturday - Sunday 7:30am - 5:00pm

*In order to maintain the equipment and facilities, the BWG Leisure Centre reserves the right to close programs and service areas for construction, maintenance, tournament and/or major events. No refunds will be issued for these closures.



The BWG Leisure Centre:

- Clean & Well Maintained
- No Initiation Fees, No Contracts
- Fully Supervised & Supported Fitness Centre
- Friendly Family Environment
- Cross Training Opportunities
- Wellness & Lifestyle Programs
- Affordable & Accessible
- Convenient Central Location
- Holiday Hours

Many Ways to Play.

MEMBERSHIP PAY AS YOU GO (DROP IN) REGISTRATION

MEMBERSHIP HAS BENEFITS

Membership includes: fitness centre, walking track, group/aquatic fitness classes, drop in gymnasium activities, lane/fitness swims.

FAMILY MEMBERSHIPS

For immediate household only, available on monthly memberships. Total individual costs minus 20%. Minimum of 3 family members required.

CORPORATE MEMBERSHIPS

Corporations with 10 - 19 members receive a 10% discount, and corporations with 20+ members receive a 20% discount, Monthly Ongoing Memberships Only.

ADVANTAGE FITNESS MEMBERSHIPS

For adults and seniors only, the Advantage Membership includes the standard fitness membership benefits, plus an optional annual fitness appraisal and access to the Adult Only Locker Room which includes a steam room for an additional \$9.00 on a monthly ongoing membership or \$108 on an annual membership.

CHILD FACILITY MEMBERSHIPS

Children under 14 are unable to purchase a fitness membership, however a Child Facility Membership is available for 4 - 13 year olds, that includes drop in/open gymnasium activities, leisure skating and leisure swimming access for \$20.00 per month or \$199.00 for an annual membership. Facility access is controlled by capacity and adult accompaniment requirements.



Leisure Skating

LEISURE SKATING FALL 2015 & WINTER 2016 • Offered at BWG Leisure Centre

PUBLIC SKATING		
DAY	TIME	DATES
Wednesday	1:10 pm - 2:50 pm	Sept 30 - Dec 16 -Green Rink Jan 6 - Apr 6 - Green Rink Leisure Centre skating devices permitted
Friday	6:40 pm - 8:20 pm	Oct 2 - Dec 18 (except Oct 16 & Nov 20) -Green Rink Jan 8 - Apr 1 (except Mar 25) -Green Rink
Saturday	3:10 pm - 4:50 pm	Oct 3 - Dec 19 (except Oct 17 & Nov 21)- Blue Rink Jan 2 - Apr 2 (except Mar 5, Mar 26)- Blue Rink
Sunday	12:40 pm - 2:20 pm	Oct 4 - Dec 20 (except Oct 18 & Nov 22) -Green Rink Jan 3 - Apr 3 -Green Rink
PARENT & CHILD SKATING		
DAY	TIME	DATES
Tuesday	9:40 am -11:20 am	Oct 6 - Dec 15 -Green Rink Jan 5 - Apr 5 -Green Rink Leisure Centre skating devices permitted
ADULT SKATING		
DAY	TIME	DATES
Thursday	1:30 pm - 2:30 pm	Oct 1 - Dec 17 -Green Rink Jan 7 - Apr 7 (except Mar 17) -Green Rink
ADULT SHINNY		
DAY	TIME	DATES
Monday	12:40 pm - 2:00 pm	Oct 5 - Dec 14 (except Oct 12) -Green Rink Dec 21 -Dec 28 -Blue Rink Jan 4 - Apr 4 -Green Rink (offered on Blue Rink On March 14)
Parent & Tot Public Skating -Blue Rink -Leisure Centre skating devices permitted		
DAY	TIME	DATES
Saturday	2:10 pm - 3:00 pm	Oct 3- Dec 19 (exceptions Oct 17, Nov 21) Jan 2- Apr 2 (exceptions Mar 5, Mar 26) For parents/caregivers and children 6 years & under
Saturday	2:10 pm - 3:00 pm	December 26, January 2 -Blue Rink For parents/caregivers and children 6 years & under

WINTER BREAK PARENT AND CHILD SKATING- Green Rink- Leisure Centre skating devices permitted		
DAY	TIME	DATES
Monday	9:40am-11:20am	December 21
Tuesday	9:40am-11:20am	December 22
Wednesday	9:40am-11:20am	December 23
Monday	9:40am-11:20am	December 28
Tuesday	9:40am-11:20am	December 29
Wednesday	9:40am-11:20am	December 30

WINTER BREAK PUBLIC SKATING -Green Rink		
DAY	TIME	DATES
Monday	12:10pm-1:50pm	December 21
Tuesday	12:10pm-1:50pm	December 22
Wednesday	12:10pm-1:50pm	December 23
Saturday	3:10pm-4:50pm	December 26 - Blue Rink
Sunday	12:40pm-2:20pm	December 27
Monday	12:10pm-1:50pm	December 28
Tuesday	12:10pm-1:50pm	December 29
Wednesday	12:10pm-1:50pm	December 30
Saturday	3:10 pm-4:50pm	January 2 - Blue Rink
Sunday	12:40pm-2:20pm	January 3

FAMILY DAY PUBLIC SKATING		
DAY	TIME	DATES
Monday	9:40am-11:20am	February 15
MARCH BREAK PARENT & CHILD SKATING - Green Rink		
DAY	TIME	DATES
Monday - Friday	9:40am-11:20am	March 14 - March 18 Leisure Centre Skating devices permitted
MARCH BREAK PUBLIC SKATING - Green Rink		
DAY	TIME	DATES
Monday - Thursday	1:10pm-2:50pm	March 14 - March 17
Friday	1:10pm-2:50pm & 6:40pm-8:20 pm	March 18

LEISURE SKATING RATES			
		Single Visit (includes HST)	10 Pass (add HST)
Adult	18-59 years	\$4.00	\$31.00
Senior	60 +	\$3.50	\$27.00
Student/Youth	14-24 (Student ID Card)	\$3.50	\$27.00
Child	4-13 years	\$3.25	\$25.00
Family	5 members max	\$9.00	N/A
Adult Skinny	18 +	\$6.00	N/A

Children 3 years & under admitted free with adult accompaniment.

Leisure skating is provided for the enjoyment of all participants. Admission is limited to participating skaters or skaters with parent/guardian accompaniment. All patrons who participate in the leisure skating program are to respect the following rules:

- For the safety of your children, adult accompaniment is strongly recommended.
- Sticks, pucks, balls, chairs or strollers are not permitted on the ice surface. Leisure Centre skate devices may only be used during Parent & Child Skating, Parent & Tot Public Skating and Wednesday afternoon public skating (see schedule for dates and times). Leisure Centre skating devices must not be left unattended.
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface (Parents may assist children during Parent and Child Skate and Parent & Tot public skating of own risk, and must be wearing skates).
- Food or drink is not permitted on the ice surface.
- Everyone must skate in the same direction. Backwards skating or playing tag is not permitted.
- When the buzzer sounds, all patrons are required to leave the ice surface immediately.
- The centre ice area is reserved for parents with small children who are learning to skate. All other skaters must stay clear of this area.
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately.
- Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. The Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s) not abiding by these rules removed from the facility.
- Ice surface capacity – 180 participants at any one time.
- The skate change area is the designated location for patrons to change into their skates.
- Helmets are highly recommended, especially for children. Skinny Hockey participants must wear full protective equipment.

THANK YOU FOR YOUR COOPERATION

Newmarket Honda's USED CAR CENTRE



COME IN AND SEE...

Tony Caietta Sales Manager
Kosta Despotas Sales
Gerry Gualtieri Sales
Jim Caringal Sales
Brad Rose Sales



SALES INQUIRY	
FINANCING	4 A.M. TO 7 P.M.
SALES	9 A.M. TO 5 P.M.
SALES	9 A.M. TO 5 P.M.
SALES	9 A.M. TO 5 P.M.
SALES	9 A.M. TO 5 P.M.
SALES	9 A.M. TO 5 P.M.



**NEWMARKET
HONDA**

75 Mulock Dr., Newmarket
www.newmarkethonda.com

(905)898-4500
 (416)798-7854

ROYAL LePAGE

BROKERAGE, INDEPENDENTLY OWNED & OPERATED

At Your Service
 REALTY

92 Holland St. W



Roger Silveira*
 Sales Representative

PROMPT PROFESSIONAL SERVICE

- Local Resident Since 1961
- Prompt, Professional Service



Call me Anytime for a Free Home Evaluation

905-775-5557

silveirateam@gmail.com



ALL IT TAKES IS A PAIR OF SKATES!



Register with the **BRADFORD & DISTRICT SKATING CLUB** for the best learn-to-skate program, with certified coaches. No matter if your child wants to play hockey, speed skate or figure skate; our CanSkate program will start them off on the right foot! **REGISTRATION STARTS SEPTEMBER 9, 2015**

LEARN MORE! www.bradfordskatingclub.com | www.facebook.com/skatebdsc

SKATING LESSONS & CAMPS



**Our hands-on
teaching techniques
will have them
skating better
than you ever imagined!**

Our innovative on ice programs combine warm-up exercises, group lessons and fun games with a professional coach. Skaters will be grouped according to their skill level and age. Ice Dreams offers very low skater to coach ratios for high impact effective training.

YEAR-ROUND PROGRAMS INCLUDE:

- A STRIDE AT A TIME Pre-School Programs (ages 2.5 - 4)
- ★ **NEW** PARENT & TOT Pre-School Programs (ages 2 - 4)
- ★ **NEW** PARENT & TOT Hockey Lessons (ages 3.5 - 5)
- CHILD & YOUTH Learn To Skate Programs (ages 5 - 18)
- FLOW Figure Skating Academy
- Ultimate Power Skating Academy
- Hockey Skills Academy
- Adult Skate Programs

**REGISTER TODAY for our FALL & WINTER SKATING LESSONS
and our WINTER & MARCH BREAK CAMPS. WE OFFER:**

SKATING LESSONS in Fall, Winter, Spring and Summer.

Winter Break Camps, March Break Camps, Summer Camps,
and many Camps throughout the year.

CAMP ACTIVITIES INCLUDE:

- On Ice Instruction • Rock Climbing • Tennis
- Basketball • Floor Hockey • And more!

RENTAL EQUIPMENT available for all of your skating needs.



ICE DREAMS
SKATING ACADEMY

icedreams.ca

BRADFORD / NEWMARKET / AURORA LOCATION:

- The Bradford Leisure Centre
- Located at 471 West Park Ave.
at Holland St. just East of Hwy 400
Tel. 1-(877)-709-3511

NORTH YORK / TORONTO LOCATION:

- Paramount Ice Complex
- Located at 1107 Finch Ave. W.
at Finch Ave. just west of Dufferin St.
Tel. 1-(877)-709-3511

VAUGHAN / THORNHILL / RICHMOND HILL LOCATION:

- The Pavilion
- Located at 130 Racco Parkway
at Dufferin just South of Hwy 407
Tel. (905)-709-3511

FITNESS



CSEP | SCPE
CANADIAN STANDARDS IN EXERCISE
SCIENCE AND PERSONAL TRAINING

BWG
LEISURE
CENTRE



FITNESS MEMBERSHIPS
CHILD MINDING
CORPORATE WELLNESS
SOCIAL MEDIA
SPECIAL EVENTS
ADULT FUTSAL LEAGUE

PG 25 - 26
PG 27
PG 28
PG 29
PG 30 - 31
PG 32

YOUTH FITNESS
ADULT FITNESS
OLDER ADULT FITNESS
REHABILITATION PROGRAMS
PERSONAL TRAINING
MEMBER STORIES

PG 33
PG 34 - 38
PG 39
PG 40 - 42
PG 44 - 45
PG 46

FITNESS CENTRE FALL/WINTER

HOURS OF OPERATION

BEGINS SEPT 8TH

Monday - Friday 6:00am - 10:00pm

Saturday - Sunday 7:30am - 5:00pm

FITNESS MEMBERSHIP (14yrs+)

- NO Initiation Fee
- NO Contract
- Available in single visit, monthly or annual terms
- Fully supervised Fitness Centre
- Unlimited Fitness & Aquafit Classes
- Selectorized Strength, Cardio, Free weights and Accessible Equipment
- Indoor Track (110 m)
- Fitness Coaching Session
- Friendly & qualified staff available to assist you in reaching your health and fitness goals

ADVANTAGE MEMBERSHIP (18yrs+)

Includes everything in the Fitness Centre Membership plus...

- Adult only locker room
- Adult only steam room
- Only \$9.00 on a monthly membership or \$108.00 on an annual membership

FITNESS MEMBERSHIPS

Fitness Memberships	Youth (14-16yrs)	Student (17-24yrs)	Adult (18-59yrs)	Older Adult (60+ yrs)
Single Visit	\$8.00	\$8.00	\$10.00	\$8.00
Monthly (add HST)	\$25.00	\$28.00	\$40.00	\$32.00
Annual (add HST)	\$285.00	\$320.00	\$456.00	\$364.00

AQUAFIT ADMISSION RATES

	Single Visit	10 Pass (add HST)	Annual (add HST)
Adult (18-59yrs)	\$6.50	\$51.70	\$338.00
Senior (60+yrs)	\$4.50	\$40.50	\$234.00

BE OUR GUEST

3 VISIT FITNESS CENTRE PASS

- All guests must prove that they are at least 18 yrs of age or older or are at least 14 yrs of age and accompanied by a parent or legal guardian to sign a waiver of liability to use the facility.
- Valid photo ID (with birth date) must be presented for admittance to the facility.
- This guest pass expires 7 days (1 week) after it has been issued.
- Limit 1 coupon/person every year (annual).
- Not redeemable for cash.
- Redeemable by non-members only.



Fitness Centre Etiquette

FITNESS CENTRE ETIQUETTE

TO ENSURE A POSITIVE EXPERIENCE FOR ALL OF OUR MEMBERS, WE ASK THAT YOU FOLLOW THESE RULES WHILE YOU PARTICIPATE IN THE FITNESS CENTRE:

1. IF YOU ARE NOT CURRENTLY EXERCISING OR HAVE A CHRONIC HEALTH ISSUE, PLEASE CONSULT YOUR PHYSICIAN PRIOR TO STARTING AN EXERCISE PROGRAM.
2. ENSURE THAT YOU ARE WEARING **APPROPRIATE ATTIRE**: SHIRT, GYM SHORTS/PANTS AND INDOOR RUNNING SHOES (**NOT WORN OUTDOORS**). CLOTHING MUST BE TASTEFUL IN ITS COVERAGE, CLEAN, AND NOT RIPPED. NO JEANS, SANDALS OR BOOTS ARE PERMITTED IN THE FITNESS CENTRE.
3. NO BAGS, KNAPSACKS OR JACKETS ARE PERMITTED IN THE FITNESS CENTRE. USE A LOCKER FOR YOUR BELONGINGS.
4. OUT OF CONSIDERATION FOR YOUR FELLOW MEMBERS, LEAVE YOUR CELL PHONE IN YOUR LOCKER OR SET THE RING TO VIBRATE AND TAKE YOUR CALL OUTSIDE OF THE FITNESS CENTRE. USE OF CELL PHONE CAMERAS IS PROHIBITED.
5. REFRAIN FROM WEARING STRONG FRAGRANCES AS FELLOW MEMBERS MAY HAVE ALLERGIES OR SENSITIVITIES.
6. KEEP THE CENTRE CLEAN AND SPRAY AND WIPE DOWN ALL EQUIPMENT AFTER USE.
7. AVOID RESTING ON EQUIPMENT BETWEEN SETS AND ALLOW OTHER MEMBERS TO "WORK IN".
8. FOR SAFETY REASONS ENSURE THAT CLIPS ARE USED AT ALL TIMES AND PLATES AND WEIGHTS ARE NOT DROPPED.
9. RETURN PLATES, DUMBBELLS AND BARBELLS TO THE APPROPRIATE LOCATION WHEN FINISHED. IT IS EVERYONE'S RESPONSIBILITY TO ENSURE THAT THIS AREA IS CLEAR AND SAFE FOR ALL TO USE.
10. REPORT ANY EQUIPMENT BREAKDOWNS OR CLEANING NEEDS TO THE FITNESS CENTRE STAFF ON DUTY.
11. FITNESS COACHING IS INCLUDED IN YOUR FITNESS MEMBERSHIP. REGISTER WITH A FITNESS CENTRE STAFF FOR YOUR NEXT APPOINTMENT.

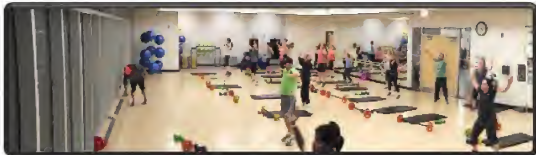
REMEMBER TO WORK AT YOUR OWN FITNESS LEVEL. A FITNESS STAFF MEMBER WILL BE MONITORING THE AREA AND WILL BE AVAILABLE TO ASSIST YOU.

PHYSICAL ACTIVITY READINESS QUESTIONNAIRE (PAR-Q+)



While physical activity has many benefits, and is very safe for most people, it is important to identify individuals who require further screening before becoming much more physically active. The Physical Activity Readiness Questionnaire-Plus (PAR-Q+) is a 4-page form for pre-screening prior to physical activity participation and includes additional questions on chronic conditions for further probing by a qualified exercise professional (CSEP-Certified Exercise Physiologist, i.e. CEP). All membership applications include the completion of the Physical Activity Readiness Questionnaire-Plus (PAR-Q+).

Doctor's consent may be required if current medical conditions are not cleared by a CEP. Doctor's consent is also required for pregnant women (i.e. PARmed-X for Pregnancy form).





YOUR CHILD IS IN CARING HANDS

Participate in a Fitness Class while we watch your child. The BWG childminding service provides a safe, clean and fun environment that will keep your child active.

For peace of mind, all of the Child Monitors are experienced in working with children and are first aid and CPR certified.

Member \$30.00/30 pass
\$3.50/visit drop in (member)
\$4.00/visit drop in (non member)

Please see the Customer Service Desk for more info.

CHILDMINDING SERVICES

- 90 Min. Maximum
- 6 yrs & under
- Safe, clean & fun
- First Aid & CPR Certified Staff



471 West Park Ave.,
Bradford, ON L3Z 0J3

905-775-PLAY (7529)
www.bwgleisurecentre.ca

CORPORATE WELLNESS

**Bradford Board of Trade Members,
Emergency Services
(Police, Fire, EMS), and
Ontario College Teacher members
receive automatic 20% discount.
Valid employee badge/ ID required.**

NEW

**A BWG Fitness Staff will provide
your corporation with...**

- Meeting energizers or stretch breaks
 - Health & Wellness Workshops (Stretching & Posture, Nutrition, Injury Prevention etc.)
 - Group Exercise Class (Zumba, Yoga, Bootcamp)
- Don't delay, book a fitness staff today!**



For more information contact:
Stephanie Uren
Fitness Supervisor
905.775.7529 x 8601
suren@townofbwg.com



HOW DO YOU STAY IN TOUCH WITH LEISURE SERVICES?

As one of Ontario's
fastest growing communities,
BWG always has
something happening.
Stay up-to-date with the
latest from Leisure Services.

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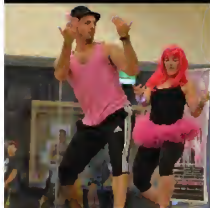


[bwg_leisure_services](#)



bwgleisurecentre.ca

Special Events



SAVE THE DATE!!!
2015 PARTY IN PINK
THURSDAY OCTOBER 8TH
6:45 - 8:45pm



PARTY in pinkTM



MEGATHON

Saturday February 27th



**8:30am -
12:00pm**

IN SUPPORT OF REGIONAL CARDIAC PROGRAM



SOUTHLAKE
REGIONAL HEALTH CENTRE
FOUNDATION

****child minding available from
8:30 - 12:00pm**



Location: BWG Leisure Centre 471 West Park Ave
Bradford ON, L3Z 0J3

Goal: \$1500

Register: Reserve your spot in person at the
fitness centre (2nd floor)
or
at the door - (spots based on availability)

for more information
contact the fitness centre

905.775.7529 x8601

\$10.00** Includes participation in one 40 min class (Spin, Yoga, Walking, Bootcamp, Kelani). Also includes entry into a draw for a free one month membership

\$30.00** Includes participation in four 40min classes. Also includes entry into a draw for a free one month membership and a BWG gift package

****Must be 14 yrs or older to participate**

Adult Futsal League



ONLY 6 TEAMS PER SESSION

- Men's Open Division - 18 yrs +
- 10 players per team (minimum 7)
- Team registration **ONLY** (no individual registration)
- Futsal Rules & Regulations to be handed out to each individual player and signed before first game (no exceptions)
- 40 minute games are held on Sunday nights between 5:30 pm and 6:45 pm start times at the BWG Leisure Centre Gymnasium



FOR REGISTRATION & MORE INFO

PLEASE CONTACT:

Enrico Mazzone

Fitness Programmer

905.775.7529 x8601

emazzone@townofbwg.com

SESSION #	LEAGUE GAMES	PLAYOFFS	REGISTRATION PERIOD
1	OCT 18 TH – JAN 10 TH	JAN 17 TH	SEPT 21 ST - OCT 9 TH
2	JAN 24 TH – APR 17 TH	APR 24 TH	NOV 16 TH - DEC 11 TH
TEAM FEE PER SESSION: \$500.00 + HST			

fabulous fitness 4 girls

BWG
LEISURE
CENTRE



DAY	AGES	START DATE	TIME	CLASSES	CODE
Wednesday	10 – 13 yrs	Oct 7 th	6:00 – 6:45pm	4	7322
Wednesday	10 – 13 yrs	Nov 4 th	6:00 – 6:45pm	4	7323
Wednesday	10 – 13 yrs	Feb 3 rd	6:00 – 6:45pm	4	7325

Resident Fee: \$34.99 + HST

Non- Resident Fee: \$40.24 + HST

The Fabulous Fitness program is designed to give girls a great group fitness experience!

Try Yoga, Bootcamp, Zumba, and Cycle classes! It will introduce girls to the world of fitness in a fun & friendly environment.

For more information
contact:
Enrico Mazzone
Fitness Programmer
emazzone@townofbwg.com



Adult Fitness



START DATE	TIME	DAYS	AGES	WEEKS	SESSIONS	COURSE CODE
Oct 2 nd	10 – 11 am	Mondays & Fridays	18+	5	8	7335

Resident Fee: \$96.00 + HST

Non- Resident Fee \$110.00 + HST

****No classes October 9 and 12**

START DATE	TIME	DAYS	AGES	WEEKS	SESSIONS	COURSE CODE
Jan 18 th	10 – 11 am	Mondays & Fridays	18+	4	8	7336

Resident Fee: \$96.00 + HST

Non- Resident Fee \$110.00 + HST

**Small Group Strength Training
Led by BWG Personal Trainer
& Muscle Mom**

- Jenn Petrucci



Pack your baby with your yoga mat! Come join other new moms for a fun and inspiring mom and baby program. Babies are incorporated into yoga poses while bonding with their mom.

****newborns to pre-crawling only**

MOM & BABY YOGA



Start Date	Day	Time	Classes	Course Code	
Oct 7 th	Wednesday	9:15 – 10:00am	8	7329	* no class NOV 11
Oct 7 th	Wednesday	10:15 – 11:00am	8	7330	* no class NOV 11
Jan 20 th	Wednesday	9:15 – 10:00am	8	7331	
Jan 20 th	Wednesday	10:15 – 11:00am	8	7332	
Resident Fee: \$54.99 + HST			Non- Resident: \$63.23 + HST		
471 West Park Ave Bradford, ON L3Z 0J3 905.775.7529					

www.bwgleisurecentre.ca

DIAPER FIT

During the first half hour of class, parents will enjoy a challenging Aquafit workout while children sit along in dolphin floating seats, allowing them to splash with his/her hands and feet. Children will remain in contact with his/her parent at all times. Class will finish in the relaxation (warm) pool.



**** child must be under 3 years of age
*1 Parent/ Caregiver per class**



For more information
Please contact:
Stephanie Uren
Fitness Supervisor
suren@townofbwg.com

START DATE	DAY	TIME	LOCATION	CLASSES	COURSE CODE
OCT 19 TH	MONDAY	10:15 – 11:00am	MAIN POOL	8	7333
JAN 18 TH	MONDAY	10:15 – 11:00am	MAIN POOL	8	7334

***NO CLASS FEB 15TH**

RESIDENT FEE: \$56.00 + HST NON-RESIDENT FEE: \$64.40 + HST

Cardio Kickboxing



***Designed for all fitness levels and abilities.
try something different, try something fun!***

Start Date	Day	Time	Location	Classes	Course Code	
SEPT 27 TH	Sunday	10:00-10:45am	MPR EAST	4	7326 *	* no class OCT 11 th
NOV 8 TH	Sunday	10:00-10:45am	MPR EAST	4	7327	
JAN 17 TH	Sunday	10:00-10:45am	MPR EAST	4	7328	
RESIDENT FEE: \$34.99 + HST			NON-RESIDENT FEE: \$40.29 + HST			

471 West Park Ave | Bradford, ON L3Z 0J3 | 905.775.7529
www.bwgleisurecentre.ca

Adult Fitness

BWG
LEISURE
CENTRE



BWG TRIATHLON TRAINING PROGRAM

*All levels welcome,
from new Triathletes to the seasoned veterans (13yrs+)
Training techniques, drills for training & shared resources*

SWIM

BIKE

RUN

For more information
please contact:
Stephanie Uren
Fitness Supervisor
suren@townofbwg.com

FALL/ WINTER SESSION

AGES

WEEKS

COURSE
CODE

FEES

OCT 26TH 2015 -
FEB 12TH 2016

14+

12

7499

RESIDENT: \$168.00
NON-RESIDENT: \$193.20

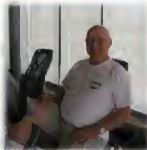
****No classes from Dec 14th - Jan 8th**

471 WEST PARK AVE. BRADFORD, ON. L3Z 0J3 TEL. 905.775.7529 WWW.BWGLEISURECENTRE.CA

CARDIOVASCULAR CHRONIC DISEASE PREVENTION & MANAGEMENT PROGRAM

- * Giving you the tools and skills you need to prevent disease progression and recurrence of vascular events such as TIA, stroke, cardiac and diabetes complications
- * 1.5 hour weekly supervised exercise and educational sessions at the BWG Leisure Centre
- * Exercise Stress Test prior to starting and at graduation
- * 6-month program duration, Mondays at 9:00am or 10:30am

For more information, please contact 905-895-4521 ext. 2806



Social Drop-In (55+)

***Beginning Tuesday September 8th**

TUESDAYS & THURSDAYS

10:00am-12:00pm

ACTIVITY ROOM



**Drop-in to the Activity Room for
an opportunity to play cards
and meet new people.
Coffee/tea (\$1.00).**



Rehabilitation Programs



COMMUNITY BASED EXERCISE PROGRAM FOR PEOPLE WITH A RANGE OF CONDITIONS RELATED TO AGING OR NEUROLOGICAL CONDITIONS SUCH AS STROKE, MULTIPLE SCLEROSIS, OR BRAIN INJURY

For More Information
please contact:
Stephanie Uren
Fitness Supervisor
suren@townofbwg.com

To be eligible for the program, individuals must be able to walk at least 10 metres (30 feet) by themselves, with or without a cane or walker.



Who is TIME for?

Participants in the TIME program experience balance and mobility challenges and are looking for a safe exercise program that suits their needs. They are living with:

- Conditions such as stroke, brain injury and/or MS
- The effects of aging
- Weakness after a hospital stay or an operation

Join TIME at the BWG Leisure Centre, if you want to:

- Be more confident with your balance
- Feel stronger and more active
- Enjoy the many benefits of exercise
- Move with more ease, in your home and community



Start Date	Day	Time	Classes	Course Code	Resident Fees
Oct 7 th	Wednesday	11:00 – 12:00pm	4	7358	4 classes- \$25 + HST
Nov 4 th	Wednesday	11:00 – 12:00pm	*6	7359	6 classes- \$30 + HST
Jan 6 th	Wednesday	11:00 – 12:00pm	4	7360	
Feb 3 rd	Wednesday	11:00 – 12:00pm	4	7361	* no class Nov 11 th
Mar 1 st	Wednesday	11:00 – 12:00pm	**4	7362	** no class Mar 16 th



WATER THERAPY rehabilitation program

Designed for those who are experiencing muscle or joint pain, stability or balance challenges and/or require continuation on post- rehabilitation



Start Date	Day	Time	Location	Classes	Course Code
Sept 3 rd	Thursday	9:30 – 10:30am	Relaxation Pool	4	7340
Sept 3 rd	Thursday	10:30 – 11:30am	Relaxation Pool	4	7341
Oct 1 st	Thursday	9:30 – 10:30am	Relaxation Pool	4	7342
Oct 1 st	Thursday	10:30 – 11:30am	Relaxation Pool	4	7343
Nov 5 th	Thursday	9:30 – 10:30am	Relaxation Pool	4	7344
Nov 5 th	Thursday	10:30 – 11:30am	Relaxation Pool	4	7345
Jan 7 th	Thursday	9:30 – 10:30am	Relaxation Pool	4	7346
Jan 7 th	Thursday	10:30 – 11:30am	Relaxation Pool	4	7347
Feb 4 th	Thursday	9:30 – 10:30am	Relaxation Pool	4	7348
Feb 4 th	Thursday	10:30 – 11:30am	Relaxation Pool	4	7349
Mar 3 rd	Thursday	9:30 – 10:30am	Relaxation Pool	4	7350
Mar 4 th	Thursday	10:30 – 11:30am	Relaxation Pool	4	7351

Resident Fee: \$40.00 + HST

Non- Resident Fee: \$46.00 + HST

Rehabilitation Programs



FITNESS FOR BREATH

WHAT IS FITNESS FOR BREATH?

This respiratory maintenance exercise program is designed for people who have completed a pulmonary rehabilitation program. It is ideal for anyone with a chronic lung disease such as COPD, pulmonary fibrosis or asthma.



Ontario

THE  LUNG ASSOCIATION
Ontario

Start Date	Day	Time	Classes	Course Code	Resident Fees	Non- Resident Fees
Oct 2 nd	Fri/ Sun	11:15 – 12:15pm	*8	7352	6 classes- \$30 + HST	6 classes- \$34.50 + HST
Nov 6 th	Fri/ Sun	11:15 – 12:15pm	8	7353	8 classes- \$40 + HST	8 classes- \$46.00 + HST
Dec 4 th	Fri/ Sun	11:15 – 12:15pm	6	7354		
Jan 8 th	Fri/ Sun	11:15 – 12:15pm	8	7355	*no classes Oct 9 & 12	
Feb 5 th	Fri/ Sun	11:15 – 12:15pm	8	7356	Free with Fitness Membership!	
Mar 4 th	Fri/ Sun	11:15 – 12:15pm	8	7357		

Healthy Living Now

Supporting Your Success

FREE

SIX-WEEK WORKSHOP

(2.5 hours per week for six weeks)

AS A PART OF THE PROGRAM YOU WILL RECEIVE THE BOOK, *LIVING A HEALTHY LIFE WITH CHRONIC CONDITIONS*



Getting the most out of life with chronic conditions means better managing your health, your emotions and your daily activities. The "Healthy Living Now" workshop is for adults of all ages with any chronic health condition (such as arthritis, diabetes, heart disease, high blood pressure). Learn effective strategies that will help you improve your quality of life. This workshop is also open to caregivers, support persons and family members.

THERE ARE SIX SESSIONS EACH WITH A DIRECT FOCUS.

1

- DIFFERENCES BETWEEN ACUTE AND CHRONIC CONDITIONS
- USING YOUR MIND TO MANAGE SYMPTOMS
- MAKING ACTION PLANS

2

- DEALING WITH DIFFICULT EMOTIONS
- INTRODUCTION TO PHYSICAL ACTIVITY

3

- BETTER BREATHING TECHNIQUES
- MUSCLE RELAXATION
- PAIN AND FATIGUE MANAGEMENT

4

- HEALTHY EATING
- FUTURE PLANS FOR HEALTH CARE
- COMMUNICATION AND PROBLEM-SOLVING SKILLS

5

- MEDICATION USAGE
- MAKING TREATMENT DECISIONS
- DEPRESSION MANAGEMENT
- POSITIVE THINKING
- GUIDED IMAGERY

6

- WORKING WITH YOUR HEALTHCARE PROFESSIONAL AND THE HEALTHCARE SYSTEM
- LOOKING BACK AND PLANNING FOR THE FUTURE



SOUTHLAKE
REGIONAL HEALTH CENTRE

For more information or to register for a group closest to you, call (905) 895-4521 ext. 6656 or register online at www.healthy-living-now.ca

Personal Training

Personal Training

Learn proper techniques while getting the motivation you need!

Packages

4 sessions.....	\$200.00
8 sessions.....	\$372.00
12 sessions.....	\$504.00
24 sessions.....	\$864.00

***HST will be charged at the point of sale. Effective Sept 8 2015.**

Personal Training fees apply to Members only.
Non- Member fees are available upon request. Fees are due prior 1st session.

DID YOU KNOW ?

We offer Buddy Training Packages

4 sessions.....	\$152.00
8 sessions.....	\$280.00
12 sessions.....	\$360.00
24 sessions.....	\$528.00

*HST will be charged at the point of sale. Rates are per person
Personal Training fees apply to Members only.
Non- Member fees add 15%.
Effective Sept 8 2015. Fees are due prior 1st session.

MEET YOUR TRAINERS

In- Water Personal Training

Try something different. Led by a certified Personal Trainer, this workout provides a unique resistance you may be looking for.

Team Dryland Training

We offer Team Dryland Training to all sports teams looking to take their performance to the next level.

For more information,
Please contact Enrico Mazzone
905-775-7529 x 8601



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8:30 - 5 PM

BWG Leisure Centre - MPR EAST

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canfitpro.com/personal-training-specialist

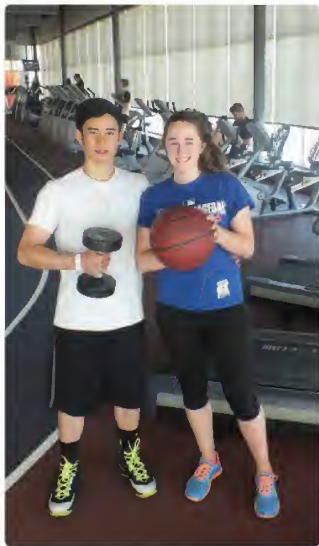
Hosted By:

BWG
LEISURE
CENTRE

A stylized graphic element consisting of two white, curved, parallel lines that sweep upwards and to the right, positioned below the text 'LEISURE CENTRE'.

"LEISURE LOVE"

MORGAN
JOHNSON



Being students currently enrolled in kinesiology programs, we are familiar with the benefits that physical activity provides for our body and health. The two of us love spending time together at the gym and it is something we look forward to every day that we go. At the rec center, the staff are very helpful when information is needed -with workout equipment or exercises. There are many ways to get fit at the rec. Having access to not only the weight room but a running track, swimming pool, and a gymnasium makes the student discount membership very reasonable. Being a couple helps us a lot when we workout because we push each other to try new things and get more out of each other when lifting weights. Having each other makes working out really fun and we encourage it to any one that wants to start working out. In our time being at the rec we see progressive strength improvement with each exercise every time we are there. Our long term goal is to improve our overall strength and fitness by continuing to include physical activity in our everyday lives.

Marco Dias Louise Martinheira

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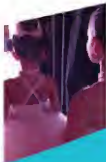
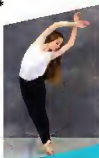
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*Offer expires September 2, 2015. No cash value. Limit 1 per student.

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KEEPING YOU SAFE ON THE ROAD



COMMUNITY LEISURE PROGRAMS.

The Department of Leisure Services has designed a variety of programs and activities outlined in the following pages that provide opportunities to residents of all ages to participate in and enjoy. Programs have been developed to build confidence, self esteem and develop creativity for the youngest members of our community, and to provide experiences for everyone to socialize, learn a new skill or develop and enhance an existing interest.

all ages
all levels
all abilities

leisure programs



- preschool • hop, skip, jump • playball • monkeynastix • lots for tots • baking buddies
- child & youth • St. John Ambulance babysitter • baking • tennis • march break camp
- adult • cooking classes • volleyball • ballroom dancing

FOR MORE INFORMATION, PLEASE CONTACT US!

Please call 905.775.7529 or visit our website www.bwgleisurecentre.ca



Pre-school Programs

CLASSES ARE NOT OFFERED:

THANKSGIVING WEEKEND:

OCTOBER 10 - 12, 2015

WINTER BREAK:

DECEMBER 21, 2015 TO JANUARY 3, 2016

FAMILY DAY: FEBRUARY 15, 2016

MARCH BREAK: MARCH 14 - 18, 2016

EASTER WEEKEND: MARCH 25 - 28, 2016

ACTIVE PROGRAMS

Tumble Bugs Gymnastics (18 months - 3 years)

Please note This is a parent participation program. This Parent and Tot program is designed to introduce children to the basic patterns of human body movement in a fun and engaging environment. Parents facilitate their child through circuits and obstacle courses designed specifically for this age range by certified staff. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Disette St, Units 8 & 9.

Twisting Tykes Gymnastics (3 - 5 years)

This preschool program is designed to take children through a fun and engaging warm-up followed by a basic introduction to gymnastics. Children follow the instruction of a certified coach without their parents' participation. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Disette St, Units 8 & 9.

Playball TWO CAN DO! for 2 year olds

Please note This is a parent participation program. Fall Participants must be 2 years by September 1, 2015. Winter Participants must be 2 years by January 1, 2016. A gentle introduction to gross motor and sports skills for two year olds. TWO CAN DO! provides a wide range of suitable activities to stimulate and improve locomotion, balance, body awareness, muscular development and fine motor skills. One parent per child. For more information go to www.playball.ca

Playball for 3 year olds

Please note Parent participation may be required. Fall Participants must be 3 years by September 1, 2015. Winter Participants must be 3 years by January 1, 2016. This is a comprehensive program of games carefully designed to teach a wide range of basic sport and social skills. The emphasis is to have fun with movement and playing games with a ball so that the child's first introduction to sport is a positive one. For more information go to www.playball.ca

Monkeynastix (For 1 - 2 years, 2 - 3 years)

Please note This is a parent participation program. Monkeynastix is a non-competitive fitness movement education program developing strength, flexibility, gross and fine motor skills, balance, coordination, spatial and body awareness, coordination, good sportsmanship and healthy habits. Each lesson consists of a fun Monkeynastix warm up song, followed by stretching positions, locomotion and working with our specialized equipment. For more details go to www.monkeynastix.ca

Hop, Skip and Jump (1 - 3 years)

Please note This is a parent participation program. This action packed program promotes physical activity in a fun and safe environment. Its focus is to stimulate children while developing cognitive, social and motor skills through active and cooperative play. Hop, Skip and Jump gives children the opportunity to establish positive attitudes toward physical activity.

Gym and Swim (1 - 3 years)

Please note This is a parent participation program. Participate in a half hour of toddler gym time with play equipment, then join in the scheduled Parent & Tot swim. This is a great chance to have some active fun with your toddler and meet some other parents with young children.

Lots for Tots (2 - 4 years)

Please note This is a parent participation program. This preschool program gives children the opportunity to explore their creative side as well as burn off some energy. This class begins with a story time, followed by exploring the world of arts and crafts, and ending with an energy busting kinder play time in the gymnasium. This program is a great way to prepare your little one for school time structure.

Kinder Rhythm (3 - 6 years)

Movement is the way children first express themselves. Explore movement through music and rhythm while learning dance routines. Increased body awareness, fitness and coordination are some of the benefits of this program. Kinder Rhythm is offered in partnership with Elite Dance Corps and is held at their location at 33 Holland St E.



Pre-school Programs

Pre-school Fall 2015 – Active Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Tumble Bugs Gymnastics	7363	18months -3yrs	Thursday 9:30am - 10:15am	Oct 1-Nov 5	Genesis Gymnastics	6	\$72	\$82.80
Tumble Bugs Gymnastics	7364	18months -3yrs	Thursday 9:30am - 10:15am	Nov 12-Dec 17	Genesis Gymnastics	6	\$72	\$82.80
Twisting Tykes Gymnastics	7365	3-5yrs	Thursday 10:30am - 11:30am	Oct 1-Nov 5	Genesis Gymnastics	6	\$90	\$103.50
Twisting Tykes Gymnastics	7366	3-5 years	Thursday 10:30am - 11:30am	Nov 12-Dec 17	Genesis Gymnastics	6	\$90	\$103.50
Playball Two Can Do! For 2 year olds	7367	2 years	Saturday 9:15 am - 9:45 am	Oct 3-Dec 12 No class Oct. 10	BWG Leisure Centre	10	\$118	\$135.70
Playball for 3 year olds	7484	3-4 years	Wednesday 5:00pm - 5:45pm	Sept 30 – Dec 2	BWG Leisure Centre	10	\$135	\$155.25
Playball for 3 year olds	7368	3-4 years	Saturday 10:00 am - 10:45am	Oct 3-Dec 12 No class Oct 10	BWG Leisure Centre	10	\$135	\$155.25
Monkeynastix (1 – 2 years)	7369	1-2 years	Sunday 9:45am - 10:15am	Oct 4 - Dec 6 No class Oct 11	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (1 – 2 years)	7371	1-2 years	Tuesday 5:30pm - 6:00 pm	Sept 29-Nov 24	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (2 – 3 years)	7370	2-3 years	Sunday 10:30am - 11:00am	Oct 4-Dec 6 No class Oct 11	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (2 – 3 years)	7372	2-3 years	Tuesday 6:10pm - 6:40pm	Sept 29-Nov 24	BWG Leisure Centre	9	\$108	\$124.20
Hop, Skip and Jump	7506	1-3 years	Monday 5:30pm - 6:15pm	Sept 28-Nov 16	BWG Leisure Centre	8	\$55	\$63.25
Hop, Skip and Jump	7373	1-3 years	Tuesday 10:30am - 11:15am	Sept 29-Nov 17	BWG Leisure Centre	8	\$55	\$63.25
Gym and Swim	7374	1-3 years	Friday 10:45am - 12:00pm	Oct 2-Nov 6	BWG Leisure Centre	6	\$36	\$41.40
Lots for Lots	7375	2-4 years	Wednesday 10:30am - 11:30am	Sept 30-Oct 28	BWG Leisure Centre	5	\$45	\$51.75
Lots for Lots	7376	2-4 years	Wednesday 10:30am - 11:30am	Nov 4-Dec 2	BWG Leisure Centre	5	\$45	\$51.75
Kinder Rhythm	7377	3-6 years	Saturday 10:00am - 10:30am	Oct 17-Nov 21	Elite Dance Corps	6	\$50	\$57.60

Pre-school Winter 2016 – Active Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Tumble Bugs Gymnastics	7426	18months -3 years	Thursday 9:30am - 10:15am	Jan 28 - Mar 3	Genesis Gymnastics	6	\$72	\$82.80
Twisting Tykes Gymnastics	7427	3-5 years	Thursday 10:30am - 11:30am	Jan 28 - Mar 3	Genesis Gymnastics	6	\$90	\$103.50
Playball Two Can Do! for 2 year olds	7428	2 years	Saturday 9:15am - 9:45am	Jan 9-Mar 12	BWG Leisure Centre	10	\$118	\$135.70
Playball for 3 year olds	7486	3-4 years	Wednesday 5:00 pm - 5:45 pm	Jan 6-Mar 9	BWG Leisure Centre	10	\$135	\$155.25
Playball for 3 year olds	7429	3-4 years	Saturday 10:00am - 10:45am	Jan 9-Mar 12	BWG Leisure Centre	10	\$135	\$155.25
Monkeynastix (1-2 years)	7430	1-2 years	Sunday 9:45am - 10:15am	Jan 17-Mar 13	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (1-2 years)	7432	1-2 years	Tuesday 5:30pm - 6:00pm	Jan 12-Mar 8	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (2-3 years)	7431	2-3 years	Sunday 10:30am - 11:30am	Jan 17-Mar 13	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (2-3 years)	7433	2-3 years	Tuesday 6:10pm - 6:40pm	Jan 12-Mar 8	BWG Leisure Centre	9	\$108	\$124.20
Hop, Skip and Jump	7434	1-3 years	Tuesday 10:30am - 11:15am	Jan 19-Mar 8	BWG Leisure Centre	8	\$55	\$63.25
Gym and Swim	7425	1-3 years	Friday 10:45 am - 12:00 pm	Jan 29-Mar 4	BWG Leisure Centre	6	\$36	\$41.40
Lots for Lots	7435	2-4 years	Wednesday 10:30am - 11:30am	Jan 27-Feb 24	BWG Leisure Centre	5	\$45	\$51.75
Kinder Rhythm	7436	3-6 years	Saturday 10:00am - 10:30am	Jan 30-Mar 5	Elite Dance Corps	6	\$50	\$57.60

Schedule subject to change without notice

Pre-school Programs

ARTS AND EDUCATION PROGRAMS

Baby Sing and Play (6 – 12 months)

Please note This is a parent participation program. This program has been developed to stimulate baby through play and song. Caregivers and babies will engage in play related to daily themes. Visual and sensory play, along with fun songs and actions will help babies cognitive development. Caregivers will have an opportunity to exchange ideas and meet others with young children.

MYC (Music for Young Children) – Music Pups (6 months – 2 years)

Please note This is a parent participation program. Music for Young Children (MYC) is a comprehensive music education program tailored to the strengths and abilities of young children. Music Pups provides an opportunity for babies and toddlers to enjoy music through actions, playing rhythm instruments and learning tonal/rhythm patterns. For more information go to www.myc.com

MYC (Music for Young Children) – Sunrise (2 – 3 years)

Please note This is a parent participation program. Music for Young Children (MYC) is a comprehensive musical education program tailored to the strengths and abilities of young children. The Sunrise program implements a collection of singing, musical rhythms, and instruments, as well as introducing the children to musical patterns and dynamics. For more information go to www.myc.com

Kinder Notes – Level 1 (3 – 5 years)

Kinder Notes is designed to teach your child the basics of music in a fun and exciting way. Through a variety

of enjoyable activities your child will learn rhythm, dynamics, keyboard recognition, ear training, and simple theory. Most importantly, your child will learn to read music and sing songs. This program is offered in partnership with Bradford Academy of Music at their location, 448 Holland St W. ***Please note*** \$20 materials fee to be paid to the instructor on the first day of class.

Kinder Notes – Level 2 (3 – 5 years)

Kinder Notes Level 2 will build on what has been learned in Level 1. **Please note:** Kinder Notes Level 1 is a pre-requisite. This program is offered in partnership with Bradford Academy of Music at their location, 448 Holland St W. ***Please note*** \$20 materials fee to be paid to the instructor on the first day of class.

Baking Buddies (3 – 5 years)

This program is a great hands-on, interactive, cooking experience. A great way to introduce your child into the kitchen, trying new flavours. Each week we will touch on a different country and prepare healthy foods and treats from around the world. Each child is to bring measuring spoons, dishtowel, and container to bring home their creations. Additional food costs of \$10 payable to the instructor on the first day of class. **Please note:** Baking Buddies course teaches different recipes each session.

Baking Buddies – Christmas (3 – 5 years)

Each week we will prepare yummy Christmas treats such as sugar cookies, gingerbread people and other treats. Each child is to bring measuring spoons, dishtowel, and container to bring home their creations.



Pre-school Programs

Pre-school Fall 2015: Arts & Education Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Baby Sing and Play	7378	6 - 12 months	Wednesday 9:30am - 10:00am	Sept 30-Oct 28	BWG Leisure Centre	5	\$50	\$57.50
Baby Sing and Play	7379	6 - 12 months	Wednesday 9:30am - 10:00am	Nov 4-Dec 2	BWG Leisure Centre	5	\$50	\$57.50
MYC - Music Pups	7380	6 months - 2 years	Monday 9:30am - 10:15am	Sept 21-Nov 2 No class Oct 12	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7381	6 months - 2 years	Monday 9:30am - 10:15am	Nov 9-Dec 14	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7382	6 months - 2 years	Saturday 9:00am - 9:45am	Sept 26-Nov 7 No class Oct 10	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7383	6 months - 2 years	Saturday 9:00am - 9:45am	Nov 14-Dec 19	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7384	2-3 years	Monday 10:30am - 11:15am	Sept 21-Nov 2 No class Oct 12	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7385	2-3 years	Monday 10:30am - 11:15am	Nov 9-Dec 14	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7386	2-3 years	Saturday 10:00am - 10:45am	Sept 26-Nov 7 No class Oct 10	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7387	2-3 years	Saturday 10:00am - 10:45am	Nov 14-Dec 19	BWG Leisure Centre	6	\$80	\$92
Kinder Notes - Level 1	7388	3-5 years	Wednesday 10:00am - 11:00am	Sept 30-Nov 18	Bradford Academy of Music	8	\$99 (+ \$20 for materials)	\$113.85 (+ \$20 for materials)
Kinder Notes - Level 1	7389	3-5 years	Saturday 9:15am - 10:15am	Oct 3-Nov 28 No class Oct 10	Bradford Academy of Music	8	\$99 (+ \$20 for materials)	\$113.85 (+ \$20 for materials)
Kinder Notes - Level 1	7391	3-5 years	Saturday 11:15am - 12:15pm	Oct 3-Nov 28 No class Oct 10	Bradford Academy of Music	8	\$99 (+ \$20 for materials)	\$113.85 (+ \$20 for materials)
Kinder Notes - Level 2	7390	3-5 years	Saturday 10:15am - 11:15am	Oct 3-Nov 28 No class Oct 10	Bradford Academy of Music	8	\$99 (+ \$20 for materials)	\$113.85 (+ \$20 for materials)
Baking Buddies	7392	3-5 years	Monday 4:00pm - 5:00pm	Sept 21-Nov 2 No class Oct 12	Community Centre	6	\$75.00 (+ \$10 for materials)	\$86.25 (+ \$10 for materials)
Baking Buddies	7393	3-5 years	Monday 4:00pm - 5:00pm	Nov 9 - Dec 14	Community Centre	6	\$75.00 (+ \$10 for materials)	\$86.25 (+ \$10 for materials)
Baking Buddies Christmas Treats	7394	3-5 years	Tuesday 4:00pm - 5:00pm	Dec 1 - Dec 15	Community Centre	3	\$37.50	\$43

Pre-school Winter 2016: Arts & Education Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Baby Sing and Play	7437	6 - 12 months	Wednesday 9:30am - 10:00am	Jan 27-Feb 24	BWG Leisure Centre	5	\$50	\$57.50
MYC - Music Pups	7439	6 months - 2 years	Monday 9:30am - 10:15am	Jan 25-Mar 7 No class Feb 15	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7440	6 months - 2 years	Saturday 9:00am - 9:45am	Jan 30-Mar 5	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7441	2-3 years	Monday 10:30am - 11:15am	Jan 25-Mar 7 No class Feb 15	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7442	2-3 years	Saturday 10:00am - 10:45am	Jan 30-Mar 5	BWG Leisure Centre	6	\$80	\$92
Kinder Notes - Level 1	7443	3-5 years	Saturday 11:00am - 12:00pm	Jan 23-Mar 12	Bradford Academy of Music	8	\$99 (+ \$20 for materials)	\$113.85 (+ \$20 for materials)
Kinder Notes - Level 2	7444	3-5 years	Saturday 10:00am - 11:00am	Jan 23-Mar 12	Bradford Academy of Music	8	\$99 (+ \$20 for materials)	\$113.85 (+ \$20 for materials)
Baking Buddies	7438	3-5 years	Tuesday 4:00pm - 5:00pm	Jan 26-Mar 1	Community Centre	6	\$75.00 (+ \$10 for materials)	\$86.25 (+ \$10 for materials)

Schedule subject to change without notice

Child/Youth Programs

CLASSES ARE NOT OFFERED:

THANKSGIVING WEEKEND:

OCTOBER 10 - 12, 2015

WINTER BREAK:

DECEMBER 21, 2015 - JANUARY 3, 2016

FAMILY DAY: FEBRUARY 15, 2016

MARCH BREAK: MARCH 14 - 18, 2016

EASTER WEEKEND:

MARCH 25 - 28, 2016

ACTIVE PROGRAMS

Playball Multi-Sport (4 - 5 years)

This is a comprehensive program of games carefully planned to teach a wide range of sports and social skills. Participants will have the opportunity to be introduced to a variety of sports such as soccer, baseball and basketball. Participants are asked to wear comfortable clothing and running shoes. For more information go to www.playball.ca

Monkeynastix (4 - 6 years)

Monkeynastix is a non-competitive fitness movement education program developing strength, flexibility, gross and fine motor skills, balance, coordination, spatial and body awareness, coordination, good sportsmanship and healthy habits. Each lesson consists of a fun Monkeynastix warm up song, followed by stretching positions, locomotion and working with our specialized equipment. For more details go to www.monkeynastix.ca

Just For Kids - Tennis (4 - 7 years)

A unique indoor program for children to develop skills while having fun playing tennis. Children learn to hit, serve, volley, and rally with a tennis ball, play and score a tennis game. This is done in an age appropriate progressive manner using innovative teaching methods, special games, and indoor equipment designed just for children.

Badminton (11 - 18 years)

Classes include warm-up, learning footwork and badminton techniques, as well as singles and doubles play. Indoor non-marking shoes and racquet required. All players will be registered with Badminton Ontario and will have the opportunity to participate in tournaments. Sports safety glasses strongly recommended. This program is offered in partnership with the Favourite Badminton Club.

Triple Threat Dance (Jr. 6 - 9 years, Sr. 10 - 13 years)

Get a sample of different dance styles and discover your favourite! Start with 3 weeks of Jazz, which is a combination of high and low energy steps. Then move on to 3 weeks of Acro, which is a combination of jazz and gymnastics techniques. Finish off with 3 weeks of Hip Hop, which includes the most recent moves from today's pop culture. This program is offered in partnership with Elite Dance Corps and is held at their location, 33 Halland St E. (special shoes or attire not required)

Introduction to Gymnastics (6 - 8 years)

By improving strength, coordination, flexibility, and balance, children will develop a great base of fitness. This fun 60 minute class allows children to progress through a level system at their own pace, helping them develop a positive and healthy self-image. This program is offered in partnership with Genesis Gymnastics and is held at their location, 401 Dissette St, Units 8 & 9.

Softball Fundamentals Clinic (8 - 12 years)

Offered at Bradford Sports Dome, 2971 10th Side Road, this coed program is offered in partnership with Bradford District Minor Softball Association. It provides children and youth an opportunity to learn the basic skills of softball including fielding, base running, and hitting. A glove, comfortable clothing and indoor shoes are required.

Softball Pitching Clinic (8 - 16 years)

Offered at Bradford Sports Dome, 2971 10th Side Road, this coed program is offered in partnership with Bradford District Minor Softball Association, providing athletes advanced instruction on how to be an effective pitcher. Starting with the teaching of pitching mechanics, pitchers will be shown unique drills to help with muscle memory. All classes are taught by Bradford Storm rep players both past and present. A glove, comfortable clothing and indoor shoes are required.



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Child/Youth Programs

Child & Youth Fall 2015- Active Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Playball Multi-Sport	7485	4-5 years	Wednesday 6:00pm - 6:45pm	Sept 30 - Dec 2	BWG Leisure Centre	10	\$140	\$161
Playball Multi-Sport	7395	4-5 years	Saturday 11:00am - 11:45am	Oct 3-Dec 12 No class Oct 10	BWG Leisure Centre	10	\$140	\$161
Monkeynastix	7396	4-6 years	Sunday 11:15am - 11:45am	Oct 4-Dec 6 No class Oct 11	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix	7397	4-6 years	Tuesday 6:50 pm - 7:20 pm	Sept 29-Nov 24	BWG Leisure Centre	9	\$108	\$124.20
Just for Kids Tennis	7398	4-7 years	Thursday 4:45 pm - 5:30 pm	Oct 1-Dec 3	BWG Leisure Centre	10	\$100	\$115
Badminton	7399	11-18 years	Monday 6:00 pm - 8:00 pm	Sept 21-Dec 14 No class Oct 12	BWG Leisure Centre	12	\$120	\$138
Triple Threat Dance Jr.	7400	6-9 years	Thursday 6:00pm - 6:45pm	Oct 1-Nov 26	Elite Dance Corps	9	\$60	\$69
Triple Threat Dance Sr.	7401	10-13 years	Thursday 7:00pm - 7:45pm	Oct 1-Nov 26	Elite Dance Corps	9	\$60	\$69
Introduction to Gymnastics	7402	6-8 years	Saturday 11:00am - 12:00pm	Oct 3-Nov 28 No class Oct 10	Genesis Gymnastics	8	\$120	\$138

Child & Youth Winter 2016- Active Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Playball Multi-Sport	7487	4-5 years	Wednesday 6:00pm - 6:45pm	Jan 6 - Mar 9	BWG Leisure Centre	10	\$140	\$161
Playball Multi-Sport	7446	4-5 years	Saturday 11:00am - 11:45am	Jan 9-Mar 12	BWG Leisure Centre	10	\$140	\$161
Monkeynastix	7446	4-6 years	Sunday 11:15am - 11:45am	Jan 17-Mar 13	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix	7447	4-6 years	Tuesday 6:50 pm - 7:20 pm	Jan 12-Mar 8	BWG Leisure Centre	9	\$108	\$124.20
Just for Kids Tennis	7448	4-7 years	Thursday 4:45 pm - 5:30 pm	Jan 28-Apr 7 No class Mar 17	BWG Leisure Centre	10	\$100	\$115
Badminton	7451	11-18 years	Monday 6:00 pm - 8:00 pm	Jan 11-May 9 No class Feb 15, Mar 14 & 28	BWG Leisure Centre	15	\$150	\$172
Triple Threat Dance Jr.	7452	6-9 years	Thursday 6:00pm - 6:45pm	Jan 28-Mar 31 No class Mar 17	Elite Dance Corps	9	\$60	\$69
Triple Threat Dance Sr.	7453	10-13 years	Thursday 7:00pm - 7:45pm	Jan 28-Mar 31 No class Mar 17	Elite Dance Corps	9	\$60	\$69
Introduction to Gymnastics	7454	6-8 years	Saturday 11:00am - 12:00pm	Jan 30-Mar 26 No class Feb 13	Genesis Gymnastics	8	\$120	\$138
Softball Fundamentals Clinic	7449	8-12 years	Saturday 9:00am - 10:00pm	Jan 30-Mar 12 No class Feb 13	Sports Dome	6	\$45	\$51.75
Softball Pitching Clinic	7450	8-16 years	Saturday 9:00am - 10:00pm	Apr 2-Apr 23	Sports Dome	4	\$35	\$40.25

Schedule subject to change without notice

Child/Youth Programs

ARTS AND EDUCATION PROGRAMS

Girls Night Out (7 - 12 years)

This is an opportunity for girls to get out with other girls and try a variety of activities. Each week a new activity will be introduced. Activities such as fitness, dance, crafts, drama activities and more. This program is held in a variety of facilities and times may fluctuate slightly depending on activity. Schedule will be distributed on the first night.

Cartoon Computer Animation (6 - 11 years)

Come unleash your imagination in this program by creating your own animated cartoon movie. You will be guided step by step, using your own voice and funny special effect sounds in a computerized environment, as you create and watch your cartoon come to life. This course develops logical and motor skills, stimulating creativity and self-expression. At the end of the program children will bring home their animated movie. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

PC and Xbox Interactive Game Creation (7 - 12 years)

Would you like to create your own Xbox or PC games? This course is oriented for students with no previous knowledge of programming and does not use a single line of code. We use a new visual programming language made specifically for creating games. It is designed to be accessible for children and enjoyable for anyone. At the end of this course, students will be able to run their own games on a PC and Xbox. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

Create Minecraft® Mads (11 - 14 years)

Students will learn Java programming by modifying Minecraft® and creating their own Mad from start to finish. Join us in this exciting course and enable your own creativity and features through Minecraft®. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

Games Creation for Mobile (12 - 15 years)

Design and develop your very own mobile game with our easy to use development tool. This course is accessible to everyone, from beginners to advanced participants. We offer a multi-platform engine to create games for Apple iOS and Android operating systems. Dare to create the next blockbuster mobile game? Then join us on this exciting course! Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

HTML5 Level 1 (12-15 years)

This HTML 5 course is designed for the beginner programmer to learn the fundamentals of website creation. You will be taken through an easy step by step process with each lesson building on the last. As you progress through this course, you will learn what a black level tag is, how to create links, add images, use tables and how to lay out your pages, how to add forms, and even insert video into your website with the new HTML 5 specifications. Offered in partnership with Kids Great Minds. For more details go to kidsgreatminds.com

Halloween Craft Workshop (7 - 12 years)

Create your own special polymer clay seasonal keepsake for Halloween. Join Amanda from Paak Designz who will provide step by step instructions, then bring home your creation.

Christmas Craft Workshop (7 - 12 years)

Create your own special polymer clay seasonal keepsake for Christmas. Join Amanda from Paak Designz who will provide step by step instructions, then bring home your creation.

Valentine's Day Craft Workshop (7-12 years)

Create your own special polymer clay seasonal keepsake for Valentine's Day. Join Amanda from Paak Designz who will provide step by step instructions, then bring home your creation.

Kids in the Kitchen (6 - 9 years)

This program teaches children their way around the kitchen and allows them to experiment with the various elements of baking, as well as promoting safety in the kitchen. Each child is to bring measuring spoons, dishtowel, and a container to bring home their creations. Additional food costs of \$10 payable to the instructor on the first day of class. Please note: Kids in the Kitchen course teaches different recipes each session.

Kids in the Kitchen - Christmas Treats (6 - 9 years)

Each week we will prepare yummy Christmas treats such as sugar cookies, gingerbread people and other treats. Each child is to bring measuring spoons, dishtowel, and container to bring home their creations.



Child/Youth Programs

Teen Cuisine (10 - 14 years)

Cooking classes provide a wonderful opportunity for young people to express their creative side, while learning the basics of baking and cooking, healthy eating, enjoying treats in moderation, understanding measurements, and proper kitchen etiquette. Each participant will receive their own recipe booklet and each session will be a different menu. Each participant is to bring measuring spoons, dish towel, and container to bring home their creations. Additional food costs of \$10 payable to the instructor on the first day of class. Please note: Teen Cuisine course teaches different recipes each session.

Teen Cuisine - Christmas Treats (10 - 14 years)

Each week we will prepare yummy Christmas treats such as sugar cookies, gingerbread people and other treats. Each child is to bring measuring spoons, dish towel, and container to bring home their creations.

St. John Ambulance Babysitter Training (10 ½ - 16 years)

This program teaches the skills necessary to care for infants, toddlers, and preschoolers. It emphasizes safety, dealing with emergencies, and first aid basics. Learn what questions to ask parents. Hands-on practice will help build confidence. Handbook included. Please bring a doll approximately 25" in height, a nut-free lunch & a pencil.

St. John Ambulance Home Alone (8-12 years)

Participants will learn how to handle telephone calls, people at the door, when to call 911, what to do in a storm, how to keep occupied, basic first aid, what to do if your friends want to come over, and the do's and don'ts of cooking. Participants will receive a certificate of attendance.



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Luis Moniz*
Sales Representative

Child/Youth Programs

Child & Youth Fall 2015 - Arts & Education Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Closes	Res. Fee	Non Res. Fee
Girls Night Out	7403	7-12 years	Friday 7:00pm - 8:30 pm	Oct 2-Nov 6	BWG Leisure Centre	6	\$60	\$69
PC and Xbox Interactive Game Creation	7404	7-12 years	Saturday 9:30am - 10:30am	Sept 26 - Nov 21 No class Oct 10	Lions Park Building	8	\$147	\$169.05
Create Minecraft® Mods	7405	11-14 years	Saturday 10:30am - 12:00pm	Sept 26 - Nov 21 No class Oct 10	Lions Park Building	8	\$229	\$263.35
Games Creation for Mobile	7406	12-15 years	Saturday 12:00pm - 1:30pm	Sept 26 - Nov 21 No class Oct 10	Lions Park Building	8	\$229	\$263.35
Halloween Craft Workshop	7407	7-12 years	Wednesday 6:30pm - 8:30pm	Oct 28	Community Centre	1	\$20	\$23
Christmas Craft Workshop	7408	7-12 years	Wednesday 6:30pm - 8:30pm	Nov 25	Community Centre	1	\$20	\$23
Kids in the Kitchen	7409	6 - 9 years	Monday 5:30 pm - 7:00 pm	Sept 21-Nov 2 No class Oct 12	Community Centre	6	\$85 (+ \$10 mat. fee)	\$97.75 (+ \$10 mat. fee)
Kids in the Kitchen	7410	6 - 9 years	Monday 5:30 pm - 7:00 pm	Nov 9-Dec 14	Community Centre	6	\$85 (+ \$10 mat. fee)	\$97.75 (+ \$10 mat. fee)
Kids in the Kitchen - Christmas Treats	7411	6 - 9 years	Tuesday 5:30 pm - 7:00 pm	Dec 1-Dec 15	Community Centre	3	\$60	\$69
Teen Cuisine	7412	10 - 14 years	Monday 7:15 pm - 8:45 pm	Sept 21-Nov 2 No class Oct 12	Community Centre	6	\$85 (+ \$10 mat. fee)	\$97.75 (+ \$10 mat. fee)
Teen Cuisine	7413	10 - 14 years	Monday 7:15 pm - 8:45 pm	Nov 9-Dec 14	Community Centre	6	\$85 (+ \$10 mat. fee)	\$97.75 (+ \$10 mat. fee)
Teen Cuisine Christmas Treats	7414	10 - 14 years	Tuesday 7:15 pm - 8:45 pm	Dec 1-Dec 15	Community Centre	3	\$60	\$69
St John Ambulance Babysitter Training	7415	10 ½ - 16 years	Saturday 9:00am - 5:00pm	Oct 24	Community Centre	1	\$55	\$63.25
St John Ambulance Babysitter Training	7416	10 ½ - 16 years	Monday 9:00am - 5:00pm	Dec 21	Community Centre	1	\$55	\$63.25
St John Ambulance Home Alone	7417	8-12 years	Saturday 9:00am - 12:00pm	Oct 17	Community Centre	1	\$34	\$39.10

Child & Youth Winter 2016 - Arts & Education Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Closes	Res. Fee	Non Res. Fee
Cartoon Computer Animation	7455	6-11 years	Monday 4:30pm - 5:30pm	Jan 11-Mar 7 No class Feb 15	BWG Leisure Centre	8	\$147	\$169.05
Create Minecraft® Mods	7456	11-14 years	Monday 5:30pm - 7:00pm	Jan 11-Mar 7 No class Feb 15	BWG Leisure Centre	8	\$229	\$263.35
HTML5 Level 1	7457	12 - 15 years	Monday 7:00pm - 8:30pm	Jan 11-Mar 7 No class Feb 15	BWG Leisure Centre	8	\$229	\$263.35
Valentines Craft Workshop	7458	7-12 years	Wednesday 6:30pm - 8:30pm	Feb 10	Community Centre	1	\$20	\$23
Kids in the Kitchen	7459	6-9 years	Tuesday 5:30pm - 7:00pm	Jan 26-Mar 1	Community Centre	6	\$85 (+ \$10 mat. fee)	\$97.75 (+ \$10 mat. fee)
Teen Cuisine	7460	10-14 years	Tuesday 7:15pm - 8:45pm	Jan 26-Mar 1	Community Centre	6	\$85 (+ \$10 mat. fee)	\$97.75 (+ \$10 mat. fee)
St John Ambulance Babysitter Training	7461	10 ½ - 16 years	Friday 9:00am - 5:00pm	Feb 5	Community Centre	1	\$55	\$63.25

Schedule subject to change without notice

Adult Programs

CLASSES ARE NOT OFFERED:

THANKSGIVING WEEKEND:

OCTOBER 10 - 12, 2015

WINTER BREAK:

DECEMBER 21, 2015 TO JANUARY 3, 2016

FAMILY DAY: FEBRUARY 15, 2016

MARCH BREAK: MARCH 14 - 18, 2016

EASTER WEEKEND:

MARCH 25 - 28, 2016

ACTIVE PROGRAMS

Co-ed Competitive Volleyball

This is a competitive and fun program. The team format is to be coordinated at the beginning of each evening. Competitive playing experience required. This program is not for beginners. All participants must arrive no later than 7:45 pm in order to be able to play.

Co-ed Recreational Volleyball

This is a non-competitive and fun program designed for all skill levels. The team format is to be coordinated at the beginning of each evening. All adults welcome.

Ballroom Dancing

Level 1 - For beginners, no previous experience

Level 2 - For experienced participants

Learn contemporary Standard (smooth) Ballroom Dancing such as the Slow Waltz, Quick Step, Tango and the Slow Fox Trot. This is great preparation for dancing at weddings, fundraisers and other special occasions. Registration with a partner is required.

Jazz Funk Dance

A great way to sample different dance styles and discover your favourite! Four weeks of Jazz, which is a combination of high and low energy steps, and 4 weeks of Hip Hop, which includes the most recent moves from today's pop culture. Can be done in either bare feet or clean indoor running shoes, and flexible clothing. This program is offered in partnership with Elite Dance Corps and is held at their location, 33 Holland St E.

Adult Learn to Curl

Come try the great winter past-time of curling at the Bradford Curling Club. Learn the basics of curling in a casual and relaxed setting. Curling equipment is supplied; all participants need is warm, comfortable clothing and a clean pair of running shoes. This program is offered in partnership with the Bradford Curling Club and is held at their location at 125 Simcoe Rd.

Adult Fall 2015 - Active Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Co-ed Competitive Volleyball	7418	18+ years	Monday 7:30pm - 9:30pm	Sept 21 - Nov 30 No class Oct 12	Holy Trinity High School	10	\$40	\$46
Co-ed Recreational Volleyball	7419	18+ years	Wednesday 7:30pm - 9:30pm	Sept 23 - Nov 25	Bradford District High School	10	\$40	\$46
Ballroom Dancing Level 1	7421	18+ years	Thursday 8:15 pm - 9:30 pm	Oct 1 - Dec 3	Community Centre	10	\$75	\$86.25
Ballroom Dancing Level 2	7420	18+ years	Thursday 7:00 pm - 8:15 pm	Oct 1 - Dec 3	Community Centre	10	\$75	\$86.25
Jazz Funk Dance	7422	18+ years	Thursday 8:00 pm - 8:45 pm	Oct 1 - Nov 19	Elite Dance Corps	8	\$60	\$69
Learn to Curl	7525	18+ years	Sunday 4:00 pm - 6:00 pm	Nov 1 - Nov 22	Bradford Curling Club	4	\$60	\$69

Adult Winter 2016 - Active Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Co-ed Competitive Volleyball	7462	18+ years	Monday 7:30 pm - 9:30 pm	Jan 11-May 9 No class Feb 1 & 15, Mar 14 & 28	Holy Trinity High School	14	\$50	\$57.50
Co-ed Recreational Volleyball	7463	18+ years	Wednesday 7:30 pm - 9:30 pm	Jan 13-Apr 20 No class Mar 16	Bradford District High School	14	\$50	\$57.50
Ballroom Dancing Level 1	7465	18+ years	Thursday 8:15 pm - 9:30 pm	Jan 21-Mar 10	Community Centre	8	\$65	\$73.75
Ballroom Dancing Level 2	7464	18+ years	Thursday 7:00 pm - 8:15 pm	Jan 21-Mar 10	Community Centre	8	\$65	\$73.75
Jazz Funk Dance	7466	18+ years	Thursday 8:00 pm - 8:45 pm	Jan 21-Mar 10	Elite Dance Corps	8	\$60	\$69

Schedule subject to change without notice

Adult Programs

ARTS AND EDUCATION PROGRAMS

Cooking with Ease: Souperlicious

The harvest season is here, a great time to prepare tasty soups for your family to enjoy. Each week we will prepare and discuss a variety of soups using vegetables, legumes, stocks, herbs and spices as flavouring agents while cutting back on sodium. Please bring cutting board, knife, and dishtowel. Additional food costs of \$30 payable to the instructor on the first day of class.

Cooking with Ease: Intro to Chinese

Take out never tasted this good! From soups to noodles, come out to this hands on cooking class. Asian food is fresh and colourful, full of flavor and never boring or

bland. It is also healthy and quick to prepare. Some of the dishes include lemon chicken and hot and sour soup. Please bring cutting board, knife, and dishtowel. Additional food costs of \$30 payable to the instructor on the first day of class.

Cooking with Ease: Holiday Appetizers

Looking for some ideas to wow your friends at your next holiday gathering? Work with phyllo pastry, rice paper and wonton wrappers. The instructor will also discuss health conscious appetizers and preparation of healthy dips. Please bring cutting board, knife, dishtowel. Additional food costs of \$20 payable to the instructor on the first day of class.

Adult Fall 2015 - Arts & Education Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Cooking with Ease: Souperlicious	7423	18+ years	Tuesday 7:30 pm - 9:00 pm	Sept 22 - Oct 13	Community Centre	4	\$50 (+ \$30 mat. fee)	\$57.50 (+ \$30 mat. fee)
Cooking with Ease: Intro to Chinese	7488	18+ years	Tuesday 7:30 pm - 9:00 pm	Oct 20- Nov 10	Community Centre	4	\$50 (+ \$30 mat. fee)	\$57.50 (+ \$30 mat. fee)
Cooking with Ease: Holiday Appetizers	7424	18+ years	Tuesday 7:00pm- 8:30pm	Nov 19-Nov 24	Community Centre	2	\$25 (+ \$20 mat. fee)	\$28.75 (+ \$20 mat. fee)

Schedule subject to change without notice

PARENT AND TOT PROGRAMS

Turnle Bugs Gymnastics (18 months - 3 years)

Please note This is a parent participation program. This Parent and Tot program is designed to introduce children to the basic patterns of human body movement in a fun and engaging environment. Parents facilitate their child through circuits and obstacle courses designed specifically for this age range by certified staff. This program is offered in partnership with Genesis Gymnastics and is held at their location at 401 Disette St, Units 8 & 9.

Playball TWO CAN DO! for 2 year olds

Please note This is a parent participation program. Fall Participants must be 2 years by September 1, 2015. Winter Participants must be 2 years by January 1, 2016. A gentle introduction to gross motor and sports skills for two year olds. TWO CAN DO! provides a wide range of suitable activities to stimulate and improve locomotion, balance, body awareness, muscular development and fine motor skills. One parent per child. For more information go to www.playball.ca

Monkeynastix (For 1 - 2 years, 2 - 3 years)

Please note This is a parent participation program. Monkeynastix is a non-competitive fitness movement education program developing strength, flexibility, gross and fine motor skills, balance, coordination, spatial and body awareness, coordination, good sportsmanship and healthy habits. Each lesson consists of a fun Monkeynastix warm up song, followed by stretching positions, locomotion and working with our specialized equipment. For more details go to www.monkeynastix.ca

Hop, Skip and Jump (1 - 3 years)

Please note This is a parent participation program. This action packed program promotes physical activity in a fun and safe environment. Its focus is to stimulate children while developing cognitive, social and motor skills through active and cooperative play. Hop, Skip and Jump gives children the opportunity to establish positive attitudes toward physical activity.

Gym and Swim (1 - 3 years)

Please note This is a parent participation program. Participate in a half hour of toddler gym time with play equipment, then join in the scheduled Parent & Tot swim. This is a great chance to have some active fun with your toddler and meet some other parents with young children.

Adult Programs

Lots for Tots (2 - 4 years)

Please note This is a parent participation program. This preschool program gives children the opportunity to explore their creative side as well as burn off some energy. This class begins with a story time, followed by exploring the world of arts and crafts, and ending with an energy busting fun play time in the gymnasium. This program is a great way to prepare your little one for school time structure.

Baby Sing and Play (6 - 12 months)

Please note This is a parent participation program. This program has been developed to stimulate baby through play and song. Caregivers and babies will engage in play related to daily themes. Visual and sensory play, along with fun songs and actions will help babies cognitive development. Caregivers will have an opportunity to exchange ideas and meet others with young children.

MYC (Music for Young Children) - Music Pups (6 months - 2 years)

Please note This is a parent participation program. Music for Young Children (MYC) is a comprehensive music education program tailored to the strengths and abilities of young children. Music Pups provides an opportunity for babies and toddlers to enjoy music through actions, playing rhythm instruments and learning tonal/rhythm patterns. For more information go to www.myc.com

MYC (Music for Young Children) - Sunrise (2 - 3 years)

Please note This is a parent participation program. Music for Young Children (MYC) is a comprehensive musical education program tailored to the strengths and abilities of young children. The Sunrise program implements a collection of singing, musical rhythms, and instruments, as well as introducing the children to musical patterns and dynamics. For more information go to www.myc.com

Adult Fall 2015 - Parent & Tot Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Tumble Bugs Gymnastics	7363	18 months - 3yrs	Thursday 9:30am - 10:15am	Oct 1-Nov 5	Genesis Gymnastics	6	\$72	\$82.80
Tumble Bugs Gymnastics	7364	18 months - 3yrs	Thursday 9:30am - 10:15am	Nov 12-Dec 17	Genesis Gymnastics	6	\$72	\$82.80
Playball Two Can Do! For 2 year olds	7367	2 years	Saturday 9:15am - 9:45am	Oct 3-Dec 12 No class Oct. 10	BWG Leisure Centre	10	\$118	\$135.70
Monkeynastix (1 - 2 years)	7369	1-2 years	Sunday 9:45am - 10:15am	Oct 4- Dec 6 No class Oct 11	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (1 - 2 years)	7371	1-2 years	Tuesday 5:30pm - 6:00pm	Sept 29-Nov 24	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (2 - 3 years)	7370	2-3 years	Sunday 10:30am - 11:00am	Oct 4-Dec 6 No class Oct 11	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastix (2 - 3 years)	7372	2-3 years	Tuesday 6:10pm - 6:40pm	Sept 29-Nov 24	BWG Leisure Centre	9	\$108	\$124.20
Hop, Skip and Jump	7373	1-3 years	Tuesday 10:30am - 11:15am	Sept 29-Nov 17	BWG Leisure Centre	8	\$55	\$63.25
Hop, Skip and Jump	7506	1-3 years	Monday 5:30pm - 6:15 pm	Sept 28-Nov 16	BWG Leisure Centre	8	\$55	\$63.25
Gym and Swim	7374	1-3 years	Friday 10:45am - 12:00pm	Oct 2-Nov 6	BWG Leisure Centre	6	\$36	\$41.40
Lots for Tots	7375	2-4 years	Wednesday 10:30am - 11:30am	Sept 30-Oct 28	BWG Leisure Centre	5	\$45	\$51.75
Lots for Tots	7376	2-4 years	Wednesday 10:30am - 11:30am	Nov 4-Dec 2	BWG Leisure Centre	5	\$45	\$51.75
Baby Sing and Play	7378	6 - 12 months	Wednesday 9:30am - 10:00am	Sept 30-Oct 28	BWG Leisure Centre	5	\$50	\$57.50
Baby Sing and Play	7379	6 - 12 months	Wednesday 9:30am - 10:00am	Nov 4-Dec 2	BWG Leisure Centre	5	\$50	\$57.50
MYC - Music Pups	7380	6 months - 2 years	Monday 9:30am - 10:15am	Sept 21-Nov 2 No class Oct 12	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7381	6 months - 2 years	Monday 9:30am - 10:15am	Nov 9-Dec 14	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7382	6 months - 2 years	Saturday 9:00am - 9:45am	Sept 26-Nov 7 No class Oct 10	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7383	6 months - 2 years	Saturday 9:00am - 9:45am	Nov 14-Dec 19	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7384	2-3 years	Monday 10:30am - 11:15am	Sept 21-Nov 2 No class Oct 12	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7385	2-3 years	Monday 10:30am - 11:15am	Nov 9-Dec 14	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7386	2-3 years	Saturday 10:00am - 10:45am	Sept 26-Nov 7 No class Oct 10	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7387	2-3 years	Saturday 10:00am - 10:45am	Nov 14-Dec 19	BWG Leisure Centre	6	\$80	\$92

Adult Programs

Adult Winter 2016 - Parent & Tot Programs

Course Name	Course Code	Age	Day & Time	Start Date	Complex	# of Classes	Res. Fee	Non Res. Fee
Tumble Bugs Gymnastics	7426	18months - 3 years	Thursday 9:30am - 10:15am	Jan 28 - Mar 3	Genesis Gymnastics	6	\$72	\$82.80
Playball Two Can Do! for 2 year olds	7428	2 years	Saturday 9:15am - 9:45am	Jan 9-Mar 12	BWG Leisure Centre	10	\$118	\$135.70
Monkeynastics (1-2 years)	7430	1-2 years	Sunday 9:45am - 10:15am	Jan 17-Mar 13	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastics (1-2 years)	7432	1-2 years	Tuesday 5:30pm - 6:00pm	Jan 12-Mar 8	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastics (2-3 years)	7433	2-3 years	Tuesday 6:10pm - 6:40pm	Jan 12 - Mar 8	BWG Leisure Centre	9	\$108	\$124.20
Monkeynastics (2-3 years)	7431	2-3 years	Sunday 10:30am-11:00am	Jan 17- Mar 13	BWG Leisure Centre	9	\$108	\$124.20
Hop, Skip and Jump	7434	1-3 years	Tuesday 10:30am - 11:15am	Jan 19-Mar 8	BWG Leisure Centre	6	\$55	\$63.25
Gym and Swim	7425	1-3 years	Friday 10:45 am - 12:00 pm	Jan 29-Mar 4	BWG Leisure Centre	6	\$36	\$41.40
Lots for Tots	7435	2-4 years	Wednesday 10:30am - 11:30am	Jan 27-Feb 24	BWG Leisure Centre	5	\$45	\$51.75
Baby Sing and Play	7437	6 - 12 months	Wednesday 9:30am-10:00am	Jan 27- Feb 24	BWG Leisure Centre	5	\$50	\$57.50
MYC - Music Pups	7439	6 months - 2 years	Monday 9:30am - 10:15am	Jan 25-Mar 7 No class Feb 15	BWG Leisure Centre	6	\$80	\$92
MYC - Music Pups	7440	6 months - 2 years	Saturday 9:00am - 9:45am	Jan 30-Mar 5	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7441	2-3 years	Monday 10:30am - 11:15am	Jan 25-Mar 7 No class Feb 15	BWG Leisure Centre	6	\$80	\$92
MYC - Sunrise	7442	2-3 years	Saturday 10:00am - 10:45am	Jan 30-Mar 5	BWG Leisure Centre	6	\$80	\$92

Schedule subject to change without notice



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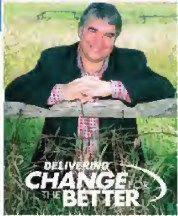
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March Break Happenings

Monday March 14, 2016 to Friday March 18, 2016

Come have fun at the BWG Leisure Centre on your March Break. Every day to include ice skating, crafts, fitness and gymnasium activities, camp games, and special event and visitors.

**Day Camp for 5 to 11 year olds from 9:00 am to 4:00 pm
at the BWG Leisure Centre**

Bring a nut free lunch, snacks, drinks, water bottle, indoor shoes, ice skates & helmet on scheduled days, clothing suitable for scheduled activities, including outdoors. If weather permits outdoor activities may take place during the week.

Monday March 14

Visitor: Burnt Offerings Ceramics crafts

Tuesday March 15

Visitor: Pook Designz polymer clay crafts

Wednesday March 16

Visitor: Mystic Drumz

Thursday March 17

Visitor: Brick Door Lego Workshop and Make & Take

Friday March 18

Camp Finale Special Event



Camp

Name of Program	Age	Location	Time	Date	Course Code	# of Classes	Res Fee	Non-Res Fee
March Break Happenings	5 to 11 years	BWG Leisure Centre	9:00 am - 4:00 pm	Monday March 14 to Friday March 18	7471	5	\$155	\$178.25

March Break activities subject to change without notice.

Safe Arrival –if your child is not attending March Break Happenings for any reason, please call us at (905) 775-PLAY (7529), extension 0 prior to 9:30 am so we can inform March Break Camp staff.

March Break Happenings Extended Care:

Monday March 14 to Friday March 18, 2016

Before Care: 8:00 to 9:00 am

After Care: 4:00 to 5:30 pm.

Pay daily at the Customer Service Desk or
advance payment for the week is available.

March Break Extended Care			
Extended Care available for camp attendees only. Rates per child			
Time	Course Code	Daily	Full Week
8:00-9:00 am	7472	\$3.00 per child	\$12.50 per child
4:00-5:30 pm	7473	\$4.00 per child	\$20.00 per child
Both am & pm	7474	\$6.00 per child	\$25.00 per child

March Break 2016

March Break: Programs & Workshops:

St. John Ambulance Babysitter Training (10 ½ - 16 years)

This program teaches the skills necessary to care for infants, toddlers and preschoolers. It emphasizes safety, dealing with emergencies and first aid basics. Learn what questions to ask parents. Hands on practice will help build confidence. Please bring a doll approximately 25" in height, a nut free lunch, snacks, drinks, indoor shoes and a pencil.

St. John Ambulance Home Alone (8 to 12 years)
Participants will learn how to handle telephone calls, how to handle people at the door, when to call 911, what to do in a storm, how to keep occupied, basic first aid, what to do if your friends come over and the dos and don'ts of cooking. Participants will receive a certificate of attendance.



Mystic Drumz Workshop (3 to 10 years)

Have fun with this drum show and participatory workshop.

Note: Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

Kids Fun Factory Animal Creation (3 to 10 years)

Each child personalizes a t-shirt for their special animal creation and stuffs his or her own with a wishing star. Also includes a birth certificate.

Note: Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

Burnt Offerings Ceramics Workshop (3 to 10 years)

Create your own ceramic piece in this workshop.

Note: Children under 6 years - parental supervision required. For 6-9 year olds, parents are asked to remain at the Leisure Centre. 10 year olds may attend on own.

Brick Door Lego Workshop (5 to 10 years)

Have fun with Lego, and make a small Make & Take.



Programs & Workshops

Name of Program	Age	Location	Time	Date	Course Code	# of Classes	Res Fee	Non-Res Fee
St. John Ambulance Babysitter Training	10 ½ years & older	Community Centre	9:00am - 5:00pm	Monday March 14	7479	1	\$55	\$63.25
St. John Ambulance Babysitter Training	10 ½ years & older	Community Centre	9:00am - 5:00pm	Wednesday March 16	7480	1	\$55	\$63.25
St. John Ambulance Home Alone	8 to 12 years	Community Centre	9:00am - 12:00pm	Friday March 18	7481	1	\$34	\$39.10
St. John Ambulance Home Alone	8 to 12 years	Community Centre	1:00pm - 4:00pm	Friday March 18	7482	1	\$34	\$39.10
Burnt Offerings Ceramics Workshop	3 - 10 years	BWG Leisure Centre	12:00pm - 1:30pm	Monday March 14	7475	1	\$20	\$23
Kids Fun Factory: Animal Creations	3 - 10 years	BWG Leisure Centre	11:00am - 12:00pm	Tuesday March 15	7476	1	\$25	\$28.25
Mystic Drumz Workshop	3 - 10 years	BWG Leisure Centre	12:00pm - 1:30pm	Wednesday March 16	7477	1	\$25	\$28.25
Brick Door Lego Workshop	5 - 10 years	BWG Leisure Centre	9:00am - 12:00pm	Thursday March 17	7478	1	\$35	\$40.25

Schedule subject to change without notice

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BIRTHDAY PARTIES

@ the BWG LEISURE CENTRE!

905-775-7529

www.bwgleisurecentre.ca

GYM

Kinder Play Party

- 1 hour in half the Gymnasium & 1 hour in the Party Room
- Mats for rolling and jumping, mini trampoline, tunnels, balls, hoops and more
- A Gym Attendant will be on hand to ensure proper use of the equipment and assist you with your party

Age: up to 5 years | 16 children maximum

\$155
+HST

Parental supervision and indoor shoes required.

Availability:

Saturdays & Sundays
1:30 or 4:00pm
(as space permits)
July & August 2:30pm

Sports Party

- 1 hour in half the Gymnasium & 1 hour in the Party Room
- Sports themed activities for your child's birthday party led by staff
- Select from a range of activities such as volleyball, badminton, dodge ball, floor hockey or basketball

Age: 5-12 years | 20 children maximum

\$155
+HST

SWIM

Package #1

- 1 hour in the Pool
- 1 hour in the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide

Age: all ages | 30 participant maximum

\$248
+HST

Parental supervision ratio required. See www.bwgleisurecentre.ca for **Aquatic Admission Policy**

Package #2

- 1 hour in the Pool
- 1 hour in the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide and 4 lanes of the Lap Pool with Aqua Glide (an inflatable water adventure series)

Age: all ages | 30 participant maximum

\$326
+HST

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide.

Availability:

Saturdays
starting at 3:00pm
(as space permits)

SKATE

Skating Party (Leisure Skate)

- Your group can attend a scheduled Leisure Skating session and rent a room for your party
- Cost: Public Skating rates per person plus Room Rental rates based on length of time required. Please book in advance.

Age: open to all ages

Parental supervision and helmet required

Private Skating Party

- 50 minutes on the Rink & 1 hour in the Party Room
- Private use of Ice Rink
- Party time will be based on ice and room availability

Age: open to all ages | 20 children maximum

\$208
+HST

The renter is responsible for supplying food, accessories and party favours. Additional time or space requirements must be booked in advance and will be charged accordingly.

Birthday Party Cancellation Policy: Please note that cancellation must be in writing and received by the Leisure Centre staff 7 days or more prior to booking date. You will be refunded minus a \$25.00 Administration Fee. No refunds if cancellation is less than 7 days prior to booking date.



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AQUATICS

The Bradford Lions Aquatic Centre



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www.bwgleisurecentre.ca

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or call 905-775-7529
updated monthly



What level should I register in?

The Bradford Lions
Aquatic Centre offers
FREE swimming lesson
assessments.

Please contact the pool to
request a screening during
a scheduled leisure swim.



SWIMMING ADMISSION POLICY

AGES 0-5 YEARS

- Children 5 years of age and under, regardless of swimming ability, must be directly supervised by a parent/guardian who is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 16 years of age.
- A maximum of 2 children per parent/guardian.
- Swimmers in this category will receive a **RED** wristband.

AGES 6-9 YEARS - INCOMPLETE SWIM TEST

- Children 6-9 years of age who wish to attempt the Facility Swim Test will be given a **YELLOW** wristband.
- Children 6-9 years who are unable to pass the facility swim test will receive a **RED** wristband, and must be directly supervised by a parent/guardian who is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 14 years of age.
- A maximum of 2 children per parent/guardian.
- The ratio for children between the ages of 6 and 9 years can be increased to a maximum of 4 children per parent/guardian if ALL children are wearing a PFD (Personal Flotation Device) and the parent/guardian is in the water wearing bathing attire, within arm's reach, able to render immediate assistance, and at least 14 years of age.
- Swimmers in this category will receive a **RED** wristband.

AGES 6-9 YEARS - PASSED SWIM TEST

- Children between the ages of 6 and 9 years, who are able to pass the Facility Swim Test, must be accompanied by a parent/guardian at least 14 years of age that remains within the pool enclosure or within view of the pool at all times.
- Swimmers in this category will receive a **GREEN** wristband.

AGES 10+ YEARS

- Swimmers 10 years of age and older are allowed to swim in all areas of the pool.
- Swimming with a buddy is strongly recommended.
- Swimmers in this category will receive a **GREEN** wristband.

Swim Test: The facility swim test includes, but is not limited to, swimming 2 widths of the pool and treading water for 1 minute.

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide. PFDs are not permitted on the water slide.

Serious Medical Conditions: Participants with serious medical conditions should be accompanied by individuals knowledgeable of their condition and responsible for their direct supervision.

Age Requirement Policy for Changing Room Use: Children 7 years of age or older are required to use the changing room designated for their gender. If this is not suitable, the family change room is available.

Day Camp and Group Admission Requirements: Groups defined as 10 or more individuals are required to arrive the Aquatic Programmer before the planned date to receive specific information regarding facility use.

STOP



OK!



Passed swim test



Swimming Lesson Information

SWIMMING LESSONS

Your love of swimming starts here



General Information

- All patrons are required to take a cleansing shower using soap and warm water before entering the pool deck.
- Please remember to remove your outdoor shoes on the pool deck.
- We ask that you watch from the pool viewing areas while your child is in lessons.
- Please inform the Instructor if your child is repeating the level.
- Programs not meeting registration requirements may be cancelled at any time. Programs may also be combined to meet the program standards.

Questions, Comments or Concerns During Lessons?

There is a designated Deck Supervisor on deck and available to answer questions or concerns. They are lesson experts and can solve most problems easily. Please do not hesitate to speak to one of these talented staff members immediately about your concern. Please do not wait until the last class.

Parent's Day

Parent's Day will take place during the 5th lesson. Parents are invited on deck to watch their child's swimming lesson and take pictures. Classes will end 5 minutes early to give parents the opportunity to talk to their child's Instructor about his/her progress. If you wish to visit on deck, please remember to remove your shoes! Deck shoes/flip flops are permitted on the pool deck. Please note that picture taking is only permitted on Parent's Day.

Change Room Admittance Guidelines

For the comfort of all patrons, children 7 years of age and older must use the appropriate change room of their own gender. If this is not suitable a family change room is available. Nudity is not permitted in the common areas of the family change room. Cubicles are for changing purposes only. Do not leave your belongings in the change stalls.

The benefits of swimming lessons

Build confidence

Swimming lessons do more than just teach a child how to swim. They can help give children much needed confidence, both around the pool and in life. Making new friends in a group lesson will further instill confidence in your child.

Water's many benefits

Studies have shown that babies who start swimming within the first two years of their life go on to develop a greater sense of their surroundings.

Healthy habits for life

Learning to swim opens up a whole new medium by which you and your child can get some heart healthy exercise. By showing your child that exercise, such as swimming, is fun and exciting, you'll be instilling healthy habits.

Learn how to be safe in and around water

Swimming lessons incorporate basic safety procedures in and around the water. By becoming aware of the dangers that surround the water, your child will be able to protect themselves against potential risks.

Swimming Lesson Progression Chart

The swimming program has courses for all ages!
Follow the progression starting at your age.

Parented 4-36 months



Starfish*



Duck*



Sea Turtle*

*registration and progression is based on child's age, parent/guardian participation is required

Preschool 3-6 years



Sea Otter



Salamander



Sunfish



Crocodile



Whale

School Age 5-12 years

Swim Kids 1



Swim Kids 2



Swim Kids 3



Swim Kids 4



Swim Kids 5



Swim Kids 6



Swim Kids 7



Rookie Patrol



Swim Kids 8



Ranger Patrol



Swim Kids 9



Star Patrol



Swim Kids 10

Teen/Adult 13 years +

Basics 1



Basics 2



Strokes

Check out
**Power
Swim,
Bradford
Lifesaving
Club,
& Water
Polo**

See page
86 & 92
for more
information

See page 101
for leadership
courses

Red Cross Conversion Chart: Preschool to Swim Kids Transition

If they took...	And the level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

Refund Policy & Session Dates & Fees

Swimming Lesson Refund Policy

Program cancelled by the Department of Leisure Services	Full refund, credit or transfer
If you cancel before the second lesson has started	Written request, full refund or credit
If you cancel after the second lesson has passed	No refunds, credits or transfers
If you cancel after the program is completed	No refund or credits
Non-attendance	No refunds, credits, transfers or make-up lessons
Medical reasons	Medical notes must be provided with written request. \$10 administration fee plus prorated fees will be applied.

Advising an instructor or non-attendance at classes is not considered notice of program cancellation.

Make-up Lessons

Make up classes due to a participant's illness or personal commitments will not be available. Occasionally, lessons may be cancelled due to mechanical, pool fouling, or chemical problems. Dry-land water safety lessons are part of all learn-to-swim programs. Where a pool may close in an untimely manner, instructors will use the time to focus on dry land water safety. If this is not possible, a credit may be issued for the missed class.

Please note: Aquatic Leadership Course Refund Policy available at the Customer Service Desk

NEW!

Aquatic Program Dates Fall 2015 Mini-Series

Session	Start Date	End Date	# of Classes
Tues/Thurs	Sept 8	Oct 1	8
Mon/Wed	Sept 9	Sept 30	7



Swimming Lesson Fees

	7 lessons	8 lessons	9 lessons	10 lessons
Group: 30 min	\$57.75	\$66.00	\$74.25	\$82.50
Group: 45 min	\$61.25	\$70.00	\$78.75	\$87.50
Group: 1 hour	\$64.75	\$74.00	\$83.25	\$92.50
Special Needs	\$57.75	\$66.00	\$74.25	\$82.50
1 on 1	\$168.00	\$192.00	\$216.00	\$240.00
Semi-Private	\$119.00	\$136.00	\$153.00	\$170.00
H30	\$98.00	\$112.00	\$126.00	\$140.00

Aquatic Program Dates - Fall 2015

Day	Start Date	End Date	# of Classes	Omit Dates
Saturday	Oct 3	Dec 12	10	Oct 10
Sunday	Oct 4	Dec 13	10	Oct 11
Monday	Oct 5	Dec 14	10	Oct 12
Tuesday	Oct 6	Dec 8	10	
Wednesday	Oct 7	Dec 9	10	
Thursday	Oct 8	Dec 10	10	
Friday	Oct 9	Dec 11	10	

Aquatic Program Dates - Winter 2016

Day	Start Date	End Date	# of Classes	Omit Dates
Saturday	Jan 9	Mar 5	9	
Sunday	Jan 10	Mar 6	9	
Monday	Jan 11	Mar 7	8	Feb 15
Tuesday	Jan 12	Mar 8	9	
Wednesday	Jan 13	Mar 9	9	
Thursday	Jan 14	Mar 10	9	
Friday	Jan 15	Mar 11	9	

Program Descriptions - Preschool



**8 level program for preschoolers
ages 4 months to 6 years**



STARFISH 4-12 months

Babies and their caregivers work on getting wet, buoyancy and movement, front, back and vertical position in the water, and shallow water entries and exits.



DUCK 12-24 months

Babies and their caregivers work on rhythmic breathing, moving forward and backward, front and back float with recovery, and shallow water entries and exits.



SEA TURTLE 24-36 months

Toddlers and their caregivers work on submersion, front and back floats and glides, jumping into chest-deep water with assistance, kicking on front and front swim.



SEA OTTER 3-5 years

This is the entry level for 3-5 year olds who have not taken swimming lessons. Swimmers work on assisted front and back float and glides, and kicking on front.



SALAMANDER 3-5 years

Swimmers work on improving their front and back float and jumping into chest-deep water unassisted. Kicking is added to the front and back glide.



SUNFISH 3-6 years

Swimmers work on kicking and can perform front and back glides, enter deep water safely, float in deep water and swim 5 metres continuously.



CROCODILE 3-6 years

Swimmers further develop the front and back glide with kick, front and back swim, swim with a PFD in deep water, and swim 10 metres continuously.



WHALE 3-6 years

Children learn to swim independently, increase their distance and improve skills in front and back swims, and swim 15 metres continuously.

Preschool - Fall



Starfish (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-12 mos. Length: 30 min. Ratio: 1:10	Sat	Oct 3	10:00am	10	6782
	Sun	Oct 4	10:00am	10	6783
	Tues	Oct 6	10:15am	10	6784
Resident Fees: 10 Classes:\$82.50	Tues	Oct 6	5:30pm	10	6785
	Wed	Oct 7	6:15pm	10	6786
	Thurs	Oct 8	5:30pm	10	6787



Duck (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-24 mos. Length: 30 min. Ratio: 1:10	Sat	Oct 3	9:00am	10	6788
	Sat	Oct 3	10:45am	10	6789
	Sun	Oct 4	9:00am	10	6790
Resident Fees: 10 Classes:\$82.50	Sun	Oct 4	10:45am	10	6791
	Tues	Oct 6	9:15am	10	6792
	Tues	Oct 6	6:15pm	10	6793
	Fri	Oct 9	6:15pm	10	6794



Sea Turtle (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 24-36 mos. Length: 30 min. Ratio: 1:10	Sat	Oct 3	9:30am	10	6795
	Sat	Oct 3	11:15am	10	6796
	Sun	Oct 4	9:30am	10	6797
Resident Fees: 10 Classes:\$82.50	Sun	Oct 4	11:15am	10	6798
	Mon	Oct 5	6:15pm	10	6799
	Tues	Oct 6	9:45am	10	6800
	Thurs	Oct 8	6:15pm	10	6801
	Fri	Oct 9	6:45pm	10	6802

DIAPER FIT

During the first half hour of class parents will enjoy a challenging Aquafit workout while children sit along in dolphin floating seats, allowing them to splash with his/her hands and feet. Class will finish in the relaxation pool where the children will enjoy active sing-alongs.



For more information
see page 36

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

ICE SAFETY

- Always check the ice thickness beforehand.
- You cannot tell the strength of the ice by its appearance.
- Many factors affect ice thickness including: type of water, location, and time of year.
- If you fall through ice use the air trapped in your clothing to get into a floating position on your stomach.
- Reach forward onto the broken ice without pushing down.
- When you are back on ice, roll away from the open area to evenly distribute your weight.





Sea Otter

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. Length: 30 min. Ratio: 1:4	Tu/Th	Sept 8	4:30pm	8	6384
	M/W	Sept 9	5:00pm	7	6385
	M/W	Sept 9	6:15pm	7	6386
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	9:15am	10	6803
	Sat	Oct 3	9:45am	10	6804
	Sat	Oct 3	10:15am	10	6805
	Sat	Oct 3	10:45am	10	6806
	Sat	Oct 3	11:15am	10	6807
	Sat	Oct 3	11:30am	10	6808
	Sun	Oct 4	9:15am	10	6809
	Sun	Oct 4	9:45am	10	6810
	Sun	Oct 4	10:15am	10	6811
	Sun	Oct 4	10:45am	10	6812
	Sun	Oct 4	11:15am	10	6813
	Sun	Oct 4	11:30am	10	6814
	Mon	Oct 5	4:45pm	10	6815
	Mon	Oct 5	5:30pm	10	6816
	Mon	Oct 5	6:30pm	10	6817
	Tues	Oct 6	9:15am	10	6818
	Tues	Oct 6	10:15am	10	6819
	Tues	Oct 6	4:45pm	10	6820
	Tues	Oct 6	5:30pm	10	6821
	Tues	Oct 6	6:30pm	10	6822
	Wed	Oct 7	4:45pm	10	6823
	Wed	Oct 7	6:30pm	10	6824
	Thurs	Oct 8	4:45pm	10	6825
	Thurs	Oct 8	5:30pm	10	6826
	Thurs	Oct 8	6:15pm	10	6827
	Fri	Oct 9	5:30pm	10	6828
	Fri	Oct 9	6:30pm	10	6829



Sea Otter - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	6:45pm	10	6830
	Tues	Oct 6	6:15pm	10	6831
	Wed	Oct 7	5:30pm	10	6832
Resident Fees: 10 Classes: \$140.00	Thurs	Oct 8	5:45pm	10	6833
	Fri	Oct 9	4:45pm	10	6834

NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.



Salamander

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. Length: 30 min. Ratio: 1:5	Tu/Th	Sept 8	5:00pm	8	6387
	M/W	Sept 9	4:30pm	7	6388
	Sat	Oct 3	9:00am	10	6835
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	9:30am	10	6836
	Sat	Oct 3	10:00am	10	6837
	Sat	Oct 3	11:00am	10	6838
	Sat	Oct 3	11:30am	10	6839
	Sun	Oct 4	9:00am	10	6840
	Sun	Oct 4	9:30am	10	6841
	Sun	Oct 4	10:00am	10	6842
	Sun	Oct 4	11:00am	10	6843
	Sun	Oct 4	11:30am	10	6844
	Mon	Oct 5	5:15pm	10	6845
	Mon	Oct 5	7:15pm	10	6846
	Tues	Oct 6	9:45am	10	6847
	Tues	Oct 6	5:00pm	10	6848
	Tues	Oct 6	6:30pm	10	6849
	Wed	Oct 7	5:15pm	10	6850
	Wed	Oct 7	7:00pm	10	6851
	Thurs	Oct 8	5:00pm	10	6852
	Thurs	Oct 8	6:30pm	10	6853
	Fri	Oct 9	5:15pm	10	6854
	Fri	Oct 9	6:30pm	10	6855



Salamander - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	6:15pm	10	6856
	Tues	Oct 6	5:45pm	10	6857
	Wed	Oct 7	6:15pm	10	6858
Resident Fees: 10 Classes: \$140.00	Thurs	Oct 8	5:45pm	10	6859
	Fri	Oct 9	5:00pm	10	6860

NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.

H30

Low Ratio Classes

H30 swimming lessons provide a smaller ratio environment for learning. H30 swimming lessons are limited to three participants per instructor.

Preschool - Fall



Crocodile/Whale

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:6	M/W	Sept 9	5:00pm	7	6391
	Sat	Oct 3	9:15am	10	6875
	Sun	Oct 4	10:00am	10	6876
Resident Fees: 7 Classes: \$57.75 10 Classes: \$82.50	Mon	Oct 5	6:45pm	10	6877
	Wed	Oct 7	7:00pm	10	6878
	Fri	Oct 9	4:30pm	10	6879



Sunfish

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:5	Tu/Th	Sept 8	5:00pm	8	6389
	M/W	Sept 9	6:45pm	7	6390
	Sat	Oct 3	9:30am	10	6861
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	10:15am	10	6862
	Sat	Oct 3	11:30am	10	6863
	Sun	Oct 4	9:30am	10	6864
	Sun	Oct 4	10:15am	10	6865
	Sun	Oct 4	11:30am	10	6866
	Mon	Oct 5	5:45pm	10	6867
	Tues	Oct 6	5:15pm	10	6868
	Wed	Oct 7	5:45pm	10	6869
	Thurs	Oct 8	5:00pm	10	6870
	Fri	Oct 9	6:15pm	10	6871



Sunfish - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:3	Tues	Oct 6	5:45pm	10	6872
	Wed	Oct 7	7:00pm	10	6873
	Thurs	Oct 8	5:15pm	10	6874
Resident Fees: 10 Classes: \$140.00	NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.				

Red Cross Conversion Chart Preschool to Swim Kids Transition

If they took...	The level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4

NO PHOTOS OR VIDEOS PLEASE!



Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, pool areas, or in the viewing gallery during swimming programs or recreational swims.

SWIMMING MERCHANDISE FOR SALE!



Goggles, swim caps
and more!
Available for purchase at
Customer Service

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

MAKE A SPLASH !

Have your next birthday party at the
Bradford Lions Aquatic Centre

PACKAGE #1

\$248
+HST

- 1 hour of the Pool
- 1 hour of the Party Room
- Pool includes: Leisure Pool, Relaxation Pool and Water Slide
- Maximum 30 participants*

PACKAGE #2

\$326
+HST

- 1 hour of the Pool
- 1 hour of the Party Room
- Pool includes: Leisure Pool, Relaxation Pool, Water Slide, and 4 lanes of the Lap Pool with Aqua Glide (an inflatable water adventure series)
- Maximum 30 participants*

Interested in Booking a Pool Birthday Party?

Applications for Pool Rentals are available online at
www.bwgleisurecentre.ca or at the Customer Service Desk

Pool Birthday Parties are available Saturdays starting at 3:00pm (as space permits)



*Parental supervision ratio required. See www.bwgleisurecentre.ca for the Aquatic Admission Policy
Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide.

Preschool - Winter



Starfish (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-12 mos.	Sat	Jan 9	10:00am	9	7069
Length: 30 min.	Sun	Jan 10	10:00am	9	7070
Ratio: 1:10	Tues	Jan 12	10:15am	9	7071
Resident Fees: 9 Classes: \$74.25					



Starfish/Duck (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 4-24 mos.	Wed	Jan 13	6:15pm	9	7072
Length: 30 min.	Fri	Jan 15	6:15pm	9	7073
Ratio: 1:10					
Resident Fees: 9 Classes: \$74.25					



Duck (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-24 mos.	Sat	Jan 9	9:00am	9	7074
Length: 30 min.	Sat	Jan 9	10:45am	9	7075
Ratio: 1:10	Sun	Jan 10	9:00am	9	7076
Resident Fees: 9 Classes: \$74.25	Sun	Jan 10	10:45am	9	7077
	Tues	Jan 12	9:15am	9	7078



Sea Turtle (Parented)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 24-36 mos.	Sat	Jan 9	9:30am	9	7079
Length: 30 min.	Sat	Jan 9	11:15am	9	7080
Ratio: 1:10	Sun	Jan 10	9:30am	9	7081
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sun	Jan 10	11:15am	9	7082
	Mon	Jan 11	6:15pm	8	7083
	Tues	Jan 12	9:45am	9	7084
	Thurs	Jan 14	6:15pm	9	7085

H3O

Low Ratio Classes

H30 swimming lessons provide a smaller ratio environment for learning. *H30 swimming lessons are limited to three participants per Instructor.*



Sea Otter

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5yrs.	Sat	Jan 9	9:45am	9	7086
Length: 30 min.	Sat	Jan 9	10:15am	9	7087
Ratio: 1:4	Sat	Jan 9	10:45am	9	7088
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sat	Jan 9	11:30am	9	7089
	Sun	Jan 10	9:45am	9	7090
	Sun	Jan 10	10:15am	9	7091
	Sun	Jan 10	10:45am	9	7092
	Sun	Jan 10	11:30am	9	7093
	Mon	Jan 11	5:30pm	8	7094
	Mon	Jan 11	7:15pm	8	7095
	Tues	Jan 12	9:15am	9	7096
	Tues	Jan 12	5:30pm	9	7097
	Wed	Jan 13	4:45pm	9	7098
	Wed	Jan 13	6:45pm	9	7099
	Thurs	Jan 14	4:45pm	9	7100
	Thurs	Jan 14	5:30pm	9	7101
	Thurs	Jan 14	6:15pm	9	7102
	Fri	Jan 15	5:30pm	9	7103



Sea Otter - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs.	Mon	Jan 11	6:45pm	8	7124
Length: 30 min.	Tues	Jan 12	6:15pm	9	7125
Ratio: 1:3					
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					

NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.



What level should I register in?

The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments. *Please contact the pool to request a screening during a scheduled leisure swim.*



Program spaces are limited.
Register early to avoid disappointment!
www.bwgleisurecentre.ca



Salamander

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5yrs. Length: 30 min. Ratio: 1:5	Sat	Jan 9	9:00am	9	7104
	Sat	Jan 9	9:30am	9	7105
	Sat	Jan 9	11:00am	9	7106
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sat	Jan 9	11:30am	9	7107
	Sun	Jan 10	9:00am	9	7108
	Sun	Jan 10	9:30am	9	7109
	Sun	Jan 10	11:00am	9	7110
	Sun	Jan 10	11:30am	9	7111
	Mon	Jan 11	5:30pm	8	7112
	Mon	Jan 11	7:15pm	8	7113
	Tues	Jan 12	9:45am	9	7114
	Tues	Jan 12	5:00pm	9	7115
	Tues	Jan 12	6:30pm	9	7116
	Wed	Jan 13	5:30pm	9	7117
	Wed	Jan 13	7:00pm	9	7118
	Thurs	Jan 14	5:00pm	9	7119
	Thurs	Jan 14	5:30pm	9	7120
	Thurs	Jan 14	6:30pm	9	7121
	Fri	Jan 15	5:00pm	9	7122
	Fri	Jan 15	6:30pm	9	7123



Salamander - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-5 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	6:15pm	8	7126
	Tues	Jan 12	5:45pm	9	7127
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					

NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.

Red Cross Conversion Chart

Preschool to Swim Kids Transition

If they took...	The level was marked...	Register them in...
Sea Otter or Salamander	Complete or Incomplete	Swim Kids 1
Sunfish	Incomplete	Swim Kids 1
Sunfish	Complete	Swim Kids 2
Crocodile	Incomplete	Swim Kids 2
Crocodile	Complete	Swim Kids 3
Whale	Incomplete	Swim Kids 3
Whale	Complete	Swim Kids 4



Sunfish

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6yrs. Length: 30 min. Ratio: 1:6	Sat	Jan 9	10:15am	9	7128
	Sun	Jan 10	10:15am	9	7129
	Mon	Jan 11	5:45pm	8	7130
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Tues	Jan 12	5:15pm	9	7131
	Wed	Jan 13	5:45pm	9	7132
	Wed	Jan 13	6:45pm	9	7133
	Thurs	Jan 14	5:00pm	9	7134



Sunfish - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	7:00pm	8	7137
	Tues	Jan 12	5:45pm	9	7138

Resident Fees:
8 Classes: \$112.00
9 Classes: \$126.00

NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.



Crocodile/Whale

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-6yrs. Length: 30 min. Ratio: 1:6	Sat	Jan 9	9:15am	9	7139
	Sun	Jan 10	10:00am	9	7140
	Mon	Jan 11	6:45pm	8	7141
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Wed	Jan 13	7:00pm	9	7142
	Fri	Jan 15	4:30pm	9	7143



Waitlists Work!

By adding your name to a waitlist, it allows staff to create new programs when possible. When placing your name on a waitlist please choose a day/time closest to what works best for you. Staff will contact you if any spots open up. *Limit of 2 waitlists per participant.*

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Program Descriptions - Child & Youth



10-level program for children ages 5-12 years

SWIM KIDS LEVEL 1

Swimmers receive an orientation to water and the pool area and work on floats, glides and kicking.

SWIM KIDS LEVEL 2

Swimmers work on the front swim (5m) and the use of a PFD. Fitness activities include a 10m distance swim.

SWIM KIDS LEVEL 3

This level provides an introduction to diving. Endurance is achieved in the flutter kick and a 15-metre swim.

SWIM KIDS LEVEL 4

This level introduces front crawl and back swim with shoulder roll. Endurance is built through a 25m swim.

SWIM KIDS LEVEL 5

This level introduces the back crawl (15m), whip kick on the back, and treading water. Front crawl increases to 15m. Endurance is developed through a 50m swim.

SWIM KIDS LEVEL 6

This level refines front crawl (25m), back crawl (25m), and introduces elementary backstroke (15m). Endurance is built through dolphin kick and a 75m swim.

SWIM KIDS LEVEL 7

This level builds skills and endurance for the front crawl (50m), back crawl (50m), and elementary backstroke (25m), and introduces whip kick on the front. Swimming endurance is increased to a 150m swim.

SWIM KIDS LEVEL 8

This level is an introduction to breast stroke (15m). Endurance is built on a 300m swim. Front crawl and back crawl distances are increased to 75m each.

SWIM KIDS LEVEL 9

This level refines the front crawl (100m), back crawl (100m), elementary back stroke (50m), and breast stroke (25m), and encourages swimmers to combine different kicks for fitness (3 mins). Endurance is built through a 400m swim.

SWIM KIDS LEVEL 10

This level is a final assessment of the strokes for technique and distance (front crawl 100m, back crawl 100m, elementary back stroke 50m, breast stroke 50m and sidestroke 25m). Endurance is built using the dolphin kick (vertical) and a 500m swim.



LIFESAVING SOCIETY®
The Lifeguarding Experts

4-level program for children ages 8-14 years

ROOKIE PATROL

Swimmers continue stroke development. Lifesaving sport skills includes 25 m obstacle swim and 15 m object carry. Fitness improves in a 100 m timed swim.

RANGER PATROL

Lifesaving sport skills include a lifesaving medley and timed object support. First aid focuses on assessment of unconscious victims and obstructed airway procedures.

STAR PATROL

Swimmers are challenged with 600 m workouts, 300 m timed swims, and a 25 m object carry. Lifesaving skills include defence methods and victim removals.

BRONZE STAR

Excellent preparation for success in Bronze Medallion. Candidates learn CPR and develop lifesaving skills. Includes a timed 400 m swim. Prerequisites: Rookie, Ranger or Star Patrol level experience recommended.

Swim Kids Level 1

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Tu/Th	Sept 8	5:30pm	8	6392
	M/W	Sept 9	6:15pm	7	6393
	Sat	Oct 3	9:15am	10	6880
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	11:00am	10	6881
	Sun	Oct 4	9:15am	10	6882
	Sun	Oct 4	11:00am	10	6883
	Mon	Oct 5	6:30pm	10	6884
	Tues	Oct 6	4:45pm	10	6885
	Tues	Oct 6	6:15pm	10	6886
	Wed	Oct 7	5:15pm	10	6887
	Wed	Oct 7	6:30pm	10	6888
	Thurs	Oct 8	4:45pm	10	6889
	Thurs	Oct 8	6:30pm	10	6890
	Fri	Oct 9	4:45pm	10	6891
	Fri	Oct 9	5:45pm	10	6892

Swim Kids Level 1 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	5:15pm	10	6893
	Tues	Oct 6	5:15pm	10	6894
	Wed	Oct 7	7:15pm	10	6895
Resident Fees: 10 Classes: \$140.00	NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.				

Swim Kids Level 2

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Tu/Th	Sept 8	6:15pm	8	6394
	M/W	Sept 9	5:30pm	7	6395
	Sat	Oct 3	9:00am	10	6896
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	10:00am	10	6897
	Sat	Oct 3	11:00am	10	6898
	Sun	Oct 4	9:00am	10	6899
	Sun	Oct 4	10:00am	10	6900
	Sun	Oct 4	11:00am	10	6901
	Mon	Oct 5	6:45pm	10	6902
	Tues	Oct 6	5:30pm	10	6903
	Wed	Oct 7	5:00pm	10	6904
	Thurs	Oct 8	5:30pm	10	6905
	Thurs	Oct 8	6:15pm	10	6906
	Fri	Oct 9	5:30pm	10	6907
	Fri	Oct 9	6:15pm	10	6908

H30

Low Ratio Classes

H30 swimming lessons provide a smaller ratio environment for learning. H30 swimming lessons are limited to three participants per instructor.

Swim Kids Level 2 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	5:00pm	10	6909
	Tues	Oct 6	5:00pm	10	6910
	Wed	Oct 7	6:45pm	10	6911
Resident Fees: 10 Classes: \$140.00	NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.				

Swim Kids Level 3

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Tu/Th	Sept 8	6:15pm	8	6396
	M/W	Sept 9	4:30pm	7	6397
	Sat	Oct 3	9:45am	10	6912
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	11:30am	10	6913
	Sun	Oct 4	9:45am	10	6914
	Sun	Oct 4	11:30am	10	6915
	Mon	Oct 5	6:15pm	10	6916
	Tues	Oct 6	4:30pm	10	6917
	Wed	Oct 7	5:15pm	10	6918
	Wed	Oct 7	7:30pm	10	6919
	Thurs	Oct 8	5:30pm	10	6920
	Fri	Oct 9	5:00pm	10	6921
	Fri	Oct 9	6:15pm	10	6922

Swim Kids Level 3 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	7:15pm	10	6923
	Tues	Oct 6	6:15pm	10	6924
Resident Fees: 10 Classes: \$140.00	NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.				

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Child & Youth - Fall



What level should I register in?

The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments. Please contact the pool to request a screening during a scheduled leisure swim.

Swim Kids Level 4

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Tu/Th	Sept 8	5:00pm	8	6398
	M/W	Sept 9	5:30pm	7	6399
	Sat	Oct 3	9:15am	10	6925
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sat	Oct 3	11:00am	10	6926
	Sun	Oct 4	9:15am	10	6927
	Sun	Oct 4	11:00am	10	6928
	Mon	Oct 5	4:30pm	10	6929
	Wed	Oct 6	6:15pm	10	6930
	Tues	Oct 7	5:15pm	10	6931
	Thurs	Oct 8	6:00pm	10	6932
	Fri	Oct 9	4:30pm	10	6933

Swim Kids Level 4 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	7:00pm	10	6934
	Tues	Oct 6	5:00pm	10	6935
Resident Fees: 10 Classes: \$140.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 5

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:8	Tu/Th	Sept 8	5:30pm	8	6400
	M/W	Sept 9	5:30pm	7	6401
	Sat	Oct 3	9:45am	10	6936
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Sun	Oct 4	9:45am	10	6937
	Sun	Oct 4	11:30am	10	6938
	Mon	Oct 5	4:30pm	10	6939
	Tues	Oct 6	6:15pm	10	6940
	Wed	Oct 7	5:15pm	10	6941
	Thurs	Oct 8	6:30pm	10	6942
	Fri	Oct 9	5:30pm	10	6943

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Swim Kids Level 5 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Oct 5	6:00pm	10	6944
	Tues	Oct 6	5:30pm	10	6945
Resident Fees: 10 Classes: \$140.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 6

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:8	Tu/Th	Sept 8	5:15pm	8	6402
	M/W	Sept 9	6:15pm	7	6403
	Sat	Oct 3	9:45am	10	6946
Resident Fees: 7 Classes: \$61.25 8 Classes: \$70.00 10 Classes: \$87.50	Sun	Oct 4	9:15am	10	6947
	Mon	Oct 5	4:30pm	10	6948
	Tues	Oct 6	5:15pm	10	6949
	Fri	Oct 9	6:15pm	10	6950

Swim Kids Level 7

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 3	9:00am	10	6951
	Sun	Oct 4	9:00am	10	6952
	Tues	Oct 6	4:30pm	10	6953
Resident Fees: 10 Classes: \$87.50					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 7/8

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Tu/Th	Sept 8	4:30pm	8	6404
	M/W	Sept 9	6:15pm	7	6405
Resident Fees: 7 Classes: \$61.25 8 Classes: \$70.00					



Waitlists Work!

By adding your name to a waitlist, it allows staff to create new programs when possible. When placing your name on a waitlist please choose a day/time closest to what works best for you. Staff will contact you if any spots open up. *Limit of 2 waitlists per participant.*

York Synchronized Swim Club

www.yorksynchro.com
905-235-5059

LSS Rookie Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Oct 4	9:00am	10	6955
	Mon	Oct 5	6:00pm	10	6956
	Fri	Oct 9	4:30pm	10	6957
Resident Fees: 10 Classes:\$92.50					

Swim Kids Level 8

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 3	9:15am	10	6958
	Sun	Oct 4	10:45am	10	6959
	Mon	Oct 5	5:15pm	10	6960
	Fri	Oct 9	6:30pm	10	6961
Resident Fees: 10 Classes:\$87.50					

LSS Ranger Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Oct 4	10:45am	10	6962
	Mon	Oct 5	7:00pm	10	6963
	Fri	Oct 9	5:00pm	10	6964
Resident Fees: 10 Classes:\$92.50					

Swim Kids Level 9

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 3	10:45am	10	6965
	Mon	Oct 5	5:00pm	10	6966
	Wed	Oct 7	4:30pm	10	6967
Resident Fees: 10 Classes:\$87.50					

Swim Kids Level 9/10

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Tu/Th	Sept 8	6:15pm	8	6406
Resident Fees: 8 Classes:\$70.00					

LSS Star Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Oct 4	10:45am	10	6968
	Mon	Oct 5	7:00pm	10	6969
	Fri	Oct 9	5:00pm	10	6970
Resident Fees: 10 Classes:\$92.50					

Swim Kids Level 10

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Oct 3	10:45am	10	6971
	Mon	Oct 5	5:00pm	10	6972
	Wed	Oct 7	4:30pm	10	6973
Resident Fees: 10 Classes:\$87.50					

Bronze Star

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-14 yrs. Length: 1 hour Ratio: 1:10	Sat	Oct 3	11:00am	10	6974
Resident Fees: 10 Classes:\$101.80					

WHAT'S NEXT?

Check out page 98 for further aquatic qualifications and how to become a Lifeguard and Swimming Instructor!

Child & Youth - Fall



Bradford Lifesaving Club Junior Division

The Bradford Lifesaving Club Junior Division will introduce athletes to the sport of Lifesaving through Fundamentals Level 1 and 2, while encouraging healthy living and regular physical fitness. Prerequisites: Swim Kids Level 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Fri	Oct 9	6:15pm	10	6975

Resident Fees:
\$92.50

Intermediate Division

The Bradford Lifesaving Club Intermediate Division trains athletes in the sport of Lifesaving through Fundamentals Level 3-5, while encouraging healthy living and regular physical fitness. Prerequisites: Completion of Fundamentals Level 2 or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Mon/ Wed	Oct 5	6:00pm	20	6976
	Mon	Oct 5	6:00pm	10	7493
	Wed	Oct 7	6:00pm	10	7494
Resident Fees: 10 Classes: \$92.50 20 Classes: \$185.00					



I Love Water Polo

Swimmers learn the theory and skills behind this competitive water sport in a fun, positive atmosphere. Through drills in ball handling, kicking, and stroke technique, participants improve their efficiency and endurance in the water, and practice their new skills in exciting and challenging water polo games. No prior water polo experience is required. Prerequisite: Swim Kids 5

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-12 yrs. Length: 1 hour Ratio: 1:12	Mon	Oct 5	7:00pm	10	6977

Resident Fees:
10 Classes:
\$46.25*

*Introductory Promotional Offer

Power Swim

This swim program focuses on swim techniques and personal goals while introducing competitive swim strokes, turns and endurance training in a coached environment. Prerequisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Tues	Oct 6	4:45pm	10	6978
	Thurs	Oct 8	4:45pm	10	6979

Resident Fees:
10 Classes:
\$92.50

Power Swim Advanced

This advanced level builds on the competitive skills learned in Power Swim. Participants learn competitive stroke techniques in front crawl, back crawl, breaststroke and butterfly and racing skills including flip turns, dives from starting blocks and using the pace clock to reach their target zone. Swimmers improve their efficiency and endurance in the water as well as their overall physical fitness. Prerequisite: Completion of a minimum of 1 session of Power Swim and/or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Tues/ Thurs	Oct 6	6:00pm	20	6980

Resident Fees:
20 Classes:
\$185.00



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Family Lessons

If you have 2 or more children of different swimming levels, this program is perfect for you! The experienced Instructors will use multi-level teaching techniques with individualized lessons (e.g. the class may have a child in level 3, 4 or 5 all in one class). Class sizes may vary. Please note these lessons are not available for Parent & Tot programs, Rookie, Ranger or Star Patrol, or Bronze Star levels. Please contact the pool to request a swimming lesson assessment if you are unsure of what swimming lesson level to register in.

Level Information	Level	Day	Start Dates	Time	Classes	Code
Age: 3-12 yrs.	Sea Otter/ Salamander	Sun	Oct 4	3:15pm	10	6981
		Sun	Oct 4	4:00pm	10	6982
Length: 45 min.	Sunfish/ Swim Kids 1-2	Sun	Oct 4	3:15pm	10	6983
		Sun	Oct 4	4:00pm	10	6984
Resident Fees: 10 Classes: \$67.50	Crocodile/ Whale Swim Kids 3-4	Sun	Oct 4	3:15pm	10	6985
		Sun	Oct 4	4:00pm	10	6986
	Swim Kids 5-6	Sun	Oct 4	3:15pm	10	6987
		Sun	Oct 4	4:00pm	10	6988
	Swim Kids 7-10	Sun	Oct 4	3:15pm	10	6989
		Sun	Oct 4	4:00pm	10	6990

NO PHOTOS OR VIDEOS PLEASE!



Please note that to ensure the privacy of others, the use of cell phone devices, filming or photography will not be permitted in the change rooms, pool areas, or in the viewing gallery during swimming programs or recreational swims.

Red Cross Swim Adapted

(Special Needs Swim Lessons)

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form prior to their first lesson. Forms can be accessed through the customer service desk at the Leisure Centre or online at www.bwgleisurecentre.ca. All forms must be submitted prior to the first class.

Red Cross Swim Adapted Leisure Pool

For levels: Sea Otter-Sunfish, Swim Kids Level 1-2

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sept 8	5:30pm	8	6407
	M/W	Sept 9	5:00pm	7	6408
Length: 30 min. Ratio: 1:1	Mon	Oct 5	4:45pm	10	6991
	Mon	Oct 5	5:00pm	10	6992
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Mon	Oct 5	5:45pm	10	6993
	Mon	Oct 5	7:00pm	10	6994
	Tues	Oct 6	4:30pm	10	6995
	Tues	Oct 6	5:00pm	10	6996
	Wed	Oct 7	4:45pm	10	6997
	Wed	Oct 7	5:00pm	10	6998
	Wed	Oct 7	5:45pm	10	6999
	Wed	Oct 7	7:15pm	10	7000
	Thurs	Oct 8	4:30pm	10	7001
	Thurs	Oct 8	5:00pm	10	7002
	Fri	Oct 9	4:30pm	10	7003
	Fri	Oct 9	5:00pm	10	7004
	Fri	Oct 9	5:15pm	10	7005
	Fri	Oct 9	5:45pm	10	7006

Red Cross Swim Adapted Lap Pool

For levels: Crocodile-Whale, Swim Kids Level 3-10

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sept 8	6:15pm	8	6409
	M/W	Sept 9	5:00pm	7	6410
Length: 30 min. Ratio: 1:1	Mon	Oct 5	4:45pm	10	7007
	Mon	Oct 5	5:15pm	10	7008
Resident Fees: 7 Classes: \$57.75 8 Classes: \$66.00 10 Classes: \$82.50	Mon	Oct 5	7:00pm	10	7009
	Mon	Oct 5	7:30pm	10	7010
	Tues	Oct 6	5:00pm	10	7011
	Tues	Oct 6	5:30pm	10	7012
	Thurs	Oct 8	5:00pm	10	7013
	Fri	Oct 9	4:30pm	10	7014
	Fri	Oct 9	5:30pm	10	7015

Child & Youth - Fall

SEMI-PRIVATE LESSONS

If you are interested in semi-private swimming lessons register the first child in a 1 on 1 time slot and contact the Aquatic Programmer at 905-775-7529 ext. 8402 to add the second child. Semi-private fees listed on page 74.

Please note that children must be no more than 1 level apart to take semi-private lessons.

1 on 1 Swim Lessons

Recommended for children 3-14 years who have been working towards a level, but need individual attention because of a specific stroke or skill problem. Please note these lessons are not available for Parent and Tot programs, Rookie, Ranger or Star Patrol, Bronze Star levels or leadership levels.

1 on 1 Swim Lessons Lap Pool

(For levels: Crocodile-Whale, Swim Kids Level 3-10)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	M/W	Sept 9	4:30pm	7	6416
Length: 30 min.	Sat	Oct 3	10:00am	10	7046
Ratio: 1:1	Sat	Oct 3	10:15am	10	7047
Resident Fees:	Sat	Oct 3	10:15am	10	7048
7 Classes: \$168	Sat	Oct 3	11:30am	10	7049
8 Classes: \$192	Sat	Oct 3	11:30am	10	7050
10 Classes: \$240	Sun	Oct 4	10:00am	10	7051
	Sun	Oct 4	10:15am	10	7052
	Sun	Oct 4	10:15am	10	7053
	Sun	Oct 4	11:00am	10	7054
	Sun	Oct 4	11:30am	10	7055
	Mon	Oct 5	4:45pm	10	7056
	Mon	Oct 5	5:15pm	10	7057
	Mon	Oct 5	6:30pm	10	7058
	Mon	Oct 5	7:30pm	10	7059
	Mon	Oct 5	7:45pm	10	7060
	Tues	Oct 6	4:30pm	10	7061
	Wed	Oct 7	4:45pm	10	7062
	Thurs	Oct 8	4:30pm	10	7063
	Fri	Oct 9	4:30pm	10	7064
	Fri	Oct 9	5:00pm	10	7065
	Fri	Oct 9	5:00pm	10	7066
	Fri	Oct 9	5:30pm	10	7067
	Fri	Oct 9	6:45pm	10	7068

1 on 1 Swim Lessons Leisure Pool (For levels: Sea Otter-Sunfish, Swim Kids Level 1-2)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Tu/Th	Sept 8	4:30pm	8	6411
Length: 30 min.	M/W	Sept 9	4:30pm	7	6412
Ratio: 1:1	M/W	Sept 9	5:30pm	7	6413
Resident Fees:	Sat	Oct 3	9:15am	10	7016
7 Classes: \$168	Sat	Oct 3	9:45am	10	7017
8 Classes: \$192	Sat	Oct 3	9:45am	10	7018
10 Classes: \$240	Sat	Oct 3	10:15am	10	7019
	Sat	Oct 3	10:45am	10	7020
	Sat	Oct 3	11:15am	10	7021
	Sun	Oct 4	9:15am	10	7022
	Sun	Oct 4	9:45am	10	7023
	Sun	Oct 4	9:45am	10	7024
	Sun	Oct 4	10:15am	10	7025
	Sun	Oct 4	10:45am	10	7026
	Sun	Oct 4	11:15am	10	7027
	Mon	Oct 5	4:30pm	10	7028
	Mon	Oct 5	4:30pm	10	7029
	Mon	Oct 5	5:30pm	10	7030
	Mon	Oct 5	7:00pm	10	7031
	Mon	Oct 5	7:15pm	10	7032
	Tues	Oct 6	4:30pm	10	7033
	Tues	Oct 6	4:30pm	10	7034
	Wed	Oct 7	4:30pm	10	7035
	Wed	Oct 7	4:30pm	10	7036
	Wed	Oct 7	5:30pm	10	7037
	Wed	Oct 7	6:45pm	10	7038
	Thurs	Oct 8	4:30pm	10	7039
	Thurs	Oct 8	4:30pm	10	7040
	Thurs	Oct 8	5:15pm	10	7041
	Fri	Oct 9	4:30pm	10	7042
	Fri	Oct 9	4:30pm	10	7043
	Fri	Oct 9	5:00pm	10	7044
	Fri	Oct 9	5:30pm	10	7045

Waitlists Work!

By adding your name to a waitlist, it allows staff to create new programs when possible. Staff will contact you if any spots open up. *Limit of 2 waitlists per participant.*

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

AQUA ADVENTURES

MARCH BREAK CAMP

Monday, March 13-Friday, March 17

9:00am-4:00pm

Make a SPLASH in this 1 week camp. This camp combines swimming games with traditional camp activities! Children have the opportunity to sample water sports and activities such as snorkeling, water polo and boating during their 2 daily swims. Through this combination of fun and challenging cardio activities children build a strong swimming foundation, increase their strength and endurance, and develop teamwork and communication skills.

Ages 7-10 years • Res. Fee: \$165.00 • Course Code: 7318



WINTER BREAK • DEC 21-JAN 3

MARCH BREAK • MAR 14-18

Swimming Schedules

Available 2 weeks before
at www.bwgleisurecentre.ca

BRONZE MEDALLION

MARCH BREAK COURSE

Monday, March 13-Friday, March 17

9:00am-4:00pm

Candidates learn lifesaving principles embodied in the four components of water rescue education: judgment, fitness, knowledge and skill. Rescuers learn tows, carries and release methods in preparation for risky and challenging rescues. Includes a 500 meter timed endurance swim. Emergency First Aid provides a general knowledge and practical experience in selected aspects of first aid and CPR.

Prerequisite: 13 years or Bronze Star

Res. Fee: \$218.45 • **Course Code:** 6772



TRICK or SWIM

Purchase 10 Swims for \$10

A great alternative to handing out candy at Halloween

Available for purchase at the Leisure Centre. Call 905-775-7529 for more information.



Child & Youth - Winter



What level should I register in?

The Bradford Lions Aquatic Centre offers FREE swimming lesson assessments. Please contact the pool to request a screening during a scheduled leisure swim.

H3O

Low Ratio Classes

H3O swimming lessons provide a smaller ratio environment for learning. H3O swimming lessons are limited to three participants per Instructor.

Swim Kids Level 1

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Sat	Jan 9	9:15am	9	7144
	Sat	Jan 9	11:00am	9	7145
	Sun	Jan 10	9:15am	9	7146
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sun	Jan 10	11:00am	9	7147
	Mon	Jan 11	6:30pm	8	7148
	Tues	Jan 12	6:30pm	9	7149
	Wed	Jan 13	5:15pm	9	7150
	Wed	Jan 13	6:30pm	9	7151
	Thurs	Jan 14	4:45pm	9	7152
	Thurs	Jan 14	6:30pm	9	7153
	Fri	Jan 15	4:45pm	9	7154

Swim Kids Level 1 - H3O

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	5:15pm	8	7155
	Tues	Jan 12	5:15pm	9	7156
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 2

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Sat	Jan 9	10:00am	9	7157
	Sat	Jan 9	11:15am	9	7158
	Sun	Jan 10	10:00am	9	7159
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sun	Jan 10	11:15am	9	7160
	Mon	Jan 11	6:45pm	8	7161
	Tues	Jan 12	5:30pm	9	7162
	Tues	Jan 12	6:15pm	9	7163
	Wed	Jan 13	5:00pm	9	7164
	Wed	Jan 13	7:15pm	9	7165
	Thurs	Jan 14	5:30pm	9	7166
	Thurs	Jan 14	6:15pm	9	7167
	Fri	Jan 15	5:30pm	9	7168
	Fri	Jan 15	6:15pm	9	7169

Swim Kids Level 2 - H3O

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	5:00pm	8	7170
	Tues	Jan 12	5:00pm	9	7171
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 3

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Sat	Jan 9	9:45am	9	7172
	Sat	Jan 9	11:30am	9	7173
	Sun	Jan 10	9:45am	9	7174
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sun	Jan 10	11:30am	9	7175
	Mon	Jan 11	6:15pm	8	7176
	Tues	Jan 12	4:30pm	9	7177
	Tues	Jan 12	5:30pm	9	7178
	Wed	Jan 13	5:15pm	9	7179
	Wed	Jan 13	7:30pm	9	7180
	Thurs	Jan 14	5:30pm	9	7181
	Fri	Jan 15	5:00pm	9	7182
	Fri	Jan 15	6:15pm	9	7183

Swim Kids Level 3 - H3O

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	7:15pm	8	7184
	Tues	Jan 12	6:15pm	9	7185
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					



Program spaces are limited.
Register early to avoid disappointment!
www.bwgleisurecentre.ca

Swim Kids Level 4

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:6	Sat	Jan 9	9:15am	9	7186
	Sat	Jan 9	11:00am	9	7187
	Sun	Jan 10	9:15am	9	7188
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Sun	Jan 10	11:00am	9	7189
	Mon	Jan 11	4:30pm	8	7190
	Tues	Jan 12	6:15pm	9	7191
	Wed	Jan 13	5:15pm	9	7192
	Thurs	Jan 14	6:00pm	9	7193
	Fri	Jan 15	4:30pm	9	7194

Swim Kids Level 4 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	7:00pm	8	7195
	Tues	Jan 12	5:00pm	9	7196
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 5

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:8	Sat	Jan 9	9:45am	9	7197
	Sun	Jan 10	9:45am	9	7198
	Mon	Jan 11	4:30pm	8	7199
Resident Fees: 8 Classes: \$66.00 9 Classes: \$74.25	Tues	Jan 12	6:15pm	9	7200
	Wed	Jan 13	5:15pm	9	7201
	Thurs	Jan 14	6:30pm	9	7202
	Fri	Jan 15	5:30pm	9	7203

Swim Kids Level 5 - H30

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 30 min. Ratio: 1:3	Mon	Jan 11	6:00pm	8	7204
	Tues	Jan 12	5:30pm	9	7205
Resident Fees: 8 Classes: \$112.00 9 Classes: \$126.00					
NOTE: Each class must have 3 participants to proceed with an option to purchase semi-private if only 2 participants register or an option to purchase private lessons if only 1 participant registers.					

Swim Kids Level 6

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:8	Sat	Jan 9	9:45am	9	7206
	Sun	Jan 10	9:15am	9	7207
	Mon	Jan 11	4:30pm	8	7208
Resident Fees: 8 Classes: \$70.00 9 Classes: \$78.75	Tues	Jan 12	5:15pm	9	7209
	Fri	Jan 15	6:15pm	9	7210

Swim Kids Level 7

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Jan 9	9:00am	9	7211
	Sun	Jan 10	9:00am	9	7212
	Tues	Jan 12	4:30pm	9	7213
Resident Fees: 9 Classes: \$78.75	Fri	Jan 15	5:30pm	9	7214

LSS Rookie Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Jan 10	9:00am	9	7215
	Mon	Jan 11	8:00pm	8	7216
	Fri	Jan 15	4:30pm	9	7217
Resident Fees: 8 Classes: \$74.00 9 Classes: \$83.25					

Swim Kids Level 8

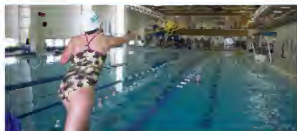
Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Jan 9	9:15am	9	7218
	Sun	Jan 10	10:45am	9	7219
	Mon	Jan 11	5:15pm	8	7220
Resident Fees: 8 Classes: \$70.00 9 Classes: \$78.75	Fri	Jan 15	6:30pm	9	7221

LSS Ranger Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hours Ratio: 1:10	Sun	Jan 10	10:45am	9	7222
	Mon	Jan 11	7:00pm	8	7223
	Fri	Jan 15	5:00pm	9	7224
Resident Fees: 8 Classes: \$74.00 9 Classes: \$83.25					

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Child & Youth - Winter



Bradford Lifesaving Club Junior Division

The Bradford Lifesaving Club Junior Division will introduce athletes to the sport of Lifesaving through Fundamentals Level 1 and 2, while encouraging healthy living and regular physical fitness. Prerequisites: Swim Kids Level 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Fri	Jan 15	6:15pm	9	7235
Resident Fees: 9 Classes: \$83.25					

Intermediate Division

The Bradford Lifesaving Club Intermediate Division trains athletes in the sport of Lifesaving through Fundamentals Level 3-5, while encouraging healthy living and regular physical fitness. Prerequisites: Completion of Fundamentals Level 2 or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs. Length: 1 hour Ratio: 1:10	Mon/ Wed	Jan 11	6:00pm	17	7236
	Mon	Jan 11	6:00pm	8	7495
	Wed	Jan 13	6:00pm	9	7496
Resident Fees: 8 Classes: \$74.00 9 Classes: \$83.25 17 Classes: \$157.25					



Swim Kids Level 9

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Jan 9	10:45am	9	7225
	Mon	Jan 11	5:00pm	8	7226
	Wed	Jan 13	4:30pm	9	7227
Resident Fees: 8 Classes: \$70.00 9 Classes: \$78.75					

LSS Star Patrol

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-13 yrs. Length: 1 hour Ratio: 1:10	Sun	Jan 10	10:45am	9	7228
	Mon	Jan 11	7:00pm	8	7229
	Fri	Jan 15	5:00pm	9	7230
Resident Fees: 8 Classes: \$74.00 9 Classes: \$83.25					

Swim Kids Level 10

Level Information	Day	Start Dates	Time	Classes	Code
Age: 5-12 yrs. Length: 45 min. Ratio: 1:10	Sat	Jan 9	10:45am	9	7231
	Mon	Jan 11	5:00pm	8	7232
	Wed	Jan 13	4:30pm	9	7233
Resident Fees: 8 Classes: \$70.00 9 Classes: \$78.75					

Bronze Star

Level Information	Day	Start Dates	Time	Classes	Code
Age: 12-14 yrs. Length: 1 hour Ratio: 1:10	Sat	Jan 9	11:00am	9	7234
Resident Fees: 9 Classes: \$92.55					

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.

Power Swim

This swim program focuses on swim techniques and personal goals while introducing competitive swim strokes, turns and endurance training in a coached environment. Prerequisite: Swim Kids 5.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs.	Tues	Jan 12	4:45pm	9	7238
Length: 1 hour	Thurs	Jan 14	4:45pm	9	7239
Ratio: 1:10					

Resident Fees:
9 Classes:\$83.25

Power Swim Advanced

This advanced level builds on the competitive skills learned in Power Swim. Participants learn competitive stroke techniques and racing skills. Swimmers improve their efficiency and endurance in the water as well as their overall physical fitness. Prerequisite: Completion of a minimum of 1 session of Power Swim and/or upon recommendation of a coach.

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-15 yrs.	Tues/Thurs	Jan 12	6:00pm	18	7240
Length: 1 hour					
Ratio: 1:10					

Resident Fees:
18 Classes:\$166.50



I Love Water Polo

Swimmers learn the theory and skills behind this competitive water sport in a fun, positive atmosphere. Through drills in ball handling, kicking, and stroke technique, participants improve their efficiency and endurance in the water, and practice their new skills in exciting and challenging water polo games. No prior water polo experience is required. Prerequisite: Swim Kids 5

Level Information	Day	Start Dates	Time	Classes	Code
Age: 8-12 yrs.	Mon	Jan 11	7:00pm	8	7237
Length: 45 min.					
Ratio: 1:12					

Resident Fees: *Introductory Promotional Offer
\$46.25*

Family Lessons

If you have 2 or more children of different swimming levels, this program is perfect for you! The experienced Instructors will use multi-level teaching techniques with individualized lessons (e.g. the class may have a child in level 3 or 4 all in one class). Class sizes may vary. Please contact the pool to request a swimming lesson assessment if you are unsure of what swimming lesson level to register in.

Level Information	Level	Day	Start Dates	Time	Classes	Code
Age: 3-12 yrs.	Sea Otter/ Salamander	Sun	Jan 10	3:15pm	9	7241
		Sun	Jan 10	4:00pm	9	7242
Length: 45 min.	Sunfish/ Swim Kids 1-2	Sun	Jan 10	3:15pm	9	7243
		Sun	Jan 10	4:00pm	9	7244
Resident Fees: 9 Classes: \$78.75	Crocodile/ Whale Swim Kids 3-4	Sun	Jan 10	3:15pm	9	7245
		Sun	Jan 10	4:00pm	9	7246
	Swim Kids 5-6	Sun	Jan 10	3:15pm	9	7247
		Sun	Jan 10	4:00pm	9	7248
	Swim Kids 7-10	Sun	Jan 10	3:15pm	9	7249
		Sun	Jan 10	4:00pm	9	7250

Red Cross Swim Adapted (Special Needs Swim Lessons)

These lessons meet the swimming requirements of individuals with identified special needs. All participants are required to complete a medical form prior to their first lesson. Forms can be accessed through the customer service desk at the Leisure Centre or online at www.bwgleisurecentre.ca.

Red Cross Swim Adapted Leisure Pool (For levels: Sea Otter-Sunfish, Swim Kids Level 1-2)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Mon	Jan 11	5:00pm	8	7251
	Tues	Jan 12	4:30pm	9	7252
Length: 30 min.	Wed	Jan 13	5:00pm	9	7253
Ratio: 1:1	Wed	Jan 13	7:15pm	9	7254
Resident Fees: 8 Classes: \$68.00	Thurs	Jan 14	4:30pm	9	7255
9 Classes: \$74.25	Thurs	Jan 14	5:00pm	9	7256
	Thurs	Jan 14	5:45pm	9	7257
	Thurs	Jan 14	5:45pm	9	7258
	Fri	Jan 15	4:30pm	9	7259
	Fri	Jan 15	5:45pm	9	7260

Child & Youth - Winter

Red Cross Swim Adapted Lap Pool

(For levels: Crocodile-Whale, Swim Kids Level 3-10)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Mon	Jan 11	4:45pm	8	7261
Length: 30 min.	Mon	Jan 11	5:15pm	8	7262
Ratio: 1:1	Mon	Jan 11	6:30pm	8	7263
Resident Fees:	Mon	Jan 11	7:00pm	8	7264
8 Classes: \$66.00	Mon	Jan 11	7:30pm	8	7265
9 Classes: \$74.25	Tues	Jan 12	5:00pm	9	7266
	Thurs	Jan 14	5:00pm	9	7267
	Fri	Jan 15	4:30pm	9	7268
	Fri	Jan 15	5:30pm	9	7269

1 on 1 Swim Lessons

Recommended for children 3-14 years who have been working towards a level, but need individual attention because of a specific stroke or skill problem. Please note these lessons are not available for Parent and Tot programs, Rookie, Ranger or Star Patrol, Bronze Star levels or leadership levels.

1 on 1 Swim Lessons Leisure Pool

(For levels: Sea Otter-Sunfish, Swim Kids Level 1-2)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Sat	Jan 9	9:15am	9	7270
Length: 30 min.	Sat	Jan 9	9:45am	9	7271
Ratio: 1:1	Sun	Jan 10	9:15am	9	7272
Resident Fees:	Sun	Jan 10	9:45am	9	7273
8 Classes: \$192	Mon	Jan 11	4:30pm	8	7274
9 Classes: \$216	Mon	Jan 11	4:30pm	8	7275
	Mon	Jan 11	4:45pm	8	7276
	Tues	Jan 12	4:30pm	9	7277
	Tues	Jan 12	4:45pm	9	7278
	Tues	Jan 12	4:45pm	9	7279
	Wed	Jan 13	4:30pm	9	7280
	Wed	Jan 13	4:30pm	9	7281
	Wed	Jan 13	5:30pm	9	7282
	Wed	Jan 13	6:15pm	9	7283
	Thurs	Jan 14	4:30pm	9	7284
	Thurs	Jan 14	4:30pm	9	7285
	Thurs	Jan 14	5:15pm	9	7286
	Thurs	Jan 14	5:15pm	9	7287
	Fri	Jan 15	4:30pm	9	7288
	Fri	Jan 15	5:00pm	9	7289

SEMI-PRIVATE LESSONS

If you are interested in semi-private swimming lessons register the first child in a 1 on 1 time slot and contact the Aquatic Programmer at 905-775-7529 ext. 8402 to add the second child. Semi-private fees listed on page 74. Please note that children must be no more than 1 level apart to take semi-private lessons.

1 on 1 Swim Lessons Lap Pool

(For levels: Crocodile-Whale, Swim Kids Level 3-10)

Level Information	Day	Start Dates	Time	Classes	Code
Age: 3-14 yrs.	Sat	Jan 9	10:00am	9	7290
Length: 30 min.	Sat	Jan 9	10:15am	9	7291
Ratio: 1:1	Sat	Jan 9	10:15am	9	7292
Resident Fees:	Sat	Jan 9	11:30am	9	7293
8 Classes: \$192	Sat	Jan 9	11:30am	9	7294
9 Classes: \$216	Sun	Jan 10	10:00am	9	7295
	Sun	Jan 10	10:15am	9	7296
	Sun	Jan 10	10:15am	9	7297
	Sun	Jan 10	11:00am	9	7298
	Sun	Jan 10	11:30am	9	7299
	Sun	Jan 10	11:30am	9	7300
	Mon	Jan 11	4:45pm	8	7301
	Mon	Jan 11	5:15pm	8	7302
	Mon	Jan 11	7:30pm	8	7303
	Tues	Jan 12	4:30pm	9	7304
	Wed	Jan 13	4:45pm	9	7305
	Thurs	Jan 14	4:30pm	9	7306
	Fri	Jan 15	4:30pm	9	7307
	Fri	Jan 15	5:00pm	9	7308
	Fri	Jan 15	5:00pm	9	7309
	Fri	Jan 15	5:30pm	9	7310
	Fri	Jan 15	6:45pm	9	7311



All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%.



3-level program for Teens & Adults - 13 years +

Teen/Adult Swim Basics 1

This program will help increase your comfort level and confidence in the water through floats, glides, kicking and swimming.

Teen/Adult Swim Basics 2

This program will continue to help increase your comfort level by developing front and back crawl, establishing comfort in deep water and increasing swimming distance.

Teen/Adult Swim Strokes

This program will help you develop one or more swimming strokes, working towards efficiency and increased endurance.



Swim Basics 1 - Teen/Adult

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13 yrs+	Mon	Oct 5	6:00pm	10	7312
Length: 45 min.					
Ratio: 1:8	Mon	Jan 11	6:00pm	8	7313

Resident Fees:

8 Classes: \$70.00
10 Classes: \$87.50

Swim Basics 2 - Teen/Adult

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13 yrs+	Mon	Oct 5	6:45pm	10	7314
Length: 45 min.					
Ratio: 1:8	Mon	Jan 11	6:45pm	8	7315

Resident Fees:

8 Classes: \$70.00
10 Classes: \$87.50

Swim Strokes - Teen/Adult

Level Information	Day	Start Dates	Time	Classes	Code
Age: 13 yrs+	Mon	Oct 5	7:30pm	10	7316
Length: 45 min.					
Ratio: 1:10	Mon	Oct 26	10:45am	5	7489
	Mon	Jan 11	10:45am	5	7490
Resident Fees:					
5 Classes: \$43.75					
8 Classes: \$70.00	Mon	Jan 11	7:30pm	8	7317
10 Classes: \$87.50					

SWIMMING MERCHANDISE FOR SALE!



Goggles, swim caps
and more!

Available for purchase at
Customer Service

AQUAFIT

A variety of aquafitness programs offered at the pool.

Schedules are available online at www.bwgleisurecentre.ca or at the BWG Leisure Centre Customer Service Desk.

Volunteering

We need someone just like you!



Receive FREE Lifeguard or Instructor training by volunteering at the pool!

How it works:

By volunteering at the pool you will earn credits for every volunteer hour worked. These credits can be applied to the cost of select leadership courses required to become a lifeguard or swim instructor. This means you will only be required to pay the exam and course material fees. Volunteer hours can also be used for High School Community Involvement Hours.

Benefits

- Enhances your eligibility for aquatic employment through networking and building positive rapport
- Provides you with invaluable work-related skills, development and experience
- Helps towards High School requirements
- Volunteering has a meaningful, positive impact on your community

General

Requirements:

- Volunteers must be a minimum of 13 years of age
- Passed Bronze Medallion
- Register for the Aquatic Volunteer Program

AQUATIC VOLUNTEER PROGRAM

Fall Session:

Sept. 17
4:30-6:00pm
Code # 7319

Winter Session:

Dec. 10
4:30-6:00pm
Code # 7320

BWG Leisure Centre

Register online at
www.bwgleisurecentre.ca

Volunteer hours required to waive leadership course fees:

36 hours	Bronze Cross and Standard First Aid
40 hours	Red Cross Assistant Water Safety Instructors
50 hours	National Lifeguard
40 hours	Red Cross Water Safety & Lifesaving Instructors

*Candidates are required to pay exam fees and material fees

For more information contact:

Bethany Kuboniwa
Aquatic Programmer
905-7757529 ext. 8402
bkuboniwa@townofbwg.com



Visit online at
www.bwgleisurecentre.ca
for information on
Recruitment
Opportunities and how to
become a Lifeguard.

LIFEGUARD

I save lives, you can too!



Leadership Progression Chart

HOW TO BECOME A LIFEGUARD & SWIM INSTRUCTOR

in the Town of Bradford
West Gwillimbury

SWIM KIDS 10
& STAR PATROL*



BRONZE STAR*
Must be 12 yrs



BRONZE MEDALLION and
EMERGENCY FIRST AID & CPR B
Must be 13 yrs or completed Bronze Star



BRONZE CROSS and
STANDARD FIRST AID & CPR C
Must have completed Bronze Medallion and
Emergency First Aid & CPR B



RED CROSS ASSISTANT
WATER SAFETY INSTRUCTOR
Must be 15 yrs



RED CROSS WATER SAFETY
Must be 15 yrs and
completed Red Cross AWSI



LIFESAVING INSTRUCTOR
Must be 16 yrs and
completed Bronze Cross

NATIONAL LIFEGUARD PROGRAM
Must be 16 yrs and completed Bronze Cross
and Standard First Aid & CPR C

*recommended

NOTE: 100% ATTENDANCE IS
MANDATORY FOR ALL
LEADERSHIP COURSES.



Changes to the Red Cross Water Safety Instructors Certification

Effective April 2016, Red Cross will be introducing a new Water Safety Instructor (WSI) certification process. Under the new model Assistant Water Safety Instructors (AWSI) will no longer exist. All candidates taking their AWSI must complete their WSI within the Fall 2015 or Winter 2016 session. AWSI will not be transferable once the new program is implemented. As of April 2016 candidates will be required to take the new WSI course and purchase new materials.

Please see the diagram below for a summary of the new model. More information will be available in the Spring/Summer 2016 Leisure Guide.

Please call 905-775-7529 ext. 8402 if you have any questions about the certification process.

INSTRUCTOR DEVELOPMENT PROGRAM Water Safety Instructor Certification



AQUATIC LEADERSHIP

**Don't get
turned
away at the
first class.**

**Make sure you
have the proper
course
prerequisites!**

*Refer to each course
description for course
prerequisites.*

Check and print
your awards at
lifesavingsociety.com

To view your awards:

1. Click on: 'Find a Member/Check Your Qualifications'
2. Fill in your membership number. You can find your membership number on the bottom of your certification card.
3. Print out the record and bring it on the first day of your course.

Jobs with a difference!



Course Attendance

Please note that 100% attendance and active participation is required in both the pool and classroom sessions in order to complete any aquatic leadership course (lateness is equivalent to absence).

Age requirements

Proof of age will be required for all courses with an age prerequisite. You will be required to submit this to the Instructor on the first day of the course.

Exams

Candidates must attend the exam at the facility where the course was administered.

Unsuccessful completion of a course

Many courses utilize continuous evaluation. Unsuccessful candidates are required to retake the full course.

What to bring to a course

- Required prerequisites
- Bathing suits and towels
- Notebook/paper and pens
- Lunch/dinner/snacks

AQUATIC RECRUITMENT INFORMATION SESSIONS

This drop-in session is designed for swimmers in the process of taking aquatic leadership courses and looking for the next steps. Parents are also invited so they can find out more information about what courses to take and what is required to apply for a job. Candidates who are ready to apply for a job and need more information about the recruitment process will also benefit from this session.

Sept 17 • Dec 10 • 6:30-8:00pm • BWG Leisure Centre

Bronze Medallion and Emergency First Aid & CPR B

Candidates learn lifesaving principles embodied in the four components of water rescue education: judgement, fitness, knowledge and skill. Rescuers learn tows, carries and release methods in preparation for risky and challenging rescues. Lifesavers develop stroke efficiency and endurance in a 500m timed swim. Emergency First Aid provides general knowledge and practical experience in selected aspects of first aid and CPR.

Agency	Lifesaving Society		
Prerequisite	13 years or Bronze Star		
Materials	Canadian Lifesaving Manual Fanny Pack		
Fee	Res: \$218.45 Non-Res: \$237.50		
6757	Tues	Oct 6-Dec 8	5:30-8:00pm
6772	Mon-Fri	Mar 14-18	9:00am-4:00pm

Aquatic Volunteer Program

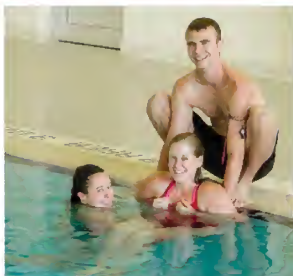
By volunteering at the pool you will earn credits for volunteer hours worked. These credits can be applied to the cost of select leadership courses required to become a lifeguard or swim instructor. Volunteer hours can also be used for High School Community Involvement.

Prerequisite	13 years and Bronze Medallion		
Fee	\$20		
7319	Thurs	Sept 17	4:30-6:00pm
7320	Thurs	Dec 10	4:30-6:00pm

Bronze Cross and Standard First Aid & CPR C

Bronze Cross offers advanced training, including an introduction to safe supervision in aquatic facilities, the difference between lifesaving and lifeguarding, and the principles of emergency procedures. Includes a timed 600m swim. Standard First Aid provides comprehensive training in all aspects of first aid and CPR. Standard First Aid is recognized by the Workplace Safety and Insurance Board (W.S.I.B.).

Agency	Lifesaving Society		
Prerequisite	Bronze Medallion Emergency First Aid		
Materials	Canadian Lifesaving Manual Canadian First Aid Manual		
Fee	Res: \$196.54 Non-Res: \$217.84		
6758	Thurs	Oct 8-Dec 10	5:30-9:00pm



Swim for Success: High School Aquatic Leadership

Are you a strong swimmer, up to the challenge of earning your qualification to be a lifeguard? Earn two high school credits in one semester, as well as the aquatic courses needed to be a trained lifeguard. Students receive the following: 2 High School Credits (IDP30A and PP230), Emergency First Aid, Standard First Aid, Automated External Defibrillator (AED), Bronze Medallion, Bronze Cross, and National Lifeguard Certification. Students will participate in a final exam in the water and must pass in order to receive the lifeguard qualifications. An Examiner from the Lifesaving Society will evaluate the class. Additional course material, testing throughout and aquatic skills will be evaluated by the teacher. All written assessments, journals and culminating activities will be done online. Program offered in partnership with the Simcoe Muskoka Catholic District School Board.

Agency	Lifesaving Society		
Prerequisite	16 years		
Materials	Canadian Lifesaving Manual Canadian First Aid Manual Alert Manual Fanny Pack		
Fee	\$400		
6699	Wed	Sept 16-Dec 16, Jan 6-13	4:30-9:00pm
	Sat	Sept 19 & 26	9:00am-7:00pm

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%. Fees do not include applicable taxes.

Leadership



National Lifeguard Program

The National Lifeguard certification is Canada's professional lifeguard standard. The National Lifeguard training develops a sound understanding of lifeguard principles, good judgement, and a mature and responsible attitude towards the lifeguard's role. The National Lifeguard training emphasizes prevention and effective rescue response in emergencies including first aid treatment. Candidates develop teamwork, leadership and communication skills. Fitness requirements include a timed object recovery, 50 m sprint challenge, 50 m rescue drill and 400 m endurance challenge. 100% attendance is required. Unsuccessful candidates are required to take the entire course again.

Agency			
Lifesaving Society			
Prerequisite			
16 years Bronze Cross Standard First Aid * CPR C (must be provided by one of the following agencies: Lifesaving Society, St. John's Ambulance, Canadian Red Cross or Canadian Ski Patrol)			
Materials			
Alert Manual			
Fee			
Res: \$275.20 Non-Res: \$305.20			
6759	Fri-Sun	Nov 20-22, 27-29	Fri 5:00-10:00pm Sat & Sun 10:00am-8:00pm
6773	Fri-Sun	Feb 5-7, 12-14	Fri 5:00-10:00pm Sat & Sun 10:00am-8:00pm

Red Cross Assistant Water Safety Instructor (AWSI)

This course covers the foundation of instructional skills including teaching methods, learning styles, physical principles, progressions, communication, safety supervision and feedback. Candidates must complete 8 hours of practice teaching experience in addition to the program hours.

All candidates taking their AWSI must complete their WSI within the Fall 2015 or Winter 2016 session. The Red Cross Swimming and Water Safety Instructor Development Program is changing effective April 2016. AWSI will not exist under the new model and will not be transferrable once the new program is implemented. As of April 2016 candidates will be required to take the new WSI course and purchase new materials.

Agency			
Red Cross			
Prerequisite			
15 years Red Cross Swim Kids 10			
Materials			
AWSI Manual & Stroke Chart			
Fee			
Res: \$233.25 Non-Res: \$257.55			
6760	Sat/Sun	Oct 17-18, 24-25	12:00-8:30pm
6774	Sat/Sun	Jan 23-24, 30-31	12:00-8:30pm

Red Cross Water Safety Instructor (WSI)

Using in-class lectures and active pool sessions, teaching, in-class management, evaluation, instructional emergency response and administration skills are developed. Successful completion of this program enables candidates to instruct Red Cross programs. Candidates must complete 12 hours of practice teaching experience in addition to the program hours. 100% attendance required.

Agency			
Red Cross			
Prerequisite			
15 years Red Cross Assistant Water Safety Instructors (AWSI) Bronze Cross			
Materials			
WSI Manual			
Fee			
Res: \$126.38 Non-Res: \$138.40			
6761	Fri-Sun	Nov 13-15	Fri 5:00-10:00pm Sat & Sun 9:00am-8:00pm
6775	Fri-Sun	Feb 19-21	Fri 5:00-10:00pm Sat & Sun 9:00am-8:00pm

Lifesaving Instructor

Using in-class lectures and active pool sessions, teaching, in-class management, evaluation, instructional emergency response and administration skills are developed. Successful completion of this program enables candidates to instruct Lifesaving Society programs. 100% attendance required.

Agency	Lifesaving Society		
Prerequisite	16 years Bronze Cross		
Materials	Lifesaving Instructor Pack		
Fee	Res: \$164.63 Non-Res: \$176.65		
6762	Fri-Sun	Nov 6-8	Fri 5:00-10:00pm Sat & Sun 9:00am-8:00pm
6776	Fri-Sun	Feb 26-28	Fri 5:00-10:00pm Sat & Sun 9:00am-8:00pm

Lifesaving Standard First Aid & CPR C Full Course

This course is for those wanting an in-depth understanding of topics such as medical/legal considerations, spinal injury management, environmental injuries, bone/joint injuries, abdominal/chest injuries, burns and other medical emergencies. Standard First Aid is recognized by the Workplace Safety and Insurance Board (W.S.I.B.).

Agency	Lifesaving Society		
Prerequisite	12 years		
Materials	Canadian First Aid Manual		
Fee	Res: \$130.17 Non-Res: \$144.27		
6763	Sat-Sun	Dec 12-13	9:00am-6:00pm
6777	Sat-Sun	Mar 12-13	9:00am-6:00pm



Lifesaving Society Coach Level 1

This course provides training for Lifesaving Instructors who wish to coach Lifesaving Sport at the community level. The course focuses on the fundamentals of coaching and Lifesaving Sport skills in the pool or in open water.

Agency	Lifesaving Society		
Prerequisite	Current Lifesaving Instructor		
Fee	Res: \$91.50 Non-Res: \$101.25		
6769	Sun	Sept 20	9:00am-6:00pm

Aquatic Supervisor Training

This course is designed to prepare experienced lifeguards for the responsibilities of being Deck Supervisors and Head Lifeguards. Topics include facility management, legal regulations governing public pools, aquatic emergencies, supervisory skills, critical incident stress management and public relations skills.

Agency	Lifesaving Society		
Prerequisite	Current NLS or Lifesaving Instructor Proof of 100 hours of lifeguarding/ instructor experience		
Materials	Guide to Ontario Pool Regulations		
Fee	Res: \$149.25 Non-Res: \$160.76		
6767	Sat-Sun	Sept 26-27	9:00am-5:00pm

Examiners Standards Clinic

This course prepares Lifesaving Society Instructors to examine advanced leadership levels.

Agency	Lifesaving Society		
Prerequisite	Current Lifesaving Instructor		
Fee	Res: \$15.00		
6768	Tues	Dec 29	5:00-10:00pm

Leadership Recertifications

Lifesaving Standard First Aid & CPR C Recert

This course reviews a candidate's existing Standard First Aid and CPR skills in a practical setting. Standard First Aid (SFA) award holders may recertify their Lifesaving Society SFA certification just once through a Lifesaving Society SFA Recertification course not more than three years from the SFA date of issue. To renew SFA certifications subsequently, award holders must repeat the full SFA Course. Thereafter, individuals may renew by alternating recertification and original courses. Holders of Standard First Aid certificates from other agencies may not recertify their certificate on a Lifesaving Society recertification course. They may recertify only with the original certifying agency.

Agency	Lifesaving Society
Prerequisite	Current (within 3 years of certification date) Lifesaving Society SFA & CPR C full course
Materials	none
Fee	Res: \$77.67 Non-Res: \$86.80

6764	Sat	Dec 12	9:00am-6:00pm
6778	Sat	Mar 12	9:00am-6:00pm

National Lifeguard - Pool Recert

Recertification of the National Lifeguard Pool certification. National Lifeguard physical standard skills, emergency response situations, first aid situations, CPR and AED skills will be evaluated. Successful completion renews this award for 2 years.

Agency	Lifesaving Society
Prerequisite	National Lifeguard - Pool
Materials	none
Fee	Res: \$91.70 Non-Res: \$100.93

6765	Sun	Nov 29	3:00-9:00pm
6779	Sun	Feb 14	3:00-9:00pm



Red Cross Water Safety Instructor (WSI) Recert

This course updates Red Cross Water Safety Instructor on program changes and reviews their skills. Successful completion renews this award for 2 years.

Agency	Red Cross
Prerequisite	WSI
Materials	none
Fee	Res: \$76.75 Non-Res: \$86.20

6766	Sat	Dec 5	3:00-9:00pm
6780	Sat	Mar 5	3:00-9:00pm

Red Cross Water Safety Instructor Transfer

The WSI Transfer course provides swimming Instructors with instructional knowledge and skills specific to the Red Cross Swim Programs. Candidates are required to complete the WSI Transfer Candidate Assignment Guide prior to the course start date. Successful completion of this course certifies candidates as a Red Cross Water Safety Instructor.

Agency	Red Cross
Prerequisite	Transfer Course: Provide documentation of one of the following current certifications: Lifesaving Instructor, Lifesaving Swim Instructor, YMCA Instructor, Sears I Can Swim Teacher or Toronto Ultra Swim Instructor, American Red Cross Swimming Instructor Minimum of 17 years of age with previous swimming teacher experience
Materials	WSI Transfer Package
Fee	Res: \$215.00 Non-Res: \$228.50

6770	Sat	Dec 5	3:00-9:00pm
6781	Sat	Mar 5	3:00-9:00pm

All dates, times and fees are subject to change without notice. Non-resident fees: additional 15%. Fees do not include applicable taxes.



The Town of Bradford West Gwillimbury manages 20 Parks and Parkettes for all residents to enjoy. Many of the Town parks include features such as accessible picnic tables, wider pathways and curb cuts for ease of access for wheelchairs and strollers. Your efforts to help keep the parks clean will motivate others to do the same.

Did You Know ...?

- There are over 100 acres of parks and open spaces to be enjoyed year round in Bradford West Gwillimbury.
- Park features; from play areas, sport courts with basketball and winter skating facilities; play structures, ball diamonds, soccer pitches, tennis courts and plenty of benches on which to relax and watch the fun.
- All playgrounds are inspected regularly as per Canadian Safety Association (CSA) legislation. Residents are reminded to perform their own "walkabout" of the playground area prior to allowing children on any equipment or play structure.
- You are welcome to bring your dog(s) to any of the parks, however, they must be leashed at all times and all litter picked up as per the Town's Stoop and Scoop By-law.
- Leave the car and take a walk at a number of locations in and around town that include woodlots and lots of wildlife.

Park Regulations

Your co-operation in following the posted rules that have been established to maintain the parks is appreciated.

1. Town By-law requires that dog owner clean up after their dog within Town limits.
2. Dogs must be kept leashed in all public areas, including parks.
3. Motorized vehicles other than authorized vehicles are not permitted in the parks. This includes snowmobiles, motorbikes or automobiles. Irresponsible vehicle users can do tremendous damage to the parks and natural areas.
4. For the safety of all park users, golfing is not permitted in Town parks.
5. Alcoholic beverages are also NOT permitted in Town parks.

If you see anyone vandalizing or abusing Town parks, please contact the South Simcoe Police Services at 905-775-3311.

Parks & Greenspaces at a Glance

PARK Safety Tips

Playground Equipment Safety Tips

- Remove cords and drawstrings on children's hoods, hats and jackets
- Tuck in all clothing that can get caught on playground equipment
- Make sure your child does not tie ropes or skipping ropes to slides and other playground equipment
- Have your child remove his/her bicycle helmet before using playground equipment. Bicycle helmets can get trapped on the equipment and strangle a child
- Always check the playground equipment and play surfaces prior to your child using. Damaged equipment or broken glass can be reported by calling 905.775.5359 ext. 5203
- Remember, Safe Play is Supervised Play.



PARKS

	Playground	Picnic/Rest Area	Portable Toilets (seasonal)	Ball Diamonds	Soccer Pitches	Tennis Courts	Basketball Courts	Outdoor Ice Rinks	Splash Pads	Trails/Walking Path	Parking
Bud Brown Park (7 Dixon Blvd.)	X	X	X		X		X	X			X
Centennial Park (125 Simcoe Rd.)		X	X	X	X	X					X
Henderson Field (3200 10th Sideroad)			X		X						X
Joe Magani Park (3473 11th Concession)	X		X	X	X						X
Davey Lookout (33 Noble Dr.)	X				X						
Fuller Heights Park (132 Collings Ave.)		X		X							X
Kuzmich Park (143 West Park Ave.)	X	X	X		X		X		X	X	
Lions Park (226 Colborne St.)	X	X	X	X		X			X	X	X
Luxury Park (140 Kulpin Ave.)	X	X	X	X			X				X
Taylor Park (400 Walker Ave.)	X	X	X		X						X
Veterans Park (112 Gardiner Dr.)	X										
dePeuter Park (31 DePeuter Ave.)	X										
Rotary Park (300 Holland Crt.)		X									X
Harman Park (50 John St. E.)	X	X									X
Jackson Park (21 Stoddart Crt.)	X	X									
Legion Park (122 Wood Cres.)	X	X									
Rose Garden (159 Queen St.)		X									
Summerlyn Parkette (Summerlyn Trail)	X										X
Grand Central Parkette (Gwillimbury Trail)	X										X
Dreamfields Park (123 Crossland Blvd.)	X	X					X				X
Brookfield Park (102 Mooney St.)	X	X									X



OUTDOOR SPORTS FACILITIES

ball diamonds



Ball diamonds are available for rental by an individual or group. All adult and intermediate ball diamonds have lighting. Youth diamonds are not lit.

Centennial Park

- 2 Regulation Softball Diamonds

Fuller Heights Park

- 1 Junior Size Diamond

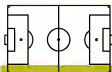
Joe Magari Park

- 3 Regulation Softball Diamonds

Lions Park

- 1 Junior Size Diamond
- 1 Junior Size Diamond

soccer pitches



Soccer pitches are available for rental by an individual or group. All full fields have lighting. Youth and mini/micro pitches are not lit.

Alex Kuzmich Park

- 1 Intermediate (not lit)

Bud Brown Park

- 1 Intermediate (not lit)

Centennial Park

- 1 Full Size, 4 Mini

Henderson Field

- 1 Full Size

Joe Magari Park

- 1 Full Size

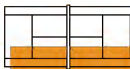
Taylor Park

- 3 Mini (not lit)

Dreamfields Park

- 1 Intermediate (not lit)

tennis courts



Tennis courts are available for public use, on a first come, first use basis. All tennis courts have lighting.

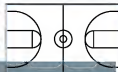
Centennial Park

- 2 Regulation Sized Courts

Lions Park

- 4 Regulation Sized Courts

basketball courts



Basketball courts are available for public use with regulation sized nets

Alex Kuzmich

Memorial Park

Bud Brown Park

Dreamfields Park

Luxury Park

Department of
Leisure Services

Bradford
west
Glilmbury

BWG Commemorative Park Bench Donation Program

The Department of Leisure Services is pleased to offer this new program to allow residents to recognize a special person or organization while contributing to the beauty of the community.

Interested residents partner with Leisure Services to donate a park bench, similar to the one shown, complete with a personalized message engraved on a plaque and attached to the bench itself. The bench will be installed in a mutually agreed upon location in one of the Town's parks or on its networks of trails. Town staff will ensure that the bench receives the care and maintenance it deserves for years to come.

A Commemorative Park Bench is a wonderful way to remember a loved one, or a unique gift that keeps on giving to all who need a place to rest while visiting our parks and trails.

For more information on this program, please contact Mike O'Hare, Manager of Parks and Property at 905-775-5359 ext. 5201 or via email at mohare@townofbwg.com



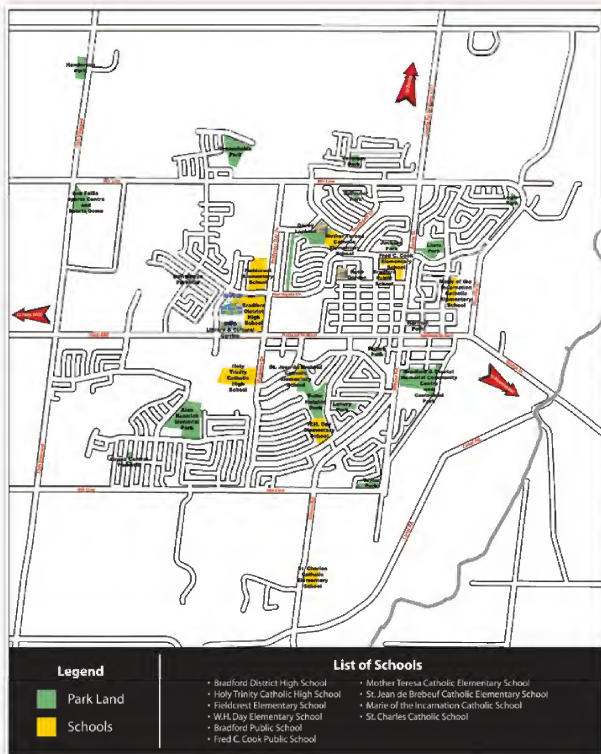
Ontario SMOKE-FREE PARKS & PLAYGROUNDS IN ONTARIO

Smoke-Free Ontario Act Amendments
to Regulation effective January 1st,

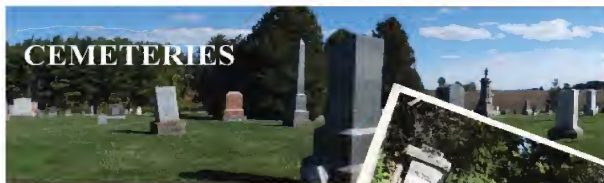
The Province of Ontario has announced it is prohibiting smoking on playgrounds, publicly owned sporting areas, spectator areas adjacent to sporting areas and the 20 metres surrounding these areas. Sporting areas include areas for basketball, baseball, soccer or beach volleyball, and ice rinks, tennis courts, and swimming pools that are owned by a municipality, the province or a post-secondary education institution. Playgrounds include playgrounds at hotels, motels and inns. These amendments to the Smoke-Free Ontario Act regulations come into force January 1, 2015.

For more details visit: ontario.ca

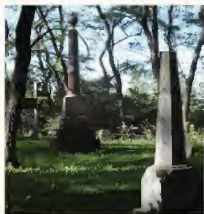




Cemeteries



All Cemeteries in the Municipality of Bradford West Gwillimbury were acquired during the amalgamation procedures in 1991. The Town of Bradford proper, did not have any cemeteries within its boundaries.



NAME OF CEMETERY	ADDRESS	CLASSIFICATION	STATUS
Auld Kirk Cemetery (Old Presbyterian Church)	3380 Line 6	Pioneer/ Historic	Inactive
Belfry	2620 Line 8	Pioneer/ Historic	Inactive
Christ Church Cemetery	3290 County Rd. 83	Pioneer/ Historic	Inactive
Ebenezer United Church Cemetery (Ebenezer Methodist)	4045 County Rd. 4	Municipally Managed	Active
Law Cemetery (Brick Wall)	4452 Line 11	Pioneer/ Historic	Inactive
Mount Pleasant	3217 County Rd. 4	Municipally Managed	Active
Society of Friends (Old Quaker Cemetery, Dunkerton)	4358 Line 3	Pioneer/ Historic	Inactive
Sutherland Wesleyan Methodist Cemetery and Rogers Cemetery	3608 Line 8	Pioneer/ Historic	Inactive
Tenth Line Methodist Episcopal (Ara Stewart)	2760 Line 10	Pioneer/ Historic	Inactive
Wilson's Hill	4359 Line 12	Pioneer/ Historic	Inactive
Dunkerton United Church Cemetery	4324 Line 3	Pioneer/ Historic	Inactive



125 Simcoe Rd., P.O. Box 251
Bradford, ON L3Z 2A8
www.townofbwg.com

For more information,
contact Judith Rigg at:
jrigg@townofbwg.com
call 905.775.5359 Ext. 5200

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Bradford Scouts

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scouts.ca. For more information email
us at 1stbradfordscouting@gmail.com

SCOUTS CANADA
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What can you do when you are part of the MIMPA Family?

- Acting: Musical Theatre, Triple Threat, Speech Arts & Drama, Broadway Babies
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- Dance: Tap, Ballet, Jazz, Lyrical, Contemporary & more!
- Production: hair, costumes, make-up, sets, props, lighting
- RCM exams, local music festivals, international competitions
- Recitals, Shows, Community Outreach, Fun events

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musicinmotion@sympatico.ca
150 Artesian Industrial Pkwy

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Community Partners

Seniors Wellness Program

Thursdays, 10:00 a.m. to 1:00 p.m.
The Bradford Legion - 115 Back St, Bradford



- Health and wellness education, gentle exercise, activities and nutritious lunch
- Affordable and accessible - \$8 per visit (prices subject to change)
- Subsidies available
- Transportation service included

For more information, please contact Laura Manley, Outreach Coordinator at 905-726-5607

Caregiver Support & Education

Caring for an aging parent, spouse, relative or friend?

With CHATS' Free Caregiver Support and Education, Caregivers can rest assured!

- **Personal Consultations and Counselling:** Our professional Caregiver Education Counsellors will meet with you to discuss your caregiving concerns and support you in finding solutions
- **Support Groups:** Opportunities to meet others in similar situations and discuss unique issues.
- **Workshops:** Educational opportunities on topics of interest to caregivers.

For more information, please contact Marc Ternacek, Caregiver Education Counsellor at 905-713-3373 ext. 6226

Adult Day Program

for seniors with memory loss and frail seniors



CHATS Adult Day Programs provide seniors with individualized plans of care, a variety of social and wellness activities, companionship, nutritious snacks and lunch, in a safe, friendly and caring environment.

Program operates Monday - Friday 9:00 a.m. - 3:30 p.m.

For more information, please call Cerlie Riedstra at 905-713-3373 ext. 6220



448 Holland Street West, Bradford
1-877-452-4287 www.chats.on.ca
(see ads), (see ads), (see ads)

Bradford Badminton Club



2015-2016 Season

Registration fee \$65.00 for the season

Early Bird Special

*Inquire when you register at the club
between September 17th and October 31st.*

**New season begins September 17th, 2015
to June 2nd, 2016.**

Registration is available to players 16 and older.
Play begins at 7:30 pm until 10 pm Monday and
Thursday at Bradford District High School located
at 70 Professor Day Drive

For details please contact
Michel (905-775-1315)
Alan (905-458-1655)
or at

<http://bradfordbc.proshopdirect.ca>



Scanlon Creek CONSERVATION AREA

*A Destination for
Natural Inspiration*

Located just north of Bradford,
Scanlon Creek Conservation Area
offers a chance to get outside and
escape from the everyday.

Come and discover over 10 km of
enhanced trails that guide you
through beautiful forests and
natural wetlands - a bird watchers
delight! Attend a seasonal event or
take your dog to the off-leash Bark Park. Book a picnic at one of the
pavilions located beside the Discovery Play Garden for kids.

Whether you want to run, walk, ride, learn or relax, get outside and
experience the healthy benefits that Scanlon Creek has to offer.

Scanlon Creek Conservation Area is located at 2450 9th Line. There is
a \$10 per vehicle gate entrance fee or no charge with an annual
family pass.

To learn more about Scanlon Creek or to purchase an annual family
pass, please visit www.LSRCA.on.ca.



Lake Simcoe Region
conservation authority



Lake Simcoe
Conservation
Foundation

Please support the revitalization of Scanlon Creek by donating at
www.lakesimcoefoundation.ca Check out the Friends of Scanlon
Creek at www.facebook.com/FriendsOfScanlon.



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Nationally certified coaches

REGISTRATION STARTS SEPTEMBER 9, 2015

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Bradford District Minor Softball

We would like to extend our full appreciation to all of our very generous sponsors for the 2015 season. Monitor our website for complete game schedules, standings and for information on signing up for 2016 Softball Season and our Fastball Pitching Clinics.

Visit us at:

www.bradfordminorssoftball.com or

www.eteamz.com/BradfordMinorSoftball

Visit us on Facebook ([bdmsastorm](https://www.facebook.com/bdmsastorm))

Email us at: playball.bdmsa@gmail.com

Bradford Minor Hockey Association



We offer a wide variety of programs for players of all ages!! including Reg, Local League, House League and Pre-Tyke.

THANK YOU! to all our Association Sponsors!

If you would like to find out information about sponsoring a team or our programs please visit our website.

www.bradfordbulldogs.com
905.778.0471

BRADFORD SOCCER CLUB

FALL/WINTER PROGRAMS

Recreational & Development program for all players between the ages of 4-16.

Development & Academy program for competitive players between the ages of 9-18.

Register before August 31st to get a 15% discount on our fall/winter programs.

For more information and pricing please contact BSC at 905.775.7000 or email bradfordsoccerassoc@bellnet.ca

bradfordsoccer.com



Who Do I Call?





Your Public Library — Something for everyone...

For Children...

The Library is pleased to offer a wide-range of regular programs for children, including:

- Creative Activities for Creative Minds
- Kid's Groove
- Salsa Tots
- Reading Buddies (FREE)
- Drop-In Lego (FREE)
- Drop-In Chess (FREE)
- Bookworms (FREE)
- Mother Daughter Book Club (FREE)
- Storytime - Babytime-Creepers/Babytime-Walkers/Tales for Twos/Storytime (FREE)
- Registration Dates: Session A: Sep 2 • Session B: Oct 28
- Family Saturdays (Sep 26 / Oct 31 / Nov 21 / Dec 5) (FREE)
- Spooky Storytime (Oct 30)

For Teens...

Teen Advisory Group • Thursdays from 4 – 5 pm
Help develop programs and services for teens, gain leadership experience, and earn volunteer hours. New members are always welcome. Starts Sep 10. (FREE)

Conversational French • Every 2nd Wednesday from 4 – 5 pm
Practice your French in a relaxed and supportive atmosphere. New members are always welcome. Starts Sep 9. (FREE)

Book Club • Sep 30 / Oct 28 / Nov 25 from 4 – 5 pm
We meet monthly to talk about what we're reading, and make paper crafts. We also take part in the Forest of Reading contest, and serve as a voting site. New members are always welcome. (FREE)

Teen Craftemoons • Sep 11 / Oct 2 / Nov 6 / Dec 4 from 4 – 5 pm
Join us on the first Friday of the month (except September) for a drop in craft session. We provide the supplies, just bring your creativity.

For information on Teen programs and services, check http://www.bradford.library.on.ca/?page_id=91

For Adults...

Author Talks

- Maria Coletta McLean - October 1; 7:30 pm
- Don Gillmor - November 5; 7:30 pm

Scrapbooking (FREE) - Mondays; 12 – 4 pm
Aug 10 / Sep 14 / Oct 5 / Nov 2 / Dec 7

Knit Happens (FREE)

2nd and 4th Tuesdays Monthly; 6:30 – 8:30 pm

BWG Writers' Circle (FREE) • 3rd Tuesdays Monthly; 7 pm

Genealogy Club (FREE) • 3rd Wednesdays Monthly; 7 pm

Book Club (FREE) • Last Wednesday Monthly; 7 pm

Acoustic Open Mic Night (FREE) • 4th Thursday Monthly; 7 – 9 pm

Tabletop Gaming 18+ (FREE) • Tuesdays; 7 – 8:30 pm

Drop-in Chess Club (FREE) • Mondays; 7 – 8:30 pm

Also:

- Live Music
- Words Out Loud Open Mic
- Art Exhibits and Displays
- BWG Studio Art Tour (Sep 18 – 20)
- Culture Days (Sep 25 – 27)
- NFB Movies
- Seminars and Workshops

And so much more...

For complete details on these and even more programs and events, click programs on the Library's website at:

www.bradford.library.on.ca



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905.775.3328

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BWG Fire & Emergency Services



BRADFORD WEST GWILLIMBURY FIRE & EMERGENCY SERVICES

75 Melbourne Drive, Box 1226, Bradford, Ontario L3Z 2B6

Tel: (905) 775-7311 Fax: (905) 775-0163 www.town.bradfordwestgwillimbury.on.ca



Kevin Gallant, Fire Chief

905-775-7311, Ext. 4101 kgallant@townofbwg.com

Olaf Lamerz, Deputy Fire Chief

905-775-7311, Ext. 4102 olamerz@townofbwg.com

Andrew McPherson, Fire Prevention Inspector

905-775-7311, Ext. 4103 omcpherson@townofbwg.com

Frederica Harvey, Administrative Assistant

905-775-7311, Ext. 4100 fharvey@townofbwg.com

The Bradford West Gwillimbury Fire and Emergency Services headquarters is located at 75 Melbourne Drive. All fire department personnel operate from this station. Suppression crews consisting of fulltime firefighters, supported by volunteer firefighters respond from this station 24 hours a day, seven days a week.

In addition to fire calls, fire suppression crews respond to alarms for auto extrication, water rescue, carbon monoxide, medical or ambulance support, hazardous material responses, as well as assistance during times of natural disasters.

INSTALL SMOKE ALARMS IT'S THE LAW!



Most fatal fires occur at night when people are asleep. Often, victims never wake up. A working smoke alarm will detect smoke and sound an alarm to alert you, giving you precious time to escape.

Every home in Ontario must have a working smoke alarm on every storey and outside all sleeping areas.

Homeowners

It is the responsibility of homeowners to install and maintain smoke alarms on every storey of their home and outside sleeping areas.

Landlords

It is the responsibility of landlords to ensure their rental properties comply with the law.

Tenants

If you are a tenant of a rental property and do not have the required number of smoke alarms, contact your landlord immediately. It is against the law for tenants to remove the batteries or tamper with the alarm in any way.

Failure to comply with the Fire Code smoke alarm requirements could result in a ticket for \$235 or a fine of up to \$50,000 for individuals or \$100,000 for corporations

Ensuring your family is prepared when the unexpected happens is where emergency preparedness and planning can assist. Please contact the Fire Prevention Division for information on:

- RESIDENTIAL HOME INSPECTIONS • HOME SMOKE ALARM PROGRAM
 - SMOKE ALARMS • CARBON MONOXIDE ALARMS • HOME ESCAPE PLANS
- For more information on the services that we provide or to book fire hall tours or inspections, please the Bradford West Gwillimbury Fire and Emergency Services at (905) 775-7311.



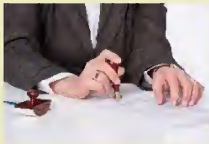
IN ORDER TO SERVE THE COMMUNITY EFFICIENTLY, RURAL RESIDENTS MUST MAINTAIN THEIR CIVIC ADDRESS.

- A reflective plate is required to display the address.
- Contact the Fire & Emergency Services at 905-775-7311.

Legislative Services - Clerk's Division

The Clerk's Division of the Legislative Services Department is responsible for many of the administrative and legislative functions of the Town of BWG, such as:

- Council Secretariat – coordinates public meetings, schedules deputations and presentations, prepares agendas, circulates materials and correspondence to Council and records all proceedings of Council and committees;
- Maintains corporate records and vital statistics;
- Commissions documents;
- Processes insurance claims;
- Prepares by-laws and agreements;
- Handles requests made under the *Municipal Freedom of Information & Protection of Privacy Act*;
- Oversees corporate communications including the Town website and social media;
- Conducts Municipal Elections; and
- Ensures the Town is in compliance with the *Accessibility for Ontarians with Disabilities Act, 2005*



Be in the know with CivicWeb!

The Town's CivicWeb Council Portal is a website that allows citizens to:

- Review agendas and minutes
- View a calendar of all meetings
- See details of Town-run community events
- Learn about Council and Committee meetings
- Provide comments on topics before Council
- Search documents including by-laws, forms and applications



To visit the site, go to www.townofbwg.com and select CivicWeb Council Portal from the Council & Committees menu. If you would like to receive e-mail notifications of scheduled meetings, click E-UPDATES on the portal main page and set your preferences.

Regular Council meetings are held the first and third Tuesday of each month. Members of the public are invited to attend all Council, Committee of the Whole and other committee meetings.

If you wish to address Council, please contact the Clerk's Department for information on the various options available to you.

For meeting schedules and information, please refer to the Town Page in the Bradford Times newspaper, or visit the Town's website and select Community & Events, then click on Community Calendar.

You may contact us for more information at any of the following:



905-775-5366



905-775-0153



info@townofbwg.com



100 Dissette Street, Unit 7 & 8, P.O. Box 100, Bradford ON, L3Z 2A7



www.townofbwg.com



[www.twitter.com/townofbwg](https://twitter.com/townofbwg)



www.facebook.com/townofbwg

Legislative Services - Enforcement Division

The Enforcement Division is the second part of the Legislative Services Department and is responsible for the enforcement of the Town's various regulatory by-laws. The Enforcement Division also heads the Crossing Guard program for schools located in Bradford West Gwillimbury.

The Enforcement Division enforces all of the following categories of regulations, restrictions and by-laws:

PARKING ENFORCEMENT

The following are applicable on all streets in BWG, including unassumed roadways and new subdivisions. Please follow restrictions on posted signs and also be aware of the following common violations.

No Parking:

- on any street from Nov. 1 through May 1 from 2:00-6:00 a.m.
- on or over any portion of a sidewalk
- by a commercial vehicle on any street
- on any grassed portion of a boulevard
- within 3 metres of a fire hydrant
- facing the wrong way (driver's side to curb)

REGULATORY BY-LAW ENFORCEMENT

Regulations are in place regarding:

- fireworks
- graffiti
- lawn watering
- littering
- noise control
- road occupancy
- signs
- zoning

To view a complete list of by-laws please visit www.townofbwg.com

PROPERTY STANDARDS

Applicable by-laws include:

- Property Standards (exterior of buildings and interior rental unit complaints)
- Clean Yards (debris, garbage, unsafe conditions in all exterior yards)
- Stagnant and Standing Water (unopened pools, manmade ponds, depressions with stagnant water)

ANIMAL CONTROL SERVICES

The Town of BWG contracts the services of K9 Pest Management Services to conduct dog and cat control and provide shelter services for our municipality.

For more information or to file a domestic animal complaint please call 1-855-898-8605 or contact BradfordACO@hotmail.com

The following animal control services are provided 7 days a week from 8:00 a.m. - 4:00 p.m., with 24/7 emergency service:

- Dog licensing and tag sales
- Injured/sick dogs and cats on public property or at large
- Dogs at large and "stoop and scoop" offences
- Dogs suspected of having rabies
- Dog Owners Liability Act
- Attacks involving dogs
- Barking dogs
- Kennel/shelter/adoption services located in Aliston, ON
- Removal of domestic roadkill

LICENSING

The Enforcement Division issues licences for:

- adult entertainment establishments
- dogs
- food vehicles
- kennels
- lotteries
- Ontario Wildlife Damage Compensation claims
- marriages
- taxi cabs

Other permits:

- Municipal Clearances - new liquor sale licenses or additions to existing ones



WILDLIFE

The Town of BWG does not provide services related to wildlife on private property. Property owners should contact a wildlife control or removal company to have the wildlife removed at their own expense.

Please note: The following list of wildlife control and removal firms is provided for information only. The Town does not endorse or recommend any of these companies and residents should research any business prior to retaining their services.

AAA Gates Wildlife Control
(877-750-9453) - Toronto

Active Wildlife Control
(888-785-8841) - Aurora

Animal Movers
(905-235-6323) - Newmarket

Anything Wild
(416-809-7084) - Toronto

Critter Cop Wildlife Removal
(705-445-9444) - Collingwood

Environmental Pest Control
(905-836-5855) - East Gwillimbury

ICE Pest Control & Wildlife
(416-246-2256) - Toronto

Simcoe Pest Control
(866-628-4470) - Barrie

Varmint Control
(705-424-7743) - Borden

York Pest Control
(905-853-0702) - East Gwillimbury

COMPLAINTS AND INQUIRES

For further information about the Enforcement Division or to file a complaint please visit www.townofbwg.com or call 905-775-5366



Ways the Office of Economic Development (OED) can help your business . . .

1 AN INFORMATION RESOURCE

The OED has a website filled with information, links and resources to help new or established businesses prosper. Visit www.gotobwg.ca

2 SITE SELECTION ASSISTANCE

Looking for a new location? Expanding your current facilities? Want to know where the latest development sites are? Contact the OED for a tour of the area or a copy of our comprehensive building & land inventory. Assistance is available to help you choose the location that is right for you.

3 SEMINARS & WORKSHOPS

In partnership with Nottawasaga Futures and the Bradford Board of Trade, the OED assists with many business planning, marketing and financial workshops as well as seminars throughout the area.

4 FUNDING OR TRAINING

The Town is accepting applications for two **Community Improvement Plans** which will rejuvenate our downtown core and strengthen our employment areas.

Contact the Office of Economic Development for more details!

The Town of Bradford West Gwillimbury is open for business !

To discuss opportunities or to explore the Town, please contact:

Michael Disano, Manager of Economic Development

Telephone: 905-775-5369 ext 1301 www.gotobwg.ca





Human Resources



As employment openings with the Town of Bradford West Gwillimbury arise, advertisements for applicants are placed in various newspapers, applicable association websites and on the Town of Bradford West Gwillimbury website. The location of the job postings are dependent on the nature of the vacant position. The Town does not have the systems and/or policies in place that allow us to keep resumes on file, therefore we do not accept unsolicited resumes.

Resumes received for job advertisements will be considered during the recruitment process, however due to volume, only those applicants selected for an interview will be contacted.

Check out our website at www.townofbwg.com for current job opportunities.



BRADFORD WEST GWILLIMBURY SENIORS ASSOCIATION "DANUBE SENIORS LEISURE CENTRE"

715 Simcoe Road

Bradford West Gwillimbury, Ontario L3Z 2A6

Tel: (905) 775 0612 Email: danubeseniors@rogers.com

The Danube Seniors Leisure Centre is located on Simcoe Road, South, towards canal Road. The Centre is open weekdays from 9:00 - 3:00 pm.

The Centre's Activities include:

Mondays

Pool, Bridge, Fitness

Tuesdays

Fitness Class, Goldenaires Choir and Bid Euchre,

Walking Club, Canasta & Tai Chi

Wednesdays

Line Dancing: Crafts, SKAT club, Poker, Chess

Thursdays

Euchre, Pool

Friday

Fitness Class, Carpet Bowling, Dominoes and Scrapbooking

Saturdays

The Varga Group of Artists

Sundays

Open House from 1:00-3:00 pm! Come out and enjoy carpet bowling and other interests!

The Centre also has a pool table, ping-pong tables, and a lending library! Some other activities include Monthly Birthday Luncheons, Health Seminars, and Dinners for various occasions.

Would you like to become a member? Membership is open to anyone 50 and over with a permanent address and phone number. Fees are \$10 for Bradford residents and \$15 for non-residents of Bradford West Gwillimbury. Please drop in, have a coffee and see our facilities! Take a monthly newsletter or programs. We are always open to suggestions for improvement!

Woodworking Shop:

Mon., Wed., 9:00 am-12 noon

Fri. - By Appointment

Daily Lunches:

Mon. - Wed. & Fri. 11:30 am

To promote friendship, fellowship, mutual respect and understanding

Engineering Services

Residents of Bradford West Gwillimbury:

As part of an ongoing policy for the maintenance and protection of the Towns' infrastructure, the Wastewater division of the Engineering Department will be conducting sewer cleaning and inspection on a two year rotating cycle.

The Town would like to take this opportunity to thank the residents for their cooperation during this operation. There exists the possibility of some minor disruptions and disturbances during the cleaning process. Firstly the vehicle that performs this work can be slightly noisy so it may require residents to close windows until the vehicle moves on. Secondly, although the operators are highly trained and skilled there exists the potential of creating "blow back" in the sewer. This condition could cause water to drawn out of and push back into your drains and toilets causing spillage. The Town would ask that residents close their toilet lids and secure them where possible. This condition is rare but has happened in the past so it is our duty to inform you and ask you to take these precautions. The cleaning will take approximately 20 minutes per section so any inconvenience should be of a minimal duration.

Should you have any question or concerns please call Mark Del Brocco, Wastewater Collection System Supervisor, 905-775-3252. We ask that you refrain from talking directly with the operators as this machinery is normally being operated in traffic and is potentially dangerous. We would ask that you use extreme caution when driving through the work areas.

Thank you for your cooperation in keeping Bradford West Gwillimbury infrastructure working.

Wastewater Department

Did you know?

In order to maintain a properly functioning sewer system, certain materials should **NEVER** be disposed of into sinks or toilets. The following are some examples of things that cause blocked drains, equipment damage, and can interfere with the treatment process.

- Diapers, Q-Tips
- Sanitary napkins, tampons and plastic applicators
- Dental Floss & Hair
- Condoms
- Baby wipes and cleaning cloths
- Kitchen oil and grease
- Oil, fuels and other hazardous materials
- Medication

*Please note that the use of garburators is not recommended due to the potential blockages.



JULIA MUNRO

MPP – York-Simcoe

Queen's Park Office:

Room 204 N.W.
Legislative Building,
Queen's Park, Toronto
Ontario M7A 1A8
Tel. (416) 325-3392
Fax (416) 325-3466

Constituency Office:

45 Grist Mill Rd., Unit 8
Holland Landing
Ontario L9N 1M7
Tel. (905) 895-1555
Fax (905) 895-0337
Toll Free 1 (866) 206-1373

Website: www.juliamunrompp.com

Facebook: facebook.com/juliamunrompp

E-mail: julia.munro@pc.ola.org



JOSEPH VIVEIROS

INDEPENDENT INVESTMENT AND INSURANCE ADVISOR



Tel: (905) 775-2643
Fax: (905) 775-2096
josephviveiros@insurer.com

**Insurance
Investment Products**

Life Insurance
Disability Insurance
Mortgage Insurance
Critical Illness
Health Insurance
RESPs, RRSPs, RRIFs

Someone you know. Someone you can trust.

Finance

When are Property Taxes Due:

Every year, The Town of Bradford West Gwillimbury issues an Interim and Final Tax Billing with two instalments per billing.

2015 Tax Year	Residential Property	Commercial Property
Mailing Date	Last week in January	Last week in January
Interim 1st Instalment	Due February 25, 2015	Due February 25, 2015
Interim 2nd Instalment	Due April 28, 2015	Due April 28, 2015
Mailing Date	Last week in May	Last week in July
Final 1st Instalment	Due June 26, 2015	Due August 27, 2015
Final 2nd Instalment	Due September 28, 2015	Due October 28, 2015

Residential Property includes: Residential, Farm, Managed Forest & Pipeline tax classes

Commercial Property includes: Commercial, Industrial & Multi-residential tax classes

Supplementary Property Tax Billings are issued for New Building Construction, Additions or Renovations and for Property Class Changes. Supplementary Tax Bills are in addition to your regular tax bills and are issued after the final billings have been issued.

Property Taxes are Payable by any of the Following Methods

- Pay automatically by enrolling in one of the Town's three convenient Pre-Authorized Payment Plans; please visit the Town's website for more details.
- At all Chartered Banks through your mortgage, personal teller service, telephone or internet banking (use 8-digit account number as reference). Please note that any related banking fees are the responsibility of the taxpayer.
- By mailing a cheque (current or postdated) with the attach tax stub(s), if you require a receipt please return your bill with a self-addressed, stamped envelope.
- In person at the Town of Bradford West Gwillimbury Finance Office at 61 Holland Street East, Bradford between 8:30 am & 4:30 pm. Monday to Friday for cheque (current or postdated), cash and debit card payments. There is also a drop box available after hours at this location for cheque payments. Please do not leave cash payments in the drop box.
- By VISA, MasterCard, Discover or American Express Payment. For details visit the Town's website at www.townofbwg.com and select "Property Taxes" under A – Z Services and then click on the E-Pay button.

A convenience fee will apply.

Note: If you pay through your bank or via mail, please allow sufficient time for your payment to reach our office to avoid the late payment charges.

Penalty and Interest for Late Payment of Property Taxes

Note: It is your responsibility to ensure that your payment is received on time.

Penalty and interest, at the rate of 1.25% per month will be added to each instalment of taxes past due on the first day of the each calendar month until paid in full.

Late payment charges are levied by Council By-Law under the authority of the Municipal Act and cannot be waived or reduced by Municipal Staff. Failure to receive a tax bill does not excuse the property owner from responsibility for payment, nor relieve him/her from liability of penalty for late payment.

Property Tax Receipt

If you require a receipt, please bring your final tax bill to the Finance Department located at 61 Holland Street East, Bradford after the September tax instalment has cleared your bank account and your tax bill will be stamped paid in full.

If you do not have your final tax bill, a copy of your tax account payment history can be printed for a fee of \$10.00. You must attend the Finance Department in person and photo id is required for verification of ownership.

Change of Home Ownership

It is the property tax department's responsibility to mail the tax bill to the property owner on record as of the date the tax bills are issued. When you purchase a home please check with your lawyer or the tax office to confirm when the next property tax payment is due. You may not receive a notice from us until an instalment becomes past due and penalty and interest charges could incur. Penalty and Interest charges will apply regardless of any change in ownership. The Statement of Adjustments prepared by the lawyer will set out the tax obligation of the vendor and the purchaser.

Ontario Senior Homeowners' Property Tax Grant (OSHP TG)

This grant is intended to help offset the property taxes for seniors who own their own home and who have low to moderate incomes. This program is administered by Canada Revenue Agency. For 2009, the maximum grant is \$250. For 2010 and later years, the maximum grant will be \$500. Enquiries can be made to the Canada Revenue Agency at 1-800-959-8281 (service in English) or 1-800-959-7383 (service in French).

Commercial & Industrial Vacancy Rebate Application Deadline

To be eligible for a rebate the entire commercial or industrial building or a suite or unit within the commercial building must be vacant for at least 90 consecutive days. The assessment on the building or unit being claimed must be in the fully taxable commercial or industrial tax class. The applications will be verified to ensure they meet all the criteria set forth in the application.

The deadline for submitting applications is February 28 of the year following the taxation year to which the application relates. An Interim application may be submitted by July 31 of any year with respect to the period January 1 – June 30 of that year.

Applications are available at the Finance Department located at 61 Holland Street East, Bradford or by downloading the application from the Town's website at www.townofbwg.com.

Eligible Charities Rebate

Payments to eligible charities will be made in accordance with the County of Simcoe By-law No. 6104. The eligible charity's property must reside within the commercial and industrial property class. An eligible charity which has a registration number issued by the Canada Customs and Revenue Agency under Section 248(1) of the Income Tax Act, must submit an application to the lower-tier municipality in which the eligible charity resides, after January 1 of the year and no later than the last day of February of the following year. Applications are available at the Finance Department located at 61 Holland Street East, Bradford.

Newly Constructed Homes

Owners of newly constructed homes may receive a tax bill for the value of the vacant lot only, until the home is assessed. Once the house is assessed, you will receive a supplementary/omitted tax bill for the taxes on the value of your home. This process may take up to 3 years and the taxes due will be retroactive to your date of occupancy. For an estimate of your annual taxes, multiply the purchase price

Finance

of your home by the current tax rate (2015 tax rate was 0.01119161) or contact the Finance Department at 905-775-5303.

Curbside Waste and Recycling

The County will be offering all the residents of the County the same level of service for curbside collection of Waste, Organics, Blue Box and Yard Waste. The cost for this service will be collected through the County general tax levy. If you have any questions please call County of Simcoe Customer Service at 1-800-263-3199.

Property Assessment

The Municipal Property Assessment Corporation (MPAC) is responsible to value and classify your property. MPAC is a not-for-profit corporation funded by all Ontario municipalities. If you have any questions regarding your property assessment please contact MPAC at 1-866-296-6722, by email at enquiry@mpac.ca or visit their website at www.mpac.ca.

Please note if you feel your property assessed value or classification is not correct, you may file a Request for Reconsideration (RfR) with MPAC. The deadline to file your RfR is March 31 of the tax year.

To enquire about your property eligibility for the farm or managed forest classes or conservation land exemption, please contact:

Farm Property Tax Class Program – Ontario Ministry Of Agriculture and Food www.omafr.gov.on.ca

Conservation Land Tax Incentive Program – Ministry of Natural Resources www.mnr.gov.on.ca

Managed Forest Tax Incentive Program – Ontario Forestry Association www.oforest.ca or Ontario Woodlot Association www.ont-woodlot-assoc.org





Monday to Thursday 9:00 am – 7:00 pm
Friday 9:00 am – 6:00 pm
Saturday & Sunday 9:00 am – 1:00 pm

905-778-9049
Unit 2 - 456 Holland Street West
Bradford (in West Park Plaza)



Debbie Moran, Agent
100 Dissette St
Bradford, ON L3Z 2B5
Bus: 905-775-3584
debbie@debbiemoran.ca



State Farm, Aurora, ON
1211999CN

Water & Wastewater Billing

We are located at: 61 Holland St. E (old Town Hall)

Office hours are Monday to Friday from 8:30 a.m. to 4:30 p.m.

Mailing Address: PO Box 160, Bradford ON L3Z 2A8

Town Website: www.townofbwg.com

For inquiries regarding water/wastewater billing that are not answered by our FAQ, contact the utility billing department at 905-775-5303 ext.3100 or e-mail utilitybilling@townofbwg.com

The Town of Bradford West Gwillimbury would like to continue to thank you for your patience since our takeover of the meter reading, billing and customer service duties from PowerStream Inc. All residential water and wastewater bills are currently being mailed out on a bi-monthly basis and all general service water and wastewater bills are being mailed out on a monthly basis. Utility Bills are prepared in the property owners name only. However, a property owner may request in writing using the New/Change/Cancel form, which can be found on this website, to have a duplicate copy of the Utility Bill mailed to a tenant at the service address.

We are pleased to have the following improvements in place, greater billing accuracy, additional payment methods and more time to pay without interest. Also, our new, more detailed bill format is now being used.

PENALTY FOR LATE PAYMENT

Penalty and Interest will now be applied if payment is not received by the payment due date. For more information on penalty for late payment please refer to the reverse side of your bill.

NOTE ON WATER CONSUMPTION AND DISCHARGE

Customers are financially responsible for all water that passes through the water meter whether used or wasted.

Did you know that you can validate the meter reading on your bill by checking the head of the water meter in your home? **For other questions regarding water meters and readings, please contact the water department at 905-778-2055, ext. 2100.**

Frequently Asked Questions (FAQ) about Town of BWG Water and Wastewater CHANGES TO BILL RESPONSIBILITY

Why did PowerStream stop handling water billing for the Town of Bradford West Gwillimbury?

The Town chose not to renew its contract with PowerStream due to rising costs through PowerStream and uncertainty about whether PowerStream's software would be compatible with the Town's new Automated Meter Reading (AMR) technology.

Why is the billing being done directly by the Town?

The billing is being done in house so that the Town is in greater control of water and wastewater revenues, and so that we can provide high quality, direct and timely customer service to our nearly 9,000 utility customers. The Town is also able to offer longer payment terms, giving customers more time to pay their bill.

Water & Wastewater Billing

Are there any additional costs to rate-payers as a result of this change?

No, there are no additional costs to the ratepayers.

OPENING OR CLOSING A WATER/WASTEWATER ACCOUNT

What do I need to do if I'm moving?

Prior to moving, please contact the Town of BWG in writing using the New/Change/Cancel form which can be found on the Town's website. Customers are responsible for all water and wastewater charges assessed to their account until the closing date, or, if we are not notified, until the date of notification. The following information will be required:

- Property Address
- Date of Closing
- Your Lawyer's name and Phone Number
- Address to forward Final Bill to

READING THE BILL

What are the rates and how are the charges calculated?

Your bill is calculated based on your usage per month, as well as a monthly fixed fee that you pay regardless of whether you use the utility. Below are charts showing the difference between our 2014 and 2015 rates.

Residential Water Usage Rates

Residential Water Usage Rates						
Price per m ³	first 0-15 m ³ of usage per month		next 16-30 m ³ of usage per month		>30m ³ of usage per month	
	2014	2015	2014	2015	2014	2015
	\$1.23	\$1.24	\$1.36	\$1.38	\$1.57	\$1.58
Fixed rate = \$17.80 / month (no increase in 2015)						

Residential Wastewater Usage Rates						
Price per m ³	first 0-15 m ³ of usage per month		next 16-30 m ³ of usage per month		>30m ³ of usage per month	
	2014	2015	2014	2015	2014	2015
	\$1.18	\$1.24	\$1.31	\$1.37	\$1.50	\$1.57
Fixed rate = \$12.50 / month						

Town utility bills are for approximately two months of service, so the above rates would be applied to each month and the totals added together to get the final bill amount.

PAYMENT METHODS

Can I pay this using my own banks online or telephone banking system?

Yes, the Town has the following financial institutions ready to provide service through their online banking system: CIBC, President's Choice Financial, RBC, Scotiabank, BMO, TD Canada Trust, Laurentian Bank, Desjardins, National Bank and HSBC, Meridian Credit Union, DUCA Credit Union, Central 1 Credit Union and TelPay. To find the bill on the list of payees on your financial institution's system, search for "Bradford" and then BE SURE to select water/wastewater utility bill rather than property taxes or any other company that may have the word Bradford in its name. If you are unsure, contact your bank to clarify which recipient to choose. You can also pay through these registered financial institutions by taking your bill to their teller counter or automated teller.

Who do I call if I have problems setting this up?

If your financial institution is not on this list or you are unable to find the Town of BWG water/wastewater as a payee on their online or telephone banking system, please advise the Town. We will contact your financial institution's customer service department to see if they are willing to accept payments on behalf of the Town. Technical difficulties using your financial institutions online or telephone banking system should be directed to their customer service department.

How do I register for paperless billing?

Visit www.townofbwg.com to register for eCommerce with the Town. An instruction guide is provided on our website with details on how to add your account. Once registered, you will receive an e-mail notification each time a new bill is available for viewing online. If your paper bill has already been produced before you register an account, paperless billing will begin with the next bill after that. If you change your mind and wish to receive paper bills again, you can remove the account from eCommerce.

If my financial institution isn't set up for online payment for this bill, can I still pay it online?

You can use the ePay system to pay your bill online with a credit card once you have registered the account for eCommerce. Then if you wish you can make online payments using your VISA, MasterCard, American Express, Discover Card or PayPal. This is a third-party service, and a fee of 3% of the total amount plus \$0.35 per transaction is collected by the provider of the service, eCommerce.

Is the ePay system secure?

ePay is part of the eCommerce system provided to the Town by the third party provider United Systems Technology, Inc., who supplies eCommerce solutions for many municipalities. The system employs a basic, secure interface for viewing and paying your accounts with the Town. For more details on the eCommerce system, visit www.townofbwg.com. Please ONLY access the site via the Town's official website to ensure you are on the secure server.

Can I sign up for Pre-Authorized Debit payments?

Yes. You can visit our website to download a printable form, contact our office to have the form emailed to you directly or visit our office in person. Return the completed form to the town with a VOID cheque. Payments will then be automatically withdrawn from your bank account on the "Pre-Authorized Payment" date noted on the stub of your utility bill.

What forms of payment do you accept? Can I pay by credit card?

In person, the Town of BWG Finance department accepts cash, debit and current or post-dated cheques. Payments by debit or cash must be made during office hours, after hours you may use the drop slot to drop off a payment by cheque. By mail we accept cheque only. If you wish to pay by credit card, this must be done online either through your own financial institution's website or through ePay.

For more information on methods of payment please refer to reverse side of your bill or the Town's website.

Community Contacts

TOWN TELEPHONE NUMBERS

TOWN OF BRADFORD WEST GWILLIMBURY

Administration-Clerks-Human Resources-Bylaw	905-775-5366
Building & Planning Department	905-775-5369
Chief Administrative Officer	905-775-5366
Economic Development	905-775-5369
Engineering Department	905-778-2055
Finance/Treasury Department	905-775-5303
Public Library	905-775-3328
Public Works Department	905-778-2055
Water/Waste Water Department	905-778-2055
Lions Park Building (summer only)	905-775-5455

EMERGENCY TELEPHONE NUMBERS

Ambulance, Police & Fire	911
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AMBULANCE

County Administration	705-726-9300
Bradford Administration	905-775-2251

FIRE

Administration	905-775-7311
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SOUTH SIMCOE POLICE SERVICES

Administration	905-775-3311
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MEMBERS OF PARLIAMENT

Federal MP Peter Von Loon	877-738-3748
	905-898-1600
Fax	905-898-4600
Provincial MPP Julia Munro	866-206-1373
	905-895-1555

COUNTY OF SIMCOE

Administration Centre	1-800-263-3199
	705-735-6901
Email	info@simcoe.ca

SPORTS CONTACTS

BASKETBALL

South Simcoe Basketball Club	
www.ssbasketball.ca	(289) 338-1352

BADMINTON

BWG Badminton Club	
Michel Sorensen	(905) 775-1315

CHESS

Simcoe County Chess Club	
Mary	(705) 323-3430

CURLING

Curling Club: www.bradfordcurlingclub.ca	(905) 775-4444
President: president@bradfordcurlingclub.ca	
Membership: membership@bradfordcurlingclub.ca	
Maria W.	(905) 775-5958

FIGURE SKATING

Bradford & District Skating Club	
Karen Hayward	
www.bradfordskatingclub.com	(905) 778-8448
President	president@bradfordskatingclub.com

GIRL'S HOCKEY

Central York Girls Hockey	
Kim Hullah	(905) 727-0269

HOCKEY

BWG Minor Hockey Association:	
	www.bradfordbulldogs.com • (905) 778-0471
Bradford Bandits 3on3 Hockey:	
	www.leaguelineup.com/bradfordbandits • (888) 350-6519
Paul	(905) 775-8017
Bradford Elders Hockey	
Noble Carlton	(905) 775-9511
Men's Recreational Hockey	
Jay Garecki	(905) 715-2949
Town Hockey League (Men)	
Jim Brinkas	(905) 960-8316
York Simcoe Express AAA	
Mercedes Ohayan	(905) 717-6700
Bradford Ladies Hockey League:	
Ev Rhebergen	pevrhe@hotmail.com

SLO PITCH

Adult Mixed 3 Pitch	
Danna Miller	(905) 775-6733
Bradford Legion Slo-Pitch	
Dan Wyman	(905) 775-2338
Bradford Slugger Mixed Slo-Pitch 30+	
Jeff Nazzer	jeffnazzer@hotmail.com

SOCCER CLUB

Bradford Minor Soccer	
www.bradfordsoccer.com	(905) 775-7000
Bradford Athletics	
Jack Giannone	(905) 775-9424
Bradford Eagles United	
Tony Miranda	(905) 936-3889

Community Contacts

Relics

Les Wilcox (905) 939-7099

FC Bradford

Migel Mela (905) 715-4168

SOFTBALL/FASTBALL

Bradford Minor Softball www.eleamz.com/bradfordminorssoftball

FOOD BANK

Helping Hand, Bradford, 123 Moore St. (905) 775-2824

Monday 1 – 2pm, Wednesday 1 – 2 pm & Friday 6:30 – 7:30 pm

CONSERVATION AUTHORITIES

Lake Simcoe Region (905) 895-1281

Nattawasaga Valley (705) 424-1479

Scanlan Creek Conservation Area (905) 895-1281 Ext 243

COMMUNITY SUPPORT SERVICES

Bradford Community Meal

Pierrette Grandin (905) 775-3660

Bradford & Immigrant Community Services (905) 775-3343

Bradford La Leche League

Denise Martin (905) 836-4342

BWG Community Initiatives

Pierrette Grandin (905) 775-3660

Children's Aid Society (905) 775-4336

Community Action Plan for Children

Brigitte Saniga (905) 775-1498

Community Living Association for South Simcoe (CLASS)

www.class.on.ca (705) 435-4792

Girls Inc (905) 830-0776

Parenting in Canada Centre (905) 775-1498

CHILDRENS DAY CARE & NURSERY SCHOOLS

Ontario Early Years Centre (905) 775-3039

Progress Childcare (South) (905) 778-1428

Progress Childcare (North) (905) 778-0176

Progress Childcare (East) (905) 775-3287

Ratadale Nursery (905) 775-3039

EduKids Childcare (905) 778-9336

SERVICE CLUBS & OTHERS

Band Head and District Horticultural Society

Gloria Pengelly (705) 458-4598

Band Head Lions Club

John Gaffey

gaffeyjj@gmail.com (905) 775-6476

Bradford Arts Guild

Trudy Neumeyer (905) 392-7475

Bradford Lions Club

Debbie Hrynyk (905) 775-9170

BWG Writers' Circle

Patricia Miller

www.patriciamiller.weebly.com (905) 775-9301

BWG Historical Society

Bill Marks (905) 775-6179

Coats for Kids

Phil MacFadden (905) 775-4841

Good Neighbours

Sylvia Luxton (905) 775-7607

Haly Martyr's C.W.L.

Imalda Santos (905) 775-2065

Knights of Columbus

Ben Frank (905) 775-2065

Ladies Auxiliary – RCL (905) 775-5025

PraBus Club

Amy Wright (905) 775-6933

Royal Canadian Legion, 115 Back St. (905) 775-5025

Simcoe Lodge Af & Am

Fred Longthorne (705) 456-6138

South Simcoe District Women's Institute

Grace Elliot (905) 235-1942

Welcome Wagon

Pat Frutti (905) 836-1862

West Gwillimbury Chapter IODE

Patricia Winnacott (905) 775-1348

York Simcoe Naturalists Club ysnclub@yahoo.ca

SCHOOLS

SIMCOE COUNTY DISTRICT SCHOOL BOARD

Education Centre, Hwy 26, Midhurst (705) 728-7570

BWG Residents Call (905) 729-2265

SIMCOE MUSKOKA DISTRICT CATHOLIC SCHOOL

BOARD

46 Alliance Blvd Barrie (705) 722-3555

PUBLIC SCHOOLS

Bradford Public Elementary School (905) 775-2172

Fred C. Cook Public School (905) 775-4821

Community Contacts

Fieldcrest Elementary School (905) 778-2010
 Hon. Earl Rowe Elementary School (905) 775-3031
 W.H. Doy Elementary School (905) 775-9691
 Sir William Osler Elementary School (905) 775-2922
 Chris Hodfield Public School (905) 778-4323

CATHOLIC SCHOOLS

Marie of the Incarnation Catholic Elementary School
 (905) 775-3492
 Mother Teresa Catholic Elementary School (905) 778-0617
 St. Charles Catholic Elementary School (905) 775-6762
 St. Jean de Brebeuf Catholic Elementary School (905) 775-8460

HIGH SCHOOLS

Bradford and District High School (905) 775-2262
 Holy Trinity High School (905) 775-4841

OTHER SCHOOLS

Holland Marsh Christian School (905) 775-3701

HALLS & MEETING ROOMS

BWG Public Library (905) 775-3328
 Bradford & District Curling Club
 rentals@bradfordcurlingclub.ca (905) 775-4444
 Portuguese Cultural Centre
 Lucy (905) 775-3742
 Holy Morty's of Japon Hall (905) 775-2065
 Town of BWG Halls/Meeting Rooms (905) 775-2162
 St. Michael's Church Hall, 721 Simcoe Rd.
 (905) 551-1651

Royal Canadian Legion (905) 775-5025
 St. Catherine of Alexandria Catholic Church, Bond Head
 Father Conrad (905) 775-8282
 Tec-We-Gwill Women's Institute Hall, 4380 10th Line
 (705) 458-4410
 St. John's Presbyterian Church (905) 775-7274

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 Bannie West (705) 458-4555

Tec-We-Gwill Women's Institute
 Sylvia Plant (705) 435-7736

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